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Prior to joining the academy, Dr. Agris practiced as a health care attorney on the state and federal levels. In addition, she served as Corporate Compliance and Privacy Officer of the North Shore-LIJ Health System (now Northwell Health), Legal Counsel to the Vermont General Assembly and the U.S. Department of Health and Human Services, and as a legal intern at the White House, the Supreme Court on behalf of CBS Evening News, and the U.S. Department of Justice.

She now teaches and has publishes in the areas of healthcare law, ethics, bioethics, policy and management.

Dr. Agris earned a Juris Doctor from the Washington College of Law, American University; Master of Laws in Health Law from the Health Law and Policy Institute, University of Houston Law Center; and a Doctor of Philosophy in health services research and health policy from the Schneider Institutes for Health Policy, Brandeis University. She graduated, as a member of Phi Beta Kappa from the University of Michigan, Ann Arbor, is an honorary member of the Upsilon Phi Delta Healthcare Management Honor Society and is a Fellow of the American College of Healthcare Executives.