Meal Plan Terminology

**Dine-In locations**
- Stay as long as you’d like
- Try as many food options as you wish from all of the food platforms
- Continuous service: from am to pm
- Meals used at dine-in locations

**Retail locations**
- Use Dining Dollars to dine on the go
- Retail locations only accept Dining Dollars, cash, credit, Wolfie Wallet

**Dining Dollars**
- Equivalent to $1
- Included when you purchase meal plan with dining dollars or add money to meal plan
- Add additional dining dollars any time
What are the benefits of the meal plan?

**Swipe, Eat, Enjoy**
Swipe your ID card and enjoy “All You Care to Eat” options at East Side Dining and West Side Dining dine-in locations. Students living in Roth and Tabler with unlimited meal plans receive one meal exchange per day at Roth Café.

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**Allergen Friendly**
Dine-in locations accommodate special dietary needs plus all students can receive free nutrition counseling.

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**Flexible Dining Dollars**
Use the flexible dining dollars on your ID card to dine on the go at:
- Jasmine Asian Food Court
- Student Activities Center (SAC) Food Court
- East Side Dining retail food concepts (Halal, Kosher, Caribbean, Pizza and Tex-Mex)
- Roth Café
- Dunkin’ Donuts
- Starbucks

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**Eat, Study, Socialize**
Use your guest passes included with your meal plan to bring a friend or visiting family member.

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**Take Food To Go**
You can choose the hot food take-out option at either dine-in location once per day.
What types of meal plans are offered?

**RESIDENT MEAL PLANS**

**Unlimited Meals**
- Anytime dining - Eat anytime, as many times as you wish
- For use at West Side Dining and East Side Dining

**COMMUTER/APARTMENT MEAL PLANS**
- Declining balance – all Dining Dollars
- Block meal plan: a specific number of meals to be used throughout the semester
- Budget (prepaid)

Meal Plan Flexibility

Meal exchange – Roth Café
• Roth or Tabler Quad students on unlimited meal plan receive one meal exchange per day
• Students living elsewhere can use Dining Dollars at Roth Café

Take-out meals
• Offered at Dine-In locations
• For busy students who prefer dine-in but occasionally do not have time to sit and eat

Unlimited Meal Plans may only use one meal swipe per day for take-out in lieu of a meal at a dine-in location.
First Year (new and transfer students)
Resident Student Meal Plan Choices

All plans offer unlimited visits to dine-in, one take-out meal per day and guest passes:

**Wolfie Standard Plan**  
$2,522 per semester  
Unlimited meals  
includes 6 dine-in guest passes and 50 Dining Dollars  
Recommended for first year students as the default plan if they do not choose a plan.

**Wolfie Plus Plan**  
$2,722 per semester  
Unlimited meals  
includes 8 dine-in guest passes and 250 Dining Dollars  
Recommended for international and out of state students residing on campus during break periods when dine-in locations are closed.

**Wolfie Premium Plan**  
$2,972 per semester  
Unlimited meals  
includes 10 dine-in guest passes and 500 Dining Dollars  
Recommended for student athletes.

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**FAR BEYOND**
What are the meal plan options for commuters/apartment students?

- **50 Meals** per semester plus **300 Dining Dollars**
  $750

- **Full Size**: **500 Dining Dollars** $525*

- **Compact**: **240 Dining Dollars** $265*

- **Budget Plan**: **All Dining Dollars plan** that you can open with $20 and then replenish**

*Include $25 admin fee
** Prepay for plan with cash or credit card

*Prices are per semester*
Commuter/Apartment Plan Comparison

50 Block Meals + 300 Dining Dollars

- $750 cost of the plan
- 50 meals
- 300 Dining Dollars

Dine-In Door Prices

- Breakfast $6.75
- Lunch $9.50
- Dinner $9.95
- Late Night $7.95
- Brunch $9.50

SAVE MONEY!

- No sales tax!
- Cheaper than the door prices for most meals at dine-in locations
- Each meal = $9
- You have the entire semester to use the meals.
Special Dietary Needs

- Campus Dining’s Registered Dietitian offers free nutrition counseling to all students during the academic year.

- East Side Dining:
  - Dedicated Kosher food concept with Fresh-Mex menu in The Emporium
  - Dedicated Halal food concept with Mediterranean menu

- If you have questions this summer related to dietary needs and food allergies on campus, contact:

  Kimberly Hoban, RDN, CDN, CPT
  Director of Wellness
  Phone: 516-390-2776
  Email: khoban@culinartinc.com

**Eat Well** creations incorporate whole, naturally flavorful and nutritious foods prepared with healthful cooking methods.

**Vegetarian** offerings contain no meat, fish or poultry, nor any meat products such as soup base.

**Vegan** offerings contain no meat, fish, eggs, milk or other animal-derived products such as honey.
Allergen Friendly Dining

- Staff carefully trained to avoid cross-contamination and use separate equipment and utensils and prep and storage areas.
- Due to open kitchens, cannot guarantee items made without gluten-containing ingredients are “gluten-free,” as defined by the FDA.

Summer: East Side Dining Emporium offers:
FREE ZONE - quick grab, pre-packaged meals, snacks and foods at the convenience store.
- Menu options without peanuts, tree nuts or gluten.

Fall: West Side Dining Dine-In offers:
OASIS - menu options prepared without peanuts, tree nuts, fish, crustacean shellfish, eggs, milk, soy, wheat or gluten.
- Daily offerings include lean proteins, whole grains and fresh fruits and vegetables.
Things to Remember

• Choose the plan that best fits your schedule and your eating habits. One size doesn’t fit all!

• Dining dollars roll over from fall to spring. Meal swipes reset each week.

• Dine-in is closed during break periods, students will need to use their dining dollars during Thanksgiving and Spring Break.

• Options to change meal plan:
  • upgrade anytime
  • downgrade during the first three weeks of the semester

• Meal plan exceptions for new students who need full declining balance meal plans for Kosher and Halal dietary restrictions.

• All retail locations accept dining dollars, Wolfie Wallet, cash and credit.

• To check their balance, students must set up an account online first before using the Stony Brook Campus Card app.
Connect with Campus Dining

1. Talk to a Manager
   Managers are responsible for locations by neighborhood – they want to hear from you directly, so they can keep doing what’s great, and make any issue right – immediately

2. Text “TellSBUEats” with your comments to 24587
   Every comment/question receives a direct response

3. Follow us on social – four ways
   For menus, specials, events and contests

4. Website
   stonybrook.edu/dining
Wolfie Wallet

- Prepaid declining balance debit account on the student ID card
- Not part of the meal plan
- A safe and convenient way for students to:
  - Buy food from off campus merchants
  - Shop at campus dining and retail locations
  - Vending machines
  - Mail packages in the residential mailroom
  - Print/copy services at The UPS Store on campus
  - After July 1st, 10% discount on Dining services

stonybrook.edu/wolfiewallet
Adding Money to Wolfie Wallet

How do you add money to Wolfie Wallet?

1. Online at stonybrook.edu/wolfiewallet
2. Cash-to-account machines
3. Stony Brook Campus Card app
4. Faculty Student Association office at East Side Dining
Campus Stores Coupon

Buy Stony Brook merchandise and apparel at:
Seawolves Marketplace in the Student Activities Center and Shop Red West at the Melville library.
Free coffee while you shop!

Located in the Student Activities Center. Cannot be combined with any other offer. Valid through 8/27/2017. Cashier Code FY02017
Student Health Insurance Plan

- Provides continuous coverage at a reasonable cost for most on or off-campus medical care over Fall/Winter ($1,091.25) and Spring/Summer ($1,517.75) semesters.*
- Covers pre-existing medical conditions & preventative care.
- Annual deductible $200 for an individual.
- Annual out of pocket limit of $3,000 which includes deductibles, copays and coinsurance.
- $35 copay for Primary Care and Specialist Office visits*
- Covers inpatient mental health care with $15 copay at participating providers**
- Full coverage on lab work at participating providers, non-participating providers = $15 copay.

Questions? Call 631-632-6054
stonybrook.edu/shs/insurance

* Prices subject to change
** referrals required from the Student Health Center
Buying textbooks and course materials

- Students can order their books through stonybrooku.amazon.com.
- Activate Benefits
- Login to SOLAR student portal to view textbooks and course materials
- Ship to Campus Pick Up Point (CPP) in Melville Library, home or residence hall
- Textbooks are tax-exempt. Be sure to complete tax credit form available at stonybrook.edu/bookstore.
Look for the Stony Brook shield logo!

Activate Benefits at stonybrooku.amazon.com so that you will see the shield logo and know you are buying the correct edition of the required book.
Campus Pick Up Point in the library

- Secure, convenient order pickup on campus
- Many items are eligible for:
  - Free One-day Pickup if Prime or Student Prime and shipped to Amazon@StonyBrook
  - Easy returns on Amazon orders
  - Open to entire campus community!
Contact Information

stonybrook.edu/fsa
stonybrook.edu/bookstore
stonybrook.edu/dining
FSA Services Office: 631.632.6517