

Clinical Internship Opportunity at the
Leonard Krasner Psychological Center (KPC)
With Dr. Dina Vivian, Director of the KPC,
For students enrolled in the Stony Brook MA program in Psychology

What is the KPC?

We are the outpatient mental health facility affiliated with the clinical psychology Ph.D. program at SBU. For detailed information, please visit our website at www.stonybrook.edu/krasnercenter/.

Who are we?

The therapists at the KPC are advanced level students in our clinical psychology program, as well as externs, doctoral interns, and postdoctoral fellows who are supervised by Dr. Vivian and the clinical faculty at SBU.

Who do we serve?

The KPC offers psychological services to the campus and outside communities. Our current clients range in ages from 3 to 70, and we treat a wide variety of psychological problems at the KPC (e.g., anxiety disorders, depressive disorders, adjustment problems, parenting issues, conduct disorders in children, etc.). We also conduct a full range of psychological assessments for learning disabilities, ADHD, and giftedness.

Why are we special?

At the KPC, clinical training bridges research and treatment. We only provide treatments that have been demonstrated to be evidence-based. Our treatment model aligns with cognitive-behavioral approaches. We also have specialty clinics for anxiety disorders, depressive disorders, Childhood issues, and ADHD.

Internship Opportunities for MA students & Responsibilities

Advanced Training and Experience in Psychological Screening and Triage with real “clients” – Conducting initial phone-based psychological evaluations/triage with clients seeking treatment at the KPC. With training, you will be able to conduct thorough initial evaluations of clients’ presenting problems, reasons for seeking treatment, and write up initial assessment summaries for assignment to appropriate level of treatment. This experience is invaluable in gaining broad-based psychological assessment skills.

Phone Front Desk – Your experience at the front desk will help you develop skills in communication, clinical sensitivity, risk assessment, crisis management, writing and multitasking. Experiences include answering the phone, providing KPC information to interested callers, receiving clients, conducting the above-mentioned phone screens and writing initial reports based on those screens, and interfacing with graduate students and all personnel at the KPC.

Single-Session Consultation Specialty Clinic – MA interns have the opportunity to receive training from, and serve as clinicians for, the KPC’s *Single-Session Consultation Specialty Clinic (SSC Clinic)*, co-directed by Jessica Schleider, PhD, Assistant Professor of Psychology, and Michael Mullarkey, PhD, Postdoctoral Associate. The SSC, developed by Dr. Schleider, is an evidence-based, solution-focused, one-hour program designed to help clients utilize their inner strengths to take concrete steps toward a meaningful goal. MA students receive comprehensive training and ongoing supervision in delivering the SSC protocol. The SSC is delivered via tele-mental health and is available to (1) any resident of New York State interested in receiving brief mental health support, and (2) individuals on the waiting list for therapy at the KPC.

Assisting in leading Specialized Group Intervention Programs – You may have the opportunity to assist graduate students in providing group treatments to emerging adults. Examples of the groups we run most often include social anxiety, and ADHD.

Therapist Extensors – You may be asked to assist a therapist in implementing treatment procedures, such as role-plays, communication skills training, exposures, etc. Your work would be directly supervised by a graduate student therapist as well as by Dr. Vivian.

Didactics –Over the summer you will be offered a free course in psychopathology and clinical interviewing conducted by the KPC team instructors, including the Assistant to the Director, Shannon Fitzgerald, the Student-Assistant Director, and other advanced graduate students. This summer training will prepare you for the psychological screens you will conduct once you are “ready”. In addition, you are invited to attend a weekly clinical lecture/workshop (2.0 hours long) that is offered at the KPC as part of the Stony Brook University Consortium Internship Program for pre-doctoral interns. These didactics are attended by doctoral interns, externs, and post-doctoral fellows, and present a great opportunity for learning advanced clinical topics and treatments (and no midterms or finals ☺!).

Internship Requirements

Time Commitment – The internship involves 10 hours of effort weekly (including the didactics). The internship starts in early June as soon as we are able to evaluate all applications and complete the interview process. The clinic is open year-round, so, with some flexibility we ask interns to be available throughout the summer, winter intercession and spring break. The internship ends at the end of the MA program.

Basic readings and practicum training – assigned readings during the summer months of the internship will help inform your knowledge of psychopathology, abnormal psychology, risk assessment and the basis of clinical interviewing. Weekly meetings and one-to-one role-plays will introduce you to basic topics in psychopathology, psychological interviewing, risk assessment and management, and basic skills in conducting front desk work.

Coursework – As an intern at the KPC, you will be *required* to enroll in the internship course, PSY 695/ section 23 (3 credits), for both the Fall and Spring semesters, and in the clinical course PSY 610 (3 credits) in the Fall semester. PSY 695 will be team-taught by the personnel of the KPC. PSY 610 is team-taught by the clinical faculty and is designed to broaden your knowledge of psychopathology while benefiting from the areas of research/clinical expertise of each faculty member.

Brief Paper – We ask that you monitor and keep track of your participation throughout the year in the various opportunities at the clinic. At the end of the internship, we would like you to tell us about all the projects and activities you were involved in through a brief paper (1-2 pages, single-spaced)! This will help you develop your CV for future employment and/or graduate school applications.

How to Apply

Please send Dr. Dina Vivian your CV and a short cover letter expressing your interest in the internship, what you hope to get out of the experience and the reasons why you feel you’re a good fit for the internship. Your cover letter should also include written permission for Dr. Vivian to access your academic file in the psychology graduate office. We will contact applicants to schedule interviews. Please email materials to Dina.Vivian@stonybrook.edu, **Clinical Professor, Director of the L. Krasner Psychological Center**; please include Dr. Vivian’s assistant, Shannon Fitzgerald (Shannon.Fitzgerald@stonybrook.edu), in the email so that she can assist Dr. Vivian in coordinating the recruitment.

KPC Main Phone: 631.632.7830