



**SBU's Festival of the Moving Body**  
**October 16 and 17, 2014, - 10:00am—6:00 pm**  
**[www.festivalofthemovingbody.org](http://www.festivalofthemovingbody.org)**

**“Somatics and the Deeply Forgetful”**  
**October 16 at 2:30, Lecture Hall 1**  
**Charles B. Wang Center**

**Panel Discussion / Stephen G. Post, Moderator**

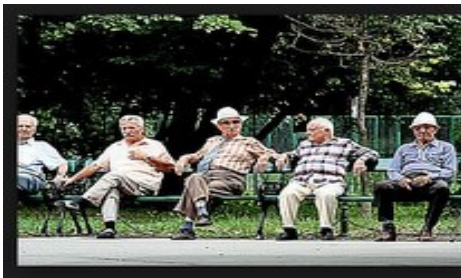
**Stephen G. Post, PhD** (*Director, Center for Medical Humanities, Compassionate Care and Bioethics, Professor of Bioethics, SBU Medical Center*)

**Dr. Lory Bright-Long** (*Clinical Assistant Professor of Psychiatry, SBU Medical Center*)

**Professor Amy Yopp Sullivan** (*Director, Center for Dance, Movement & Somatic Learning, Stony Brook University*)



Hope in the context of individuals with dementia and their carers might be thought of as an "openness to surprises" with regard to indicators of continuing self-identity in the individual with dementia, and as an affirmation of moral standing that is free from the prejudices of "hypercognitive values." Those who care for the "deeply forgetful" are often surprised by sporadic expressions of selfhood. The abstract philosophical idea of a total disconnect between the then self and the now self is false. Moreover, if taken seriously it is a falsehood that contributes to loss of both meaning and hope in carers as well as to mistreatment, for it denies the enduring self and its dignity over time. We need not dismiss, but rather should build on, the creative, symbolic, emotional, relational, somatic, musical, rhythmic, aesthetic, olfactory (smell), spiritual, and tactile aspects of the individual with dementia, as well as the cognitive. Our panel will explore the ways in which we can connect with the deeply forgetful and thereby care for them more meaningfully.



*Co-sponsors*

*The Center for Medical Humanities, Compassionate Care and Bioethics*

*The Center for Dance, Movement & Somatic Learning*

*For more information, please call 632-3005*

