OFF-TO-COLLEGE CHECKLIST

**SLEEP**
- twin XL sheets
- twin XL comforter
- mattress pad (must be cotton, polyester, or a blend of each)
- pillows
- pillowcases
- alarm clock

**STUDY**
- flash drive
- notebooks
- folders
- pens and pencils
- planner
- textbooks
- stapler
- scissors
- calculator
- push pins
- backpack

**PLAY**
- laptop and charger
- headphones
- phone charger
- TV
- speakers
- gaming console

**HYGIENE**
- toothbrush
- toothpaste
- shampoo
- conditioner
- soap
- hair comb & brush
- toiletries
- cosmetics

**CLEAN**
- trash bags
- air freshener
- disinfecting wipes
- paper towels
- sponge
- vacuum cleaner
- laundry detergent

**EAT**
- refrigerator (less than 5 cubic feet)
- kettle (auto shut-off)
- single brew keurig (auto shut-off)
- tea and coffee
- instant ramen
- snacks
- reusable bottle
- mug
- bowl
- utensils

**DO NOT BRING**
- Extension cords
- Electrical appliances (microwaves, toasters, rice cookers, crock pots, etc.)
- Weight benches
- Foam mattress toppers
- Objects hanging from ceiling
- Non-university issued furniture (chairs, mattresses, tables, desks, etc.)

For more information, visit stonybrook.edu/housing