Are you...

- Having difficulties managing your time?
- Often distracted or forgetful?
- Wishing you were more organized?
- Interested in learning how to study best?

Yes? Check out the Krasner Psychological Center’s

**ADHD Group treatment program**

- **Program Goals:**
  - Master study habits to improve functioning in both academic and day-to-day activities
  - Learn new skills like time management and prioritizing tasks
  - Learn to manage inattention and hyperactivity

- **Number of sessions:**
  - 1 60-minute face-to-face initial comprehensive individual assessment
  - 10 90-minute group sessions

- **When:**
  - Day/Time TBD (starting as soon as the group is filled and ending before finals)

- **Fee:** $120 total *(please call if you have any questions about the fee)*

To Sign-up, contact us at 631-632-7830 or KrasnerCenter@stonybrook.edu