



Stony Brook
University

THE OMBUDS OFFICE

*We're here to listen with an open mind.
We're here to help resolve problems fairly.*

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SPRING 2018 WORKSHOPS

TO REGISTER – [CLICK HERE](#)

Team Building – Working Effectively Together

Working with others toward a common goal can be both rewarding and at times frustrating. This workshop will cover the following topics: team development, team roles and behavior, characteristics of effective teams, and dysfunctional team behavior. It will also address the vital importance that relationships play in team communication. (Team assessment questionnaire to be completed prior to workshop).

- 4/2 Monday (12 – 1 p.m.), HSC, Level 2, Rm. 160 (East Campus)
- 4/4 Wednesday (1 – 2 p.m.), Humanities Building Rm. 3018 (West Campus)

Having Respectful & Effective Conversations

Differences often arise from a lack of communication. We tend to focus more on our own point of view, particularly during difficult conversations. We forget to try to fully understand the other person's perspective. This workshop is designed to: help us understand why we may avoid difficult conversations, define what a difficult conversation is and prepare for a conversation that is based on mutual respect and trust. We will review the importance of active listening skills as a foundation to effective conversations.

- 3/28 Wednesday (1 – 2 p.m.), Humanities Building, Rm. 3018 (West Campus)
- 4/12 Thursday (12 – 1 p.m.), HSC, Level 3, Rm. 155 (East Campus)

Creating a Positive Environment

It's everyone's responsibility to support a healthy, safe and respectful community. We all play a role in the culture that we help to create each day. When incivility occurs, there are services available where we can find information and guidance without fear of retaliation. We will also discuss building a culture of respect and civility, identifying causes of incivility/bullying behaviors, and understanding the types of bullying.

- 4/11 Wednesday (1 – 2 p.m.), Humanities Building, Rm. 3018 (West Campus)
- 4/19 Thursday (12 – 1 p.m.), HSC, Level 3, Rm. 155 (East Campus)

The Ombuds Office provides confidential, and impartial assistance for staff, faculty, and students by listening to their concerns, facilitating communication and conflict resolution and offering information and referral. For more information on any of these workshops and to sign up, please [click here](#) or contact the Office of the University Ombudsman at [631-632-9200](tel:631-632-9200).

