Recreation and Wellness Advisory Board Meeting Minutes

Friday, October 14, 2022: 12:00 pm – 1:00 pm

Attendees: Marie Turchiano (Committee Chair), Thomas St. John (RAW), Marlene Kasman (RAW), Thomas Lail (RAW), Terrell Amparado (RAW). Erin Maurno (RAW), Pamela Pfiel (Veterans Affairs/Staff member), Mona Ramonetti (Environmental Committee), Matthew Jacobs (Sport Clubs), Evan Gauer (Graduate Students), Brianna Periera (RAW Student Worker), Alexander Yurkovich (IM Sports), Becky Seifter (SEA), Aneil Persuad (SEA), Samantha Fong (RAW Student worker)

I. Introductions: Tom welcomed everyone and introductions were made around the room and on Zoom.

II. Staff Updates (Tom)

- a) Manager of Special Events and Programs has been hired Christina DeAngeles. Start date is 10/24/22. Christina will be working on the off campus trips, the SOAP program and eventually when it reopens, the Challenge course
- b) Manager of Intramurals and Club Sports posting just closed. Received 7 candidates from HR to interview. Interviews are to start next week.

III. 10th Anniversary of the Walter J. Hawry's Campus Recreation Center – Wednesday 10/19/22 (Tom)

- a) Wellness Fair Campus lifetime. Posted on SB Engaged
 - 1) Department Tabling Various departments' including Student Health who will have a flu pod for students to get vaccinated. Also 15 sport clubs will be tabling.
 - 2) Facility tours will be given to faculty, staff and graduate students. There will be a raffle for free memberships.
 - 3) Tye-dying white special anniversary shirts will take place from 1-3 while supplies last.
- b) Night Activities All normal programming will be cancelled and three special events will be taking place Bingo will take place on the wood courts with a DJ, Paint night where we will be painting the Campus Recreation Center with a sunset behind it will be in the multi-purpose room and Glow-yo will be on the MAC Ct.

IV. Facility and Field Updates (Tom)

- a) Adwar will be updating the sound system throughout the building. The current system is 10 years old, does not have Bluetooth capability and each room is a separate system.
- b) IM Fields No updates on plan to turf all four fields which were destroyed when NYS built field hospitals on the property during Covid. Total cost of the project is \$5.7 million.
- c) Redesign of the office space in the administrative suite for students is on hold.

V. New Equipment (Tom)

- a) Working with Life Fitness for bumper weights possibly branded aligned with the colors of the building
- b) Working with Life Fitness to maximize space in the weight room. They recommended a three tier dumbbell rack as opposed to the two tier rack we currently have.

VI. Outdoor Adventure Program (Erin)

- a) Rock Climbing and Hiking October 23, 2022
- b) Six Flags Frightfest October 28, 2022 180 tickets sold out in 15 minutes
- c) Bowling November 12, 2022
- d) Tanger Outlets November 26, 2022. Buses the students to Tanger to shop Thanksgiving weekend sales
- e) Paintnite December 2nd Paint a wine bottle with a fall theme. Becomes a nightlight when fairy lights are put into the bottle.

VII. DOS Update/Explore Long Island and NYC (Aneil)

Campus Recreation will be using the "Explore LI and NY" theme to tie together with SEA the off campus trips.

SEA has organized the following trips for the students in September and early October: Captree fishing, Bronx Zoo, Blaze of the Jack O'lanterns, Broadway. Upcoming trips include: apple picking. Long Island Aquarium, Jazz Loft, MOMA, Axe throwing and laser tag.

VIII. Esports – (Thomas)

Computers arrived. Competitions will be streamed on Twitch, a video streaming platform for people to watch the games.

IX. Recreation Updates

a) Facility and Pool Updates (Tom) – Building will be closed on Saturday, October 22nd to encourage students to participate in homecoming activities.

November 16th is the NIRSA regional conference in Hartford, CT. Tom St. John will be attending with two students. Opportunity for professional staff and students to network with peers and bring back new ideas.

Pool – (Claire) Large new staff. Claire and Yurika Instituted monthly in service training to keep staff refreshed on CPR skills and saves and emphasize the importance of on time performance.

- **b)** Intramurals (Thomas) Flag football and soccer championships finished on Thursday evening. Volleyball and basketball registrations are complete. Increase of 6 teams from last year. Upcoming Indoor events: soccer tournament 11/5, arm wrestling competition and game night.
- c) Club Sports (Thomas) Men's Rugby team is ranked 18th nationally
- **d) Staff (Marlene)** All doing a great job. Operations staff requested new walkietalkies.
- **e)** Fitness (Erin) Personal Training Currently only have two certified personal trainers so there is a waitlist for training.

Group fitness is rebuilding post pandemic. Currently offering an eight week course for new group fitness instructors. In November, offering a mashup where students can try multiple classes. Each class is 15 minutes. On October 23rd, offering spin certification. Currently have 5 people signed up.

X. COMMENTS/QUESTIONS

- Q) How can teams build marketing of the sports clubs? Tag the Rec account on IM. New marketing person starting in SH shortly that will help.
- C) Chiropractors coming back in the spring.
- C) Paypal puts a security hold on credit card or debit purchases when an incorrect CVV code is entered twice. Students get frustrated because they are trying to reserve spots for a trip and may not get in because of the delay. This security check is for their protection. It is important they put the right numbers in.

Next Meeting – November 11, 2022