

Stony Brook Child Care Services Inc
SBCCSI Newsletter

March 2004

**.From the Executive Director...
“Discipline is NOT a Dirty Word”**

Lucille Curcio

Spring is actually here, and I trust that soon it will actually feel like it. Often we get energized in springtime to do some things we have wanted to do, but for one reason or another, have not found time to do.

I'm excited that I am getting to do one of those “things” and will be presenting a **Parenting Workshop on Positive Discipline on 3/31 and 4/7 at SBCCSI.**

As the mother of four grown children (expanded when I remarried, to nine children and 13 grandchildren) I know in my inner core how wonderful, and at the same time, challenging, parenting is. I also know that there is no one way to discipline children.

It is my hope that through the content of the “**Discipline is Not a Dirty Word**” exercises, along with the limited group size and the dialogue that will ensue, it will enable you and your child to lessen the daily battles and live more comfortably together.

Please join me as Stony Brook Child Care Services and Child and Family Studies present the Parenting Workshop...

“Discipline is NOT a Dirty Word”

Are you and your pre-school child often locked in a battle of wills? Would you like more effective ways to live comfortably with your child?

DATES: March 31st and April 7th
TIME: 12:40-2:00

As parents we often struggle with the “right way “ to discipline children. While there is no “one-way” to discipline a child from birth to five, this two part workshop can help you with skills so that both you and your child, can resolve conflicts without loss of dignity.

Call 632-6930 by Monday March 29th to register. Group size is limited. First come, first served.



Parenting: the “job” that lasts a lifetime, yet the one most of us are not trained for.

Also look for more information on an upcoming parent workshop April 22nd on childhood asthma and respiratory illnesses.

Stony Brook Child Care Services

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Lucille Curcio

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A Message to all Parents from Parent Representatives on the SBCC Board:

We all value the family environment at SBCC, including the special partnership between the Center and parents.

We have now created a new way to facilitate communication between parents and the SBCC administration and board! Keep an eye out for a new Parent Representatives mailbox near the tuition payment mailbox.

Please drop us a line regarding any comments, suggestions, compliments, and/or concerns that you may have, and we will make sure that your messages are conveyed.

Sincerely,
Lyle Gomes, Elena Polenova, Sue Walsh and Mindy Webb,
SBCC Parent Representatives
Jamie Page
GSO Representative / SBCC parent

Child and Family Studies

has moved to a new academic home in the Psychology Department.

Joan F. Kuchner, Ph.D.

Director, Child and Family Studies

Psychology Department

Psy B 144

Zip=2500

(631) 632-7695

**The Board would like to remind parents and staff that
Board meetings are open to all.
Check your monthly calendar for dates.**

When asked about their time at SBU and SBCCSI and what they do in their free time, here is what some Board Members had to say...

Loretta Gvazdinkas Years at SBU~7 / Years on the Board-6

Department /Affiliation-Hospital Administration

How you can be contacted-lgvazdin@notes.cc.sunysb.edu

I love to read, especially science and Gothic fiction. I'm also a fan of Italian opera, as well as 80's heavy metal rock music.

Ken Feldman Years at SBU~36 / Years on the Board~ 17

I'm a Professor of Sociology in Stony Brook's Sociology Department.

632-7743; 632-7700

How I like to spend my "free" time: Thinking about SBCCSI Board meetings!

Kayla Mendelsohn Years at SBU~ 25 / Years on the Board~13

Department /Affiliation ~ School of Health Technology and Management, Health Sciences Center
karen.mendelsohn@stonybrook.edu 444-2254

I enjoy the performing arts and attend many concerts (jazz, classic rock, classical music), dance performances, and plays on Broadway. I enjoy hiking in the Berkshires, Long Island beaches, and travel. Best of all, I love spending time with my spectacular children!

Jaimie Page Years at SBU~3 .5 / Joined the Board in January 04

Department~School of Social Welfare, Health Sciences Center

How you can be contacted: ext. 6-2147

Hobbies/Fun things: scuba diving, kayaking, camping, movies

How I spend my free time: playing with my son Jaron (Room One),
writing, researching social policy/social justice issues

Barbara Byrne Years at SBU 2 ; previously at BNL for 10+ years

New to this Board ; served on BNL's Child Development Center Parent Board for ~ 1 year

Department /Affiliation ~ Graduate School

To contact me: best means is email, but calls to the Graduate School are OK and will be returned ASAP

Barbara Chernow Years at SBU~ 6 / Years on the Board - 1

Department /Affiliation - Acting Vice President for Facilities and Services

Phone - 632.6340 Assistant: Star Lim

I like to spend "free" time.... *Cooking, gardening,, family vacations*

Mark.Maciulaitis Years at SBU~ 18 .5 / Years on the Board~ 4.5

Department /Affiliation ~ University Budget Office

How you can be contacted ~ markmaciulaitis@StonyBrook.EDU

How I like to spend "free" time ~ Boating/Fishing

Irene Gische Years at SBU ~18. This is my first year on the Board.

I am Head Teacher at the University Preschool located in SBS. I represent the main campus UUP chapter. Igische@notes.cc.sunysb.edu , but it is easier to get in touch with me at 632-7868 or my home number 689-9367.

As for fun facts, I'm pretty boring! I spent 12 years on the Three Village Central School District Board of Education. That took all my time. Now I spend my free time gardening, knitting and playing with my three grandchildren.

Joan Kuchner Years at SBU~ 19 / Years on the Board ~ 6.5 officially, but have participated on the Board since the 1980's .

Department / Affiliation Psychology, Director of Child and Family Studies

My office number is 632-7695 . Joan.Kuchner@sunysb.edu

Fun Facts : favorite books, hobbies or what you enjoy doing in your free time: looking for free time (?) tennis, swimming, anything near or on water, listening to music, cooking & looking for interesting, quick, low fat recipes, reading (a wide range)

My name is **Mindy Webb** and serve as a parent representative with the board of directors. I am mom to Jackson (age 4) who currently enjoys spending his days in room 2 with teachers, Conky, Erin and Jill. I am a Social Worker with Helen Keller Services for the Blind while my husband, Chuck, is a research psychologist in the Department of Psychiatry at Stony Brook. Chuck is also working toward his clinical license, which means for many late nights in the office. We live in Rocky Point in a converted beach cottage and love every minute of exploring our Long Island surroundings. Our little family has moved often throughout our lives but plan to be in this area for many years ahead. Call on us if 821-5156 you

have any information about the area, would like to make suggestions to the Board or enjoy meeting for a day in the park or a hike sometime!

Look for additional profiles in upcoming newsletters.

Cash Bonanza May 13th 2004

We need everyone's support to make SBCCSI's largest fundraiser a huge success. Proceeds from Cash Bonanza support our child care center operation.

Parents: Every 10 Cash Bonanza tickets you sell will entitle you to enter a drawing to win a tuition credit of \$250.00. Ask at the front desk.

Tuition Credit Drawing will be held at Stony Brook Child Care the week after the Cash Bonanza Event.

Tickets are also now on sale at the center for these raffles:

- Airline tickets for two people anywhere in the USA
- One year Spalon spa membership
- Overnight stay at the Three Village Inn

Cost is \$6.00 each or 3 tickets for \$15.00. Drawing will be on Thursday, May 13th at Stony Brook Child Care's Cash Bonanza Event in the SAC building. You do not need to be present to win.

**\$15,000
Cash Bonanza Top Prize!**



Upcoming Events

3/29 –4/2 ~ Book Fair

M-F 8-10 am

T/TH 12 –2 pm

M/TH/F 4-6 pm

T/W 4– 7 pm

4/18–4/24~ National Week of the Young Child

4/22 ~Earth Day