STAY CONNECTED

Save the Date!

Family Weekend 2016
September 23 to 25

Family members have the opportunity to attend lectures presented by select faculty, become members for the day of some of our student groups, enjoy a tailgate barbecue, cheer on our Stony Brook Seawolves at the football game and, of course, enjoy time with your student!

Tickets will be available beginning in August. For more information, please visit our website.

We look forward to seeing you soon!

UNIVERSITY NEWS

Think Stony Brook this Summer

This summer, Stony Brook will offer more than 500 courses in a variety of formats, from online classes to traditionally-taught courses on-campus at Stony Brook, Stony Brook Manhattan, and Stony Brook Southampton. There are also opportunities to study abroad, and earn credit through independent study or academic internships.
Whether you’re looking to get ahead in your studies, get caught up, or learn outside of the classroom, our Summer Sessions can help you stay on track for graduation and prepare for the future beyond Stony Brook. For more information on Stony Brook’s Summer Sessions visit the website here.

**ASTC is Hiring!**

The Academic Success and Tutoring Center (ASTC) supports Stony Brook University’s mission of ensuring a comprehensive, high quality undergraduate education by providing services that complement classroom instruction and encourage student success. The office is now looking for tutors for the 2016-2017 school year. Interested students can visit the website for more details.

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**RESIDENT ROUNDUP**

All residence halls will officially close in the month of May. To better prepare for your student’s departure from their residence hall, the Office of Student Orientation and Family Programs asked Ryan Naughton, a fellow SBU student, Orientation Leader and seasoned Resident Assistant, for advice on a smooth move:

Hello!

My name is Ryan Naughton and I’m a Resident Assistant here at Stony Brook University. From my experience as a Resident Assistant, Orientation Leader and just a student in general, planning moving out early and thoroughly has helped make the process much smoother.

The most important aspect of moving out for me was communicating with my family and arranging times to be picked up as well as having an extra set of eyes to double and triple check the room before leaving for the summer.

The deadlines for moving out are as follows:

24 hours after the conclusion of your student’s last final

OR

10 PM on Wednesday May 18, 2016

I would highly recommend having this conversation with your student and figure out which one of these comes first so that is when your student will have to move out by. Once you figure this out with your student, and find a time to meet up and move out, there are somethings your student has to take care of:

1. They must take **ALL** of their belongings with them when they leave. Anything left behind will be discarded by Campus Residences staff.
2. Make sure they clean their space! There are fees associated with the room being left unkempt, so encourage your student to make sure the room is exactly how it was when they moved in. The residence halls have vacuums and sometimes other cleaning supplies available for use. If your student has any questions about this have them contact their Resident Assistant and see what their building has to offer.
3. Make sure your student returns their key! They can speak to the RA on duty and return their key and officially sign out of the building.

Lastly, any questions your students may have, please encourage them to ask their RA; we’re here to help and are happy to answer any questions they, or even you may have! For more information, please visit the Campus Residences website.

Enjoy the summer months, and I hope your experience is smooth and easy!

Best,
Ryan Naughton
Resident Assistant for Toscanini College in Tabler Quad
OFFICE SPOTLIGHT

The Office of Student Orientation and Family Programs

In addition to year round services to family members of all Stony Brook students, the Office of Student Orientation and Family Programs facilitates the transition for new West Campus transfer and freshmen students through programs aimed at acclimating them socially and academically to the institution. The programming comes in the form of a two-part required orientation, welcoming about 5,000 students each year.

As always, we are here to partner with families and welcome and provide resources to students!

Contact information:
Office of Student Orientation and Family Programs
W-3519 Melville Library
Stony Brook, NY 11794
(631) 632-6710
studentfamilyoffice@stonybrook.edu

TIPS

Your Student Made It Through The First Year. Now What?

"With all the transition, distractions and hours spent studying and being involved, the summer is an optimal time for your student to finally reflect on how they felt about their first year at SBU."

Congratulations! Your student and family have made it through the first year! After much deserved celebration, it is important for you and your student to have a conversation about their year; what went well? What didn’t work? This will prompt your student to get closure on their experience, reflect on their trials and triumphs, and help them create an action plan for the next year.

Reflect on the Year

With all the transition, distractions, and hours spent studying and being involved, the summer is an optimal time for your student to finally reflect on how they felt about their first year at SBU. Encouraging your student to think about areas for improvement, and aspects of their experience to continue doing, will set them up for success in the upcoming year.

Some helpful questions to guide this conversation include:

If you could change anything about your first semester at Stony Brook, what would it be and why?
What clubs/organizations/research initiatives were you hoping to join that you didn’t?

What did you get involved in that was valuable? How do you think you’ve grown from those experiences?

This could lead to a conversation about how your student could Get Their (Your) Foot in the Door as it relates to being more involved and engaged on campus.

**Preserve Relationships**
Encourage your student to remain in contact with friends they made throughout the year. These connections will play an integral role in your student’s support system for when they begin yet another year of transition.

**Maintain Productivity Over the Summer**
The summer is an ideal time for your student to either start or continue research on a potential major, job opportunity, or leadership role. Below are resources that you can pass along to your student:

- Career Center
- The Study Abroad Office
- Division of Student Life

**Reestablish Roles and Expectations**
As your student’s academic and social life at SBU becomes routine, family is encouraged to continue being a source of support. With crucial decisions on the horizon (such as choosing a major, interviewing for an important internship, or taking on new leadership roles and responsibilities) the family’s role and involvement will inevitably shift. To ensure that you are providing as much support as deemed appropriate by your student, a conversation about new roles and expectations will serve as a way to keep the lines of communication open.

The Office of Student Orientation and Family Programs wishes you a great summer! If at any time you have a question about resources remember that we are your first connection to the University! Call us or visit us online. We are looking forward to hearing from you in the future.

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**RESOURCE CORNER**

**Stony Brook Events**
- **Tuesday, May 10**: Seawolves United Road Show: Long Island
- **Wednesday, May 11**: Career Discussions Webinar: Harnessing the Power of Word of Mouth and Social Media
- **Tuesday, May 17**: Seawolves United Road Show: NYC
- **Wednesday, May 18**: Seawolves United Road Show: New Jersey

**Important Dates**
- **Friday, May 6**: Lastday Monday-Friday classes
- **Saturday, May 7**: Lastday for Saturday classes
- **Sunday, May 8 to Monday, May 9**: Reading Day
- **Tuesday, May 10 to Friday, May 13**: Final Exams
- **Saturday, May 14**: Final Exams for Saturday classes
- **Sunday, May 15**: Reading Day
- **Monday, May 16 to Wednesday, May 18**: Final Exams
- **Thursday, May 19**: Doctoral Hooding and Baccalaureate Honors Ceremony
- **Friday, May 20**: Commencement
- **Monday, May 30**: Memorial Day- No classes in session
- **Tuesday, May 31**: Summer Session I classes begin