

## Daruma Doll Crochet Pattern



Original pattern by Thien Nguyen August of [Tiny Island Handmade](#) for  
Charles B. Wang Center Spring 2021 Cultural Programs

## Materials

- Worsted weight yarn in red and beige (I'm using Lion Brand Vanna's Choice yarn in Scarlet for the body and Beige for the face)
- Embroidery floss in black and yellow
- G hook (4 mm)
- Poly-fil or cotton stuffing
- Stitch marker
- Darning needle
- Scissors
- Straight pins

## Terms Used:

dec = decrease

ch = chain

SC = single crochet

st = stitch

Magic ring: This is a helpful video on how to begin with a magic ring

<https://www.youtube.com/watch?v=sLUaywX0-WE>

Invisible decrease: This method creates a decrease without leaving gaps.

<https://www.youtube.com/watch?v=GPnIYYNC1oU>

Note: In this pattern you will be crocheting in a continuous circle without joining.  
Use a stitch marker to keep track of rounds.

## Body

With red yarn:

Round 1: 6 SC in magic ring, do not join

Round 2: 2 SC in each st around (12 SC)

Round 3: 2 SC in first st, SC in next st, repeat around (18 SC)

Round 4: 2 SC in first st, SC in next 2 sts, repeat around (24 SC)

Round 5: 2 SC in first st, SC in next 3 sts, repeat around (30 SC)

Rounds 6-12: SC in all sts around (30 SC)

Round 13: SC dec, SC in next 3 sts, repeat around (24 SC)

Round 14: SC in each st around (24 SC)

Begin stuffing the body with Poly-fil now and keep adding more stuffing as you go along.

Round 15: SC dec, SC in next 2 sts, repeat around (18 SC)

Round 16: SC in all sts around (18 SC)

Round 17: SC dec, SC in next st around (12 SC)

Add additional stuffing now, if needed. Fasten off leaving a long tail and sew closed.

## Face

### Chain 8

Row 1: SC in second chain from hook, SC to end, ch1, turn (7 SC)

Row 2: Dec, 3 SC, dec, ch1, turn (5 SC)

Row 3: SC across (5 SC), continue to SC all the way around the face until you reach the beginning of row 3, slip stitch and fasten off leaving a long tail

## Assembly

Using the black embroidery floss doubled up, stitch on the face however you'd like. I added eyebrows, a moustache, and mouth. Now is the time to decide whether you want to stitch on one eye, both eyes, or leave blank.

Position the face on the body where you would like it. I positioned the face about four rows down from the top. Pin into place using the straight pins and using the long tail, sew the face onto the body.

Use the yellow embroidery floss doubled up to sew on five lines.

You have made your own daruma doll! Best of luck as you set and reach for your goals this year.