

STONY BROOK UNIVERSITY CAREER CENTER

Please schedule an appointment on [Handshake](#) to meet with a Career Coach to review your plan.

CAREER ACTION PLAN

Name

Major/Minor

Graduation Year

Today's Date

ATTRIBUTES

Career Interest Code (e.g. AIE or SIC)

Top 3 Skills/Strengths (e.g. Problem Solving, organization, ect.)

Personality Type (e.g. ENFP-T)

IN THE FUTURE

Name two career occupations you would like to consider. **O*NET - Career Clusters**

What skills are required for each of these careers or occupations? **CareerOneStop**

How can you acquire these skills? (**internships, volunteering, research, study abroad, jobs**)

POTENTIALS

List at least 3 organizations/companies that may hire someone with your skills. **Handshake**

Who's someone else you can talk about career planning? Write the person's name.

OBSTACLES

What are your potential obstacles to achieving your career interests?

Name 2-3 action steps to overcome these obstacles.