



# OLLI at SBU Spring 2026 Schedule

Semester Start: 2/9/26 | Semester End: 5/1/26  
*Workshops not in session during Break: 3/16/26 - 3/20/26*



On the schedule, please pay careful attention to the color coded key which indicates the format of the workshop:

Key: Zoom | In Person | Hybrid

PLEASE CHECK THE CANCELLATION DOCUMENT EACH DAY BEFORE COMING TO CAMPUS FOR  
\*CANCELLATIONS/ NOT IN SESSION /ROOM CHANGES\*

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## Monday

| 8:30 - 9:45 AM   | OLLI Common Hour: Events, lectures, and meetings will be held at this time to avoid conflicts with workshops.  |   |  |  |   |  |  |
|------------------|--|---|--|--|---|--|--|
| 10:15 - 11:30 AM | <b>History Through Literature</b><br>Joseph Napolitano, Judith Albano, Laura Filippino<br>Dates: 2/9 - 4/27<br>Number of Sessions: 11<br><b>LOCATION: N119</b> | <b>The Twilight Zone</b><br>Robert Mirman, Jay Zuckerman<br>Dates: 2/9 - 4/27<br>Number of Sessions: 11<br><b>LOCATION: SAC 306</b>   | <b>Guitar Jam Beginner's Workshop</b><br>Douglas Hodges<br>Dates: 2/9 - 4/27<br>Number of Sessions: 11<br><b>LOCATION: Union Rehearsal Room L03-01</b> | <b>Meditation and Mindfulness</b><br>Karen Santoro<br>Dates: 2/9 - 4/27<br>Number of Sessions: 11<br><b>LOCATION: S102</b>   | <b>Our Planet in Focus: Climate, Culture &amp; Sustainability</b><br>School of Marine and Atmospheric Science & Collaborative for the Earth<br>Dates: 2/9 - 4/27<br>Number of Sessions: 11<br><b>LOCATION: Union Auditorium</b> | <b>Poetry Workshop</b><br>Geraldine Kaplan, Bob Stone<br>Dates: 2/9 - 4/27<br>Number of Sessions: 11                     |  |
| 12:00 - 1:15 PM  | <b>Mysteries of Aging</b><br>Larry Wilson<br>Dates: 2/9 - 4/27<br>Number of Sessions: 11<br><b>LOCATION: N119</b>  | <b>Introduction to the Macintosh Computer</b><br>Frank De Rubeis<br>Dates: 2/9 - 4/27<br>Number of Sessions: 11<br><b>LOCATION: S104</b>                                    | <b>Mindfulness Made Easy</b><br>Edward Schechtman<br>Dates: 2/23 - 4/13<br>Number of Sessions: 7<br><b>LOCATION: S102</b>                              | <b>ABC's for Personal Safety: Awareness, Balance, Coordination, and Strength.</b><br>Iris McKenna<br>Dates: 2/9 - 4/6<br>Number of Sessions: 8<br><b>LOCATION: Union Rehearsal Room L03-01</b> | <b>Understanding Genetics</b><br>Edwin Cohen<br>Dates: 2/9 - 4/27<br>Number of Sessions: 11<br><b>LOCATION: Union Auditorium</b>  | <b>A Celebration of Rock and Soul Music</b><br>Bob Hayes, Susan Steinmann<br>Dates: 2/9 - 4/27<br>Number of Sessions: 11 | <b>Current Events</b><br>Len Farano<br>Dates: 2/9 - 4/27<br>Number of Sessions: 11 |
| 1:45 - 3:00 PM   | <b>The New OLLI Singers</b><br>Debbie Starker, Ed Metzendorf<br>Dates: 2/9 - 4/27<br>Number of Sessions: 11<br><b>LOCATION: Union Rehearsal Room L03-01</b>    | <b>Not in Session 4/6</b><br><b>Adolescent Literature for Adults: Banned Books II</b><br>Ellen Perz<br>Dates: 2/9 - 4/27<br>Number of Sessions: 10<br><b>LOCATION: S102</b> | <b>Topics in Art History</b><br>Angela Bari<br>Dates: 2/9 - 4/20<br>Number of Sessions: 10<br><b>LOCATION: Union Auditorium</b>                        | <b>Not in Session 3/2, 4/6</b><br><b>New York Times Science Seminar</b><br>Bonnie Marks, Allen Sachs<br>Dates: 2/9 - 4/27<br>Number of Sessions: 9<br><b>LOCATION: SAC 306</b>                 | <b>Wouldn't you like to know?</b><br>Bruce Stasiuk<br>Dates: 2/9 - 4/27<br>Number of Sessions: 11   |  |  |
| 3:30 - 4:45 PM   | OLLI Common Hour: Events, lectures, and meetings will be held at this time to avoid conflicts with workshops.  |   |  |  |   |  |  |

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| Tuesday          |  |   |  |  |  |   |
|------------------|--|---|--|--|--|---|
| 8:30 - 9:45 AM   | American Foreign Policy<br>Martin Levinson<br>Dates: 3/10 - 4/28<br>Number of Sessions: 7  |   |  |  |  |   |
| 10:15 - 11:30 AM | Magic for Grandparents<br>Michael Maione, John Ragone<br>Dates: 2/10 - 4/28<br>Number of Sessions: 11<br>LOCATION: S104  | A Potpourri of Topics in Physics<br>Edward Wright, Walter Feldman<br>Dates: 2/10 - 4/28<br>Number of Sessions: 11<br>LOCATION: S109                           | Making Stress Work For You<br>Wayne Snell<br>Dates: 3/3 - 4/28<br>Number of Sessions: 8<br>LOCATION: S102  | Let's talk about Climate Change<br>Thomas Roser<br>Dates: 2/10 - 4/28<br>Number of Sessions: 11<br>LOCATION: N119  | The Voyage of St. Brendan, the Abbot<br>Thomas Hayes<br>Dates: 2/10 - 4/28<br>Number of Sessions: 11   | Yoga 101<br>Denise Teague<br>Dates: 2/10 - 4/28<br>Number of Sessions: 11 |
| 12:00 - 1:15 PM  | Protest Songs/Songs of Hope of the 60s/70s<br>Marc Comerchero<br>Dates: 2/10 - 4/28<br>Number of Sessions: 11<br>LOCATION: Union Auditorium                            | Google FREE Stuff?<br>Thom Brownworth, Mark Correa<br>Dates: 2/10 - 4/28<br>Number of Sessions: 11<br>LOCATION: S104  | A Journey into the Great Divide of Human Consciousness<br>Anthony A. Esposito<br>Dates: 2/10 - 4/28<br>Number of Sessions: 11<br>LOCATION: S102        | American Plays Plus<br>Colleen Rudman, Kathi Matos<br>Dates: 2/10 - 4/28<br>Number of Sessions: 11   |  |   |
| 1:45 - 3:00 PM   | *1:00 - 4:00 PM*<br>Duplicate Bridge<br>Arnie Fox & Sherry Shore<br>Dates: 2/10 - 4/28<br>Number of Sessions: 11<br>LOCATION: Research & Dev Pk, Building 17, Room 109 | Not in Session 2/24<br>*1:45 - 4:00 PM*<br>So You've Always Wanted to Act<br>Debbie Starker<br>Dates: 2/10 - 4/28<br>Number of Sessions: 10<br>LOCATION: S109 | *1:45 - 3:15 PM*<br>Seasonal Crafting<br>Pam O'Brien, Nancy Pally<br>Dates: 2/10 - 4/28<br>Number of Sessions: 11<br>LOCATION: S104                    | Exploring the World of Journalism<br>SBU School of Communication and Journalism<br>Dates: 2/10 - 3/31<br>Number of Sessions: 7<br>LOCATION: Union Auditorium | Behavioral Neurosciences Amazingly Simplified: Don't Retire! Rewire! Refire!<br>Paul Mohan<br>Dates: 2/10 - 4/28<br>Number of Sessions: 11<br>LOCATION: S102 |   |
| 3:30 - 4:45 PM   |  |   | The Science Behind Living Your Best Life<br>SBU Center for Healthy Aging<br>Dates: 2/10 - 4/28<br>Number of Sessions: 11<br>LOCATION: Union Auditorium |  |  |   |

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| Wednesday        |  |   |  |   |   |   |
|------------------|--|---|--|---|---|---|
| 8:30 - 9:45 AM   | <b>*8:30 - 11:30 AM*</b><br><b>Watercolor Studio</b><br>Robert Stone & Dorothy Sterrett<br>Dates: 2/11 - 4/29<br>Number of Sessions: 11<br><b>LOCATION: S104</b> | <b>Ici on parle francais</b><br>Catherine McDonnell<br>Dates: 2/11 - 4/29<br>Number of Sessions: 11<br><b>LOCATION: S109</b>    |  |   |   |   |
| 10:15 - 11:30 AM |  | <b>Conversational French</b><br>Linda Dapolito<br>Dates: 2/11 - 4/22<br>Number of Sessions: 10<br><b>LOCATION: S109</b>         | <b>Women You Should Know</b><br>Ella Nyc, Mary Hance, Fran Leiboff<br>Dates: 2/11 - 4/8<br>Number of Sessions: 8<br><b>LOCATION: SAC 302</b>   | <b>Not in Session 3/11, 3/25, 4/1</b><br><b>The Constitution: Written in the Past, amended in the Present, and Governing Our Future</b><br>Richard Ernst<br>Dates: 2/11 - 4/29<br>Number of Sessions: 8<br><b>LOCATION: SAC 305</b> | <b>Great Short Stories - Raymond Carver</b><br>Joe Perlman<br>Dates: 2/11 - 4/29<br>Number of Sessions: 11<br><b>LOCATION: N119</b>   | <b>Never Again- the holocaust and its aftermath.</b><br>Rabbi David Altman<br>Dates: 2/11 - 4/29<br>Number of Sessions: 11<br><b>LOCATION: S102</b> |
| 12:00 - 1:15 PM  | <b>Poetry Out Loud</b><br>Florence Mondry<br>Dates: 2/11 - 4/29<br>Number of Sessions: 11<br><b>LOCATION: S102</b>   | <b>Am I my Father's Son?</b><br>Joe Perlman, Ed Kislik<br>Dates: 2/11 - 4/29<br>Number of Sessions: 11<br><b>LOCATION: S104</b> | <b>WUSB Unplugged: Conversations with Hosts and DJS from the SBU Campus Radio Station</b><br>SBU WUSB radio<br>Dates: 2/11 - 4/29<br>Number of Sessions: 11<br><b>LOCATION: Union Auditorium</b> | <b>Digesting a Good Book</b><br>Dana Geils<br>Dates: 3/25, 4/22<br>Number of Sessions: 2  | <b>"Near Death &amp; Spiritually Transformative Experiences"</b><br><b>How These Experiences Change Lives In A Meaningful Way</b><br>Catherine Chapey<br>Dates: 2/11 - 4/29<br>Number of Sessions: 11 | <b>The Mystery Novel as Literature: The Golden Age of the Detective Story</b><br>Tasha H Greenberg<br>Dates: 2/11 - 4/29<br>Number of Sessions: 11  |
| 1:45 - 3:00 PM   | <b>OLLI Common Hour:</b> Events, lectures, and meetings will be held at this time to avoid conflicts with workshops.   |   |  |   |   |   |
| 3:30 - 4:45 PM   |  |   |  |   |   |   |

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## Thursday

| 8:30 - 9:45 AM   |  |  |  |   |  |  |   |
|------------------|--|--|--|---|--|--|---|
| 10:15 - 11:30 AM | <b>*10:00AM - 3:00 PM*</b><br><b>Stained Glass Workshop</b><br>Diane Streuli, Susan Vlahakis & Linda Hamatz<br><b>Dates:</b> 2/12 - 4/30<br><b>Number of Sessions:</b> 11<br><b>LOCATION: S109</b> | <b>The Theory of Reincarnation and Its Sources</b><br>Gregory Alexander<br><b>Dates:</b> 2/12 - 4/30<br><b>Number of Sessions:</b> 11<br><b>LOCATION: N119</b>   | <b>Not in Session 4/16, 4/23</b><br><b>A Continuing Journey of Pop Artists</b><br>Gary Field, Suzanne Field<br><b>Dates:</b> 3/5 - 4/30<br><b>Number of Sessions:</b> 6<br><b>LOCATION: Wang 201</b>             | <b>Science Fiction in Print and Film</b><br>Scott McMullen<br><b>Dates:</b> 2/12 - 4/30<br><b>Number of Sessions:</b> 11<br><b>LOCATION: S102</b>                           | <b>Let's Play Chess</b><br>Dan Sherry, Carlos Delossantos<br><b>Dates:</b> 2/12 - 4/30<br><b>Number of Sessions:</b> 11<br><b>LOCATION: S104</b>   | <b>A History of Long Island Native Americans - Part 2</b><br>John Gobler<br><b>Dates:</b> 2/12 - 4/30<br><b>Number of Sessions:</b> 11 | <b>Tragic Theater</b><br>Arthur Bernstein<br><b>Dates:</b> 2/12 - 4/30<br><b>Number of Sessions:</b> 11 |
| 12:00 - 1:15 PM  |  | <b>Continuing the Journey into the Great Divide. Part II - The Psyche</b><br>Anthony A. Esposito<br><b>Dates:</b> 2/12 - 4/30<br><b>Number of Sessions:</b> 11<br><b>LOCATION: S102</b>                              | <b>Español: Pasado, Presente y Futuro</b><br>Anahi Walton Schafer<br><b>Dates:</b> 4/2 - 4/30<br><b>Number of Sessions:</b> 5<br><b>LOCATION: S104</b>   | <b>*12:00 - 1:45 PM*</b><br><b>Casual Cards and Games</b><br>Mary and Scott McMullen<br><b>Dates:</b> 2/12 - 4/30<br><b>Number of Sessions:</b> 11<br><b>LOCATION: N119</b> | <b>Not in Session 4/2</b><br><b>Now that's Entertainment!</b><br>Jeff Hollander, Diane Hollander, Larry Fein<br><b>Dates:</b> 3/5 - 4/30<br><b>Number of Sessions:</b> 7                             |  |   |
| 1:45 - 3:00 PM   |  | <b>*1:00 - 4:00 PM*</b><br><b>Beginning Bridge Part 3</b><br>Linda Good & Merna Avril<br><b>Dates:</b> 2/12 - 4/30<br><b>Number of Sessions:</b> 11<br><b>LOCATION: Research &amp; Dev Pk, Building 17, Room 109</b> | <b>Not in Session 2/19, 3/5, 4/2, 4/16</b><br><b>Reimagine Your Garden, Rethink Your Practices</b><br>Anahi Walton Schafer<br><b>Dates:</b> 2/12 - 4/23<br><b>Number of Sessions:</b> 6<br><b>LOCATION: S104</b> | <b>A Survey of Enjoyable Music</b><br>Fred Friedberg<br><b>Dates:</b> 2/12 - 4/16<br><b>Number of Sessions:</b> 9   | <b>*1:45 - 3:45 PM*</b><br><b>Writers at Work (previously named "The Craft of photoWriting")</b><br>Amy Benjamin & Mary Ann Sommerstad<br><b>Dates:</b> 2/12 - 4/30<br><b>Number of Sessions:</b> 11 |  |   |
| 3:30 - 4:45 PM   | <b>Not in Session 4/2</b><br><b>John Steinbeck's The Long Valley</b><br>Richard Hart<br><b>Dates:</b> 2/12 - 4/30<br><b>Number of Sessions:</b> 10   |  |  |   |  |  |   |

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## Friday

|                  |  |  |  |   |  |   |   |
|------------------|--|--|--|---|--|---|---|
| 8:30 - 9:45 AM   | <b>Not in Session 4/17</b><br><b>20TH Century American Presidential Elections</b><br>Kenneth Geils, Dana Geils<br><b>Dates:</b> 3/6 - 5/1<br><b>Number of Sessions:</b> 7<br><b>LOCATION: Union Auditorium</b> | <b>Adventures in Art and Photography</b><br>Eric Lohse<br><b>Dates:</b> 2/13 - 5/1<br><b>Number of Sessions:</b> 11  |  | <b>*9:30 - 11:30 AM*</b><br><b>Kitchen Bridge</b><br>Mary Hance, Laura Joseph<br><b>Dates:</b> 2/13 - 5/1<br><b>Number of Sessions:</b> 11<br><b>LOCATION: Research &amp; Dev Pk, Building 17, Room 109</b> | <b>*9:30 - 11:30 AM*</b><br><b>Memoir Writing</b><br>Dorothy Schiff Shannon<br><b>Dates:</b> 2/13 - 5/1<br><b>Number of Sessions:</b> 11 |   |   |
| 10:15 - 11:30 AM | <b>Not in Session 4/17</b><br><b>World War II</b><br>Paul Knel<br><b>Dates:</b> 2/13 - 5/1<br><b>Number of Sessions:</b> 10<br><b>LOCATION: Union Auditorium</b>   | <b>Not in Session 3/6, 3/27</b><br><b>Shakespeare in Your World</b><br>Amy Benjamin<br><b>Dates:</b> 2/13 - 5/1<br><b>Number of Sessions:</b> 9<br><b>LOCATION: N119</b> | <b>Makers and Muses: Women in Italian Art, Cinema, and Literature</b><br>Center for Italian Studies<br><b>Dates:</b> 2/13 - 4/17<br><b>Number of Sessions:</b> 9<br><b>LOCATION: Melville Library, 4th flr, Room E- 4340</b> |   |  | <b>Not in Session 4/3</b><br><b>Drawing Workshop</b><br>Richard Bova<br><b>Dates:</b> 2/13 - 5/1<br><b>Number of Sessions:</b> 10 | <b>Creative Photography</b><br>Doris Diamond<br><b>Dates:</b> 2/13 - 5/1<br><b>Number of Sessions:</b> 11 |
| 12:00 - 1:15 PM  | <b>Not in Session 4/17</b><br><b>Op-Ed Your Opinion of Their Opinion</b><br>Ken Buxbaum & William Russell<br><b>Dates:</b> 2/13 - 5/1<br><b>Number of Sessions:</b> 10<br><b>LOCATION: Union Auditorium</b>    | <b>Great Books</b><br>Anita Edwards<br><b>Dates:</b> 2/13 - 5/1<br><b>Number of Sessions:</b> 11   |  |   |  |   |   |
| 1:45 - 3:00 PM   | <b>Not in Session 4/17</b><br><b>Rights, Camera Action!</b><br>Tony Parlatore & Laura Joseph<br><b>Dates:</b> 2/13 - 5/1<br><b>Number of Sessions:</b> 10<br><b>LOCATION: Union Auditorium</b>                 |  |  |   |  |   |   |
| 3:30 - 4:45 PM   |  |  |  |   |  |   |   |