To the Audience, this Alcohol, Tobacco & Other Drug (ATOD) Prevention Through the Arts was developed from actual college student stories, relating their own experiences with ATOD. This award-winning program was established in 1995 and each year a brand new show is developed and performed.

We hope the performance will help open dialogue on the issues of substance use, and also help you, the audience, to consider the effects of substance use in your life.

We realize that certain scenes contain language which could be found offensive. Our intent has been to preserve the students’ original voices while portraying their stories in a manner which is close to how they were originally told to us.

This program is done in conjunction with the Center for Prevention & Outreach Health Education Office & the Department of Theatre Arts. The cast have devoted many hours transforming student stories into this dramatic and educational presentation.

"Swallow This!" portrays many of the consequences of ATOD use experienced by students who drink heavily, by those who rarely drink or misuse ATOD, and by non-users as well. It is important to remember that many people are affected by ATOD use, not just the user.

There is no single solution to ATOD abuse but we hope this performance will increase your awareness of some of the consequences and assist you in pro-active decision making that enhances wellness.

A short discussion will follow the performance. We would like to hear your reactions.

Perhaps the play will evoke a story. In the telling, we may learn more about ourselves, the experiences of others and find we are not alone.

If you have any questions or thoughts about the material presented in this performance, please contact your Health Teacher, Social Worker, Guidance Counselor, Nurse, and/or Parents.

Talk to anyone you can talk to about your feelings.

For more information, contact
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