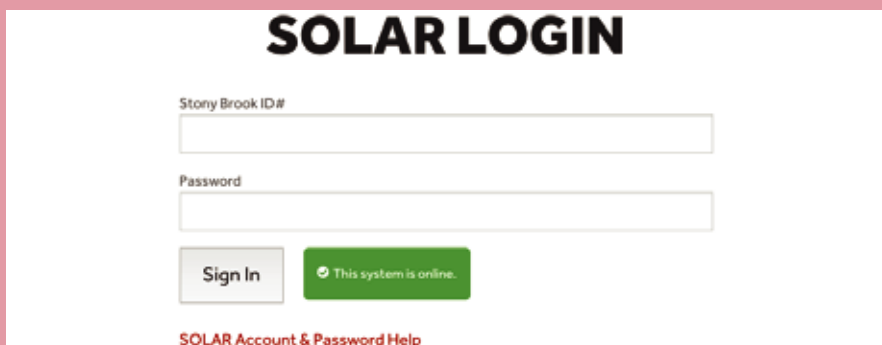


STUDENT HEALTH INSURANCE WAIVER INSTRUCTIONS

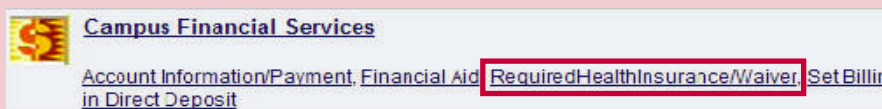
If you are a **full-time student** and have accepted the University's Health Insurance:
DOMESTIC STUDENTS have health insurance with **United Health Care 800.767.0700** or **customerservice@uhcsr.com**
INTERNATIONAL STUDENTS go to **haylor.com/college/stony-brook-university** to download the waiver

***If you are a TA/GA/RA please contact HR BENEFITS at 631.632.6180 to enroll in your employer-sponsored health insurance.**
(TAs and GAs enroll in NYSHIP. RAs enroll in POMCO.) If you do not enroll in health insurance with HR Benefits, you **WILL** be charged for Student Health Insurance.

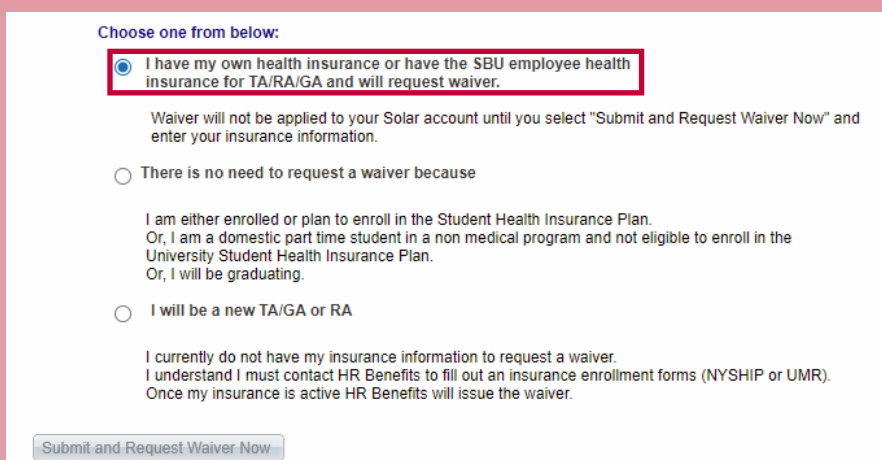
1 Login to SOLAR



2 Click "Required Health Insurance/Waiver"



3 Click "I will enroll as Full Time Student for the semester" AND "I have my own health insurance or have the SBU health insurance for TA/GA/RA and will request waiver"



4 Fill in the SHIP (Student Health Insurance Waiver Request) IN FULL and Click "Update SHIP Waiver Information"

Print the completed form for your records.

