



Stony Brook
University

THE OMBUDS OFFICE

*We're here to listen with an open mind.
We're here to help resolve problems fairly.*

stonybrook.edu/ombuds • (631) 632-9200

Confidential Impartial Informal Independent

2022 MAY ONLINE WORKSHOPS

Click On *Workshop Title* To Register

COACHING SKILLS FOR SUPERVISORS

Monday, May 2 – 12:00 pm to 2:00 pm (rescheduled from March 24)

Experts say that one of the keys to employee success is effective coaching. As a coach, it is important to consistently reevaluate your supervisory strategies to ensure performance improvement and promote productivity. This workshop will highlight effective coaching strategies, describe coaching skills, and define terms that we often use interchangeably such as *coaching, counseling and mentoring*. They all help to guide a team to improve performance. You will also learn about the GROW model for coaching which is different from the GROW model at the Career Center. Additionally, there will be breakout sessions and an anonymous poll.

WHAT IS FAIRNESS? (New)

Wednesday, May 4 – 1:00 pm to 2:30 pm

This workshop will highlight the different aspects of fairness. We will define terms such as *fairness, equality, equity and justice*. Supervisors, employees and students will learn about a checklist used to evaluate whether there was a *fair process* in order to yield a *fair outcome*. The role of the Ombuds Office will be explained vis-a-vis fairness. Additionally, there will be breakout sessions, a quiz and an anonymous poll. Finally, a list of resources will be provided for consultation and referral when there are concerns about the lack of fairness.

COMMUNICATING ACROSS GENERATIONS

Thursday, May 5 – 12:00 pm to 1:00 pm (rescheduled from March 22)

In today's workplace, it is likely one will have co-workers of varying ages, from Baby Boomers to Millennials to more recently Generation Z. This presentation will highlight the historical context, values, and preferred methods of communication, while providing you with the knowledge, tools, and techniques to successfully communicate with people of all generations.

