Preventing for Your Visit

Some of these guidelines are in place to foster student development and independence. Others are due to space and time limitations, as well as confidentiality. Your assistance and support are appreciated.

1. Parking/Train/Travel:

Those driving to campus should park in the Student Activities Center parking lot as indicated in the orientation materials. This lot is reserved on orientation days for our guests. You can get directions on our website.

Parking elsewhere on campus cannot be validated (i.e. parking garage, meters, etc.).

Those who are traveling by Long Island Rail Road should take the Port Jefferson line and exit at the Stony Brook station. A Stony Brook University bus will take you to the Student Activities Center loop.

If you would like more information on transportation, please visit our website.

2. Check-in and Separate Programs:

Family/Guest Program is separate and runs concurrently with the Student Orientation. The student program will be separate from family/guests, including check-in, meals, and activities. Please be sure that students are holding all pertinent health records, transcripts or scores that they may need.

The Family/Guest program check-in will take place in the Student Activities Center Lobby at 9:30 am, and the program will run until 5:00pm. At check-in you will receive crucial materials, including: the Family Orientation agenda, a family calendar/notepad, up to two lunch wristbands, and campus store coupons.

3. Attendance and Participation:

Participation in the Family/Guest program is optional. Family/guests may elect which activities they choose to attend, although they will not be able to join the student program at any time. Students are required to attend their entire program, so please make travel arrangements accordingly.

Please also keep in mind that some family program activities take place outside the facility. Due to unpredictable weather, bringing an umbrella or a raincoat is encouraged.
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4. **Temperature/Air Conditioning:**
   The program will take place in Frey Hall. While it may be warm outside, the facility can be quite cool due to air conditioning. Occasionally, those wearing shorts and sandals have been cold. *A removable layer is encouraged.*

5. **Meals:**
   Coffee service and lunch will be provided for up to two guests. Families will be escorted by our Family Host staff to East Side Dining, a 5 to 10 minute walk to and from Frey Hall, to experience a taste of their student’s dining options on campus. Families with more than two guests are welcome to join the scheduled lunch during Family Program, but will need to pay for their meals out of pocket ($9.50 door price charge per person for dine-in).

6. **Accommodations and Dietary Needs:**
   Should a family member need special accommodations, please contact the office at least one week before your scheduled Family Program date. The Professional Staff will do their best to meet said needs.
   Vegetarian options are always available. Kosher and Halal options are available upon request (via the Family/Guest Registration on our website) at the retail locations within the East Side Dining facility. Please click [here](#) to learn more about the typical Halal and Kosher options available at East Side Dining.

7. **Online Handouts:**
   We care about the environment and try to minimize paper waste. Handouts are not provided for most presentations; however they are available on our website. Before orientation, you are encouraged to go to the website and print any relevant Power Point presentations and bring them to orientation with you. These handouts will be available online for the entire fall semester.

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Thank you! We look forward to seeing you this summer.

STONY BROOK, NEW YORK  11794-3376  TEL: 631-632-6710  FAX: 631-632-7144