# **Recreation and Wellness Advisory Board Meeting Minutes**

Friday, April 14, 2023: 12:00 pm – 1:00 pm

**Attendees:** Marie Turchiano (Committee Chair), Marlene Kasman (RAW), Thomas Lail (RAW), Erin Maurno (RAW), Christina DeAngelis (RAW), Terrell Amparado (RAW), Wyatt Cushman (RAW), Thomas St. John (RAW), Alexander Yurkovich (IM Sports), Yurika Tomita (Aquatics), Marisa Bisiani (A.V.P. Student Health Services)

**I. Introductions:** Marie welcomed everyone and introductions were made around the room.

# II. Facility and Field Updates

- a) Pending Projects Updates
  - 1. Facility AV system (Tom) No update since last meeting. Adwar is still waiting on parts. Adwar has been contracted to bring our 10 year old system up to date. PO is issued. Should be completed this summer.
  - 2. Intramural Field Complex (Marie) No update.
  - 3. Basketball Hoops (Tom) Nickerson inspected backdrops and some of the motors have burned out and some cables need to be replaced. Will be coming on April 18<sup>th</sup> to fix.
  - 4. Shut-down week (Tom) May 20<sup>th</sup> May 29<sup>th</sup>. Building will undergo a deep cleaning.
  - 5. Cable for TV's Will hook up to existing TV's. Will receive 5-6 channels. Also adding a T.V. to the student lounge in the administrative suite. New high top tables have been ordered for that area.
  - 6. Esports will be moved from the Union to the former computer room at Tabler. Floors are getting redone, walls are getting painted and new LED lighting will be added. HERF dollars will be paying for this. Computer connections are already there.

#### III. New Equipment Update (Tom)

- a) Expresso Bikes
- b) Branded dumbbells

Working with a local person, Strong Island, to repair equipment.

Next major purchase is replacement of the treadmills in 2023-2024. Will be looking at different brands and possibly replacing some of the treadmills with different equipment.

# IV. Chiropractor Update (Marie)

Chiropractor has two more weeks this semester and a new permit will be put in place for the fall for them to return when school begins.

#### V. Outdoor Adventure Program (Christina)

- a) Adventure Park 4/1/23 Cancelled due to lightening/rain
- b) Horseback Riding 4/8/23 Very successful
- c) Old Westbury Garden Tours 4/15/23
- d) East End Bike Tour on the North Fork- 4/22/23
- e) Island Rock 4/29/23

On campus event - 4/21 there will be a paint nite at the Rec.

Rec team is working on their boat for Roth Regatta. Name is "Rec N Crew". Thomas Lail won 50 free t-shirts from College Promo at NIRSA. Will be using those to make t-shirts for the staff and student crew for Roth Regatta.

During the summer, we will be reviewing all of the trips to see the ROI. May add buses to more popular trips and cut less popular. Great job diversifying outdoor events. If anyone has any suggestions for additional trips, please contact Erin or Christina.

#### VI. DOS Update/Explore LI and NYC

No reps at meeting.

### VII. Recreation Updates

#### a) Pool (Yurika)

- Lifeguards have been scheduled to work Roth Regatta and a LGBTQ event
- Training sessions throughout the semester are going very well

#### b) Intramurals— (Wyatt)

- Three one day events are scheduled for the remainder of the semester— Ultimate Frisbee tournament, softball and Combine, agility tests in conjunction with the NFL draft.
- Hiring appx. 8 new refs. Interviews are next week

#### c) Sport Clubs (Thomas)

- A women's Rugby tournament and ultimate Frisbee sectionals are this weekend.
- Esports is competing for a playoff spot in Super Mario Smash Brothers. If they win, they will move on to compete in Indianapolis in the finals.

• New initiative – Sport Club Council. Work with the club leaders to share ideas and offer community service opportunities. Men's LAX club is currently painting all the goals.

### d) Staff – (Marlene/Terrell)

- Job Fair held on 3/29 in conjunction with the career center was successful.
  Turnout was lighter than last year. Lower turn out is believe to be because
  it was held earlier than last year. Will be moved to mid-April next year. 4
  students have been promoted to Team Leader. Interviews are ongoing for
  monitors for the summer and fall 23 semesters.
- 26 students were recently certified in CPR/AED
- 4/14/23 Offering Active Shooter Training for students
- Narcan training is being offered in collaboration with Student Affairs. Info was sent out to students.

## e) Fitness – (Erin)

- Fitness classes are going well.
- Recruiting new fitness instructors for next year
- Final event on May 5<sup>th</sup> is Glow Yoga followed by Glow Dodgeball.
- SOAP trips are all scheduled. Registration opens on 5/15. Looking for Chaperones and facilitators. 10 students per group with a chaperone and peer mentor. Cards were printed to be distributed at Accepted Student Orientation days.

#### IX. COMMENTS/QUESTIONS/OPEN AGENDA

- Q. Do chaperones for SOAP get to choose their trip?
- A. Yes and no. We try to accommodate but preference is given to those who responded first.

Golf Outing Update -6/23/23 – Staff is currently working on collecting raffles and choosing the golfer gift.

This was the last meeting of the semester. Thank you to all who served on the committee. Please let Marie know if you would like to continue for the 2023/2024 academic year.