Located in the heart of campus, the new Campus Recreation Center offers 85,000 square feet of space devoted entirely to the health and well-being of Stony Brook University students, faculty and staff. It includes two first-floor lounges with couches, TVs and wireless Internet access for relaxing and meeting with friends.

**FIRST FLOOR**
- Three-court gymnasium for basketball, volleyball, badminton
- Multipurpose room for sports club meetings, staff training and other club activities that do not need a wood floor (Capacity: 40 to 50 individuals)
- Fitness studio (Capacity: 49)
- 3,562 square feet for weights and fitness
- Campus recreation office suite: Eight offices, conference room, student staff break room

**SECOND FLOOR**
- Two fitness studios (Capacity: 25 and 28)
- Wellness suite: Personal training, testing site, library, computer stations, etc.
- 13,437 square feet for weights and fitness, cardio theater, stretching area
- 1/10th-mile track above the three-court gymnasium available 18 hours per day

**LOWER LEVEL**
- Multi-Activity Court (MAC) for basketball, soccer, roller hockey, volleyball, badminton and sports club practices (fencing, soccer club, roller hockey club, badminton club, volleyball club, etc.) with team benches similar to an ice arena’s and recessed goals for soccer and hockey
- Locker rooms: Each room will accommodate 133 lockers (75 percent half lockers, 25 percent full lockers)
- Two gender-neutral changing rooms
- Equipment rental area: laundry facilities for washing intramural jerseys, towels and sports club team uniforms

**OTHER AMENITIES**
- Storage for recreational, intramural and sports club equipment
- Small day lockers for wallets, MP3 players, phones, etc.
- Vending machines

Architect: Sasaki Associates, Inc. • Contractor: J. Kokolakis Contracting, Inc
S T O N Y  B R O O K  U N I V E R S I T Y
C A M P U S  R E C R E A T I O N  C E N T E R

Grand Opening • October 19, 2012

SCHEDULE OF ACTIVITIES

TOURNAMENTS
3 on 3 Basketball
4 pm – 7 pm, gymnasium
Free Throw
7 pm – 8 pm, gymnasium
Dodgeball
7 pm – 11 pm, gymnasium
Cornhole Tournament/Open B-Ball
9 pm – 11 pm, gymnasium

GAMES
Bed sheet V-Ball
4 pm – 8 pm, gymnasium
Open Recreation Basketball
8 pm – 11 pm, Gymnasium
Indoor Soccer
4 pm – 5 pm, MAC Courts 1 and 2
Badminton
5 pm – 11 pm, MAC Court 1
6:20 pm – 11 pm, MAC Court 2

FITNESS CLASSES
Zumba
5 pm – 6 pm, MAC Court 2
7:45 pm – 8:45 pm, Wellness Studio 1
Cardio
4:15 pm – 5:15 pm, Wellness Studio 1
Yoga
5:20 pm – 6:20 pm, Wellness Studio 1
Kettlebells
6:30 pm – 7 pm, Wellness Studio 1
Step360
7 pm – 7:30 pm, Wellness Studio 1
Cardio X
6:20 pm – 7:30 pm, Wellness Studio 2
Kickboxing
7:30 pm – 8:45 pm, Wellness Studio 2
Toning
8:45 pm – 10 pm, Wellness Studio 2
Beginner Cycle
4 pm – 4:15 pm, 4:30 pm – 5 pm, Cycle Studio
Cycle Class
5:15 pm – 6:20 pm, 6:30 pm – 7:30 pm, 7:45 – 8:45 pm, Cycle Studio

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