Psychology 537: METHODS OF INTERVENTION  
Spring 2005 

K. Daniel O’Leary 

GOALS: Acquaint graduate students with the empirical literature on the treatment of certain disorders (problems) of adults and children. This course is not a practicum. There is a separate practicum course. This course is designed more specifically to do the following: 

1. Familiarize you with the basic conceptualization of the causes of the problems under discussion. While the emphasis in this course is on treatment (intervention), it is also helpful to understand the causes of various disorders/problems. Knowing something about the causes of disorders is necessary to address client’s questions about the disorder, causes thereof, and the course of the disorder. 

2. Cover treatments for various problems and their empirical efficacy. The course is organized around clinical problems rather than around treatments or treatment strategies, and there will be a biopsychosocial emphasis in the course. 

This course is the second intervention course, and the readings are non-overlapping. Overall, the readings in this course are about the treatment of disorders. It is helpful to have a copy of the DSM-IV readily available for this and other clinical courses and practica. In addition, the book, Treatments That Work (2nd Ed, 2002), by Nathan and Gorman, Oxford University Press, NY, will be used frequently for reference material, and is a text for this course. Please order this book via the internet (e.g., Amazon.com).
**Psychology 537: Intervention II**

Spring 2005; Friday 9:35-12:35 AM, Psych B 316  
Dan O’Leary

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<th>Date</th>
<th>Topic</th>
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<td>January 28</td>
<td>Marital Discord</td>
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<td>February 4</td>
<td>A Marital Discord Model of Depression</td>
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<td>February 11</td>
<td>Spouse Abuse</td>
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<td>February 18</td>
<td>No Class: O’Leary in Spain</td>
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<td>February 25</td>
<td>Conduct Disorders</td>
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<td>March 4</td>
<td>Attention Deficit Disorders</td>
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<td>March 4</td>
<td>Enuresis and Encopresis</td>
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<td>March 11</td>
<td>Alcohol Use and Abuse</td>
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<td>March 25</td>
<td>Spring Recess, Good Friday: March 21-27</td>
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<td>April 1</td>
<td>Personality Disorders</td>
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<td>April 8</td>
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<td>Rape and Post Traumatic Stress Disorder</td>
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<td>April 22</td>
<td>Eating Disorders</td>
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<td>April 29</td>
<td>Class Presentations (30 min Presentation; 15 min Discussion)</td>
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<td>May 6</td>
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<td>May 13</td>
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RELATIONSHIP DISCORD


Dyadic Adjustment Scale (Copies of DAS, Spanier, 1976)


A MARITAL DISCORD MODEL OF DEPRESSION


Recommended:


Recommended Treatment Manual:
SPOUSE ABUSE


**Recommended Assessment:**

O'Leary's Brief One Page Clinical Assessment for Satisfaction, Abuse, and Commitment

**Recommended Treatment Manuals**

**Cognitive Behavioral**


See Couples Treatment and Gender Specific Treatment Program Manuals from O'Leary, Heyman & Neidig, 1999, Unpublished SUNY, Stony Brook, NY.


**Feminist:**


*The above books are available from Amazon.com.*

**Psychodynamic Approaches:**


CONDUCT DISORDERS


*Maddox, C. Race matters: Disparaties in African American children with ADHD (pp. 145-164. (Read for CD and ADHD).

Recommended Treatment:


ATTENTION DEFICIT DISORDERS


ENURESIS/ENCOPRESIS


Recommended Treatment:
See Barkley in previous section, Defiant Children.


Alcoholism


PERSONALITY DISORDERS


Assessment:

Millon Clinical Multiaxial Inventory.


Treatment:


SCHIZOPHRENIAS


**Treatment:**
RAPE AND POST TRAUMATIC STRESS DISORDER


Treatment:


EATING DISORDERS


**Treatment:**


**HEALTH CARE DELIVERY**


Barlow (Update of the 1994 will be made available when I receive it from Barlow this spring)