TO OUR NEW FRESHMAN AND TRANSFER STUDENTS: WELCOME TO THE NEXT STAGE OF YOUR LIFE’S JOURNEY.
We’re excited that you’ve decided to continue your education with us, and we will do everything we can to help you succeed. The next step in your journey is to arrive on campus for Part II of your orientation, Experience Stony Brook. See below for a few highlights and page 11 for more details. Make sure to download our free app, NEW to SBU, for the full schedule of all Opening Weekend events.

FRIDAY, AUGUST 26
- Required for New Residential Students (optional for Commuters)
  - 9 am to 3 pm
    - New Resident Move In
  - 12 pm to 3 pm
    - Family Farewell BBQ
      (pre-purchase required for BBQ; buy tickets at stonybrook.edu/orientation), Staller Steps and Plaza
  - 4:30 pm to 6:30 pm
    - Building Meetings, Residence Halls
  - 7 pm to 11 pm
    - First Night Out, SAC Plaza

SATURDAY, AUGUST 27
- Required for New First-Year and Transfer Students
  - 10 am to 4:45 pm
    - Required Transfer programs, various locations
  - 10:30 am to 5 pm
    - Required First-Year programs, various times/locations
  - 6:15 pm to 7 pm
    - Convocation Sign In, LaValle Stadium
  - 7 pm to 7:45 pm
    - Sunset Convocation, LaValle Stadium
  - 7:45 pm to 12 am
    - Second Night Out, Staller Steps

SUNDAY, AUGUST 28
- Required for New First-Years; Optional for Transfers
  - 9 am to 2 pm
    - Taking Care of Business Time and Open Advising Hours
  - 9 am to 4:30 pm
    - Required First-Year Student programs, various times/locations
  - 10 am to 2 pm
    - “Find Your Class” Building Tours, depart from SAC Plaza
  - 4 pm to 8 pm
    - Third Night Out, SAC Plaza

PRESIDENT STANLEY AND STUDENTS WELCOME YOU TO CAMPUS.
The Undergraduate Colleges staff is here to help you with the transition to life at SBU. They look forward to seeing you again at Opening Weekend later this month.

For a look at upcoming events or more information on your Undergraduate College, visit ucolleges.stonybrook.edu.

During Part I of Orientation this summer, Undergraduate College students are able to meet some of the staff and students within their individual college. During Part II of Experience Stony Brook (ESB), beginning August 26, students will get to meet their entire Undergraduate College.

Hey New Students: Get a free ticket to a live performance at Staller Center. Your first is on us. Bring the voucher you will receive during Opening Weekend to the Staller Box Office to redeem your ticket. Visit stallercenter.com for the 2016–2017 schedule.

SBU’s Undergraduate Colleges are academic learning communities that help first-year students connect with faculty, staff and other students who share similar interests. Each incoming first-year student joins one of six Undergraduate Colleges (UGC): Arts, Culture and Humanities; Global Studies; Human Development; Information and Technology Studies; Leadership and Service; Science and Society. All UGCs include first-year seminars, customized advising and transition support, co-curricular programming, and opportunities for close interaction with faculty and fellow students.

One great advantage of the UGCs is the first-year seminar program, which allows students to get to know each other and their professors in a small class setting of fewer than 20 students. The fall and spring seminars give new students many opportunities to ask questions, make friends, engage with students and opportunities for close interaction with faculty and fellow students.

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SBU Is First Among SUNYs With All-Gender Bathrooms

Stony Brook strives to create a welcoming, supportive and inclusive campus where all students are encouraged to be themselves and to feel comfortable and safe doing so.

To that end, SBU has been ahead of the nation in providing bathroom accommodations for all students, including those who identify as transgender, making it the first school in the SUNY system to offer all-gender restrooms. The University, which already had 21 all-gender bathrooms across campus, recently reassigned three multi-stall bathrooms in the Student Activities Center (SAC) to bring the total to 24. There are also single-stall all-gender bathrooms in the SAC, as well as gender-specific and ADA-accessible bathrooms. Additional all-gender bathrooms are planned for other areas of campus.

For a complete listing of all-gender and single-stall restrooms, please visit studentaffairs.stonybrook.edu/lgbtq/ourcampus/restrooms.html.

LGBTQ Services

Bathroom equality is just one way SBU supports students. Through LGBTQ* Services, the University provides a variety of resources and activities to support LGBTQ* students and promote LGBTQ* inclusion in all aspects of University functions. Visit studentaffairs.stonybrook.edu/lgbtq for more information.

FAMILY WEEKEND 2016
September 23 to September 25

Spend time with your family as you attend engaging seminars and hands-on workshops, enjoy a tailgate BBQ and watch our football team in action.

Registration is now open. Family Weekend fills up quickly so register early to reserve your space. Registration closes September 16.

stonybrook.edu/familyweekend

EXPEDITO SEGOVIA ’18

BIOMEDICAL ENGINEERING MAJOR
Activities: University Scholar and Orientation Leader

How can new students thrive? Planning and good time management. I know those may seem obvious but once you start classes and realize the myriad of other opportunities here at SBU you’d be surprised how planning and knowing how to use your time wisely can really make a difference.

How did you become involved? I went to the big involvement fair, where most of the more than 375 clubs/organizations gather around the Academic Mall and pitch their clubs to students. But keep in mind that going to the fair is one thing, actually going out and attending the club/organization meeting is the crucial step to being involved.

What do you like best about SBU? I love the people: they are passionate, diverse and loving. SBU is full of human beings who want to better their lives and the lives of others.

What should new students not miss their first year? Don’t miss using your First On Us ticket at Staller! Staller has a variety of shows that run all year and the tickets can be pretty expensive so take advantage of the free show.
Staying On Track For Graduation

A Welcome Message for Success from Charles L. Robbins, Vice Provost for Undergraduate Education and Dean of the Undergraduate Colleges

We are thrilled to welcome all of you. Whether you are a new student at Stony Brook University or returning for another academic year, we are committed to your academic success and timely graduation. Your experiences while a student at Stony Brook will transform your life in so many positive ways. There are a few things that are critical for you to keep in mind:

1. As you register for classes each semester, make sure that you are taking the highest-level class for which you qualify, that you register for the maximum number of credits you can take, and that the courses are degree-applicable. If you are not sure, ask your professional advisor.
2. Make sure that you know where to go to meet them and have them get to know you. If you have concerns regarding any of your classes, bring it to the faculty member’s attention during their office hours.
3. Speak with a professional advisor at least once every semester. Make sure that you know where to go for professional advising services.
4. Take advantage of all of the Academic Support Services available to you on campus, including the Academic Success and Tutoring Center. For more information on this and other services, speak with an advisor or visit the Division of Undergraduate Education home page (stonybrook.edu/due).

5. It is important that you have a “go-to person.” This can be a faculty member, professional advisor or other staff member. As you interact with different people on campus, try to find someone you would be comfortable speaking with when you hit the proverbial “speed bump.” It is much easier if you know in advance who that person will be.
6. Be an engaged student — go to class, be prepared for class by completing all the assigned work, take notes, ask and answer questions. You will do much better in your classes by doing this.
7. While academics must be your number one priority, it is also important to get involved on campus through clubs, organizations, and teams. Your undergraduate experience will be greatly enhanced by doing so.
8. Spend time with people whose backgrounds are different from yours. Being successful in today’s world requires us to understand and appreciate the experiences of others from different parts of the country and the world.

If you have any concerns, please do not hesitate to contact a member of the professional staff in the Division of Undergraduate Education. We wish you great success as you begin the 2016–2017 academic year.

Guiding Your Academic Success

The Academic Success and Tutoring Center (ASTC) is here to provide you with the extra guidance you need to excel.

The Center provides FREE one-on-one and small-group peer tutoring for a variety of undergraduate courses. In addition, through the Peer Academic Success Coach program, the ASTC assists students with enhancing their study skills, time management, test-taking strategies and much more. You can even enroll in a six-week not-for-credit public speaking seminar to help you conquer those public speaking jitters and master giving class presentations.

To learn more about the Academic Success and Tutoring Center’s services, visit its website at stonybrook.edu/tutoring or stop by Psychology B, Room 120. You can make tutoring appointments online and check out videos of Peer Coaches to see which one would be best for you, as well as read profiles of the tutors.

FIRST-YEAR READING

The Book of Unknown Americans, a novel by Cristina Henríquez, is this year’s required first-year reading.

All new first-year students will receive the book during their summer orientation or Opening Weekend. Henríquez is the author of the story collection Come Together, Fall Apart, and the novel The World in Hats. She will join us for discussions and more on Wednesday, October 19, for Undergraduate College Commons Day. The Book of Unknown Americans will be the subject of presentations by the author, as well as a book signing and the annual Creative Expressions contest. Students will be asked to express their thoughts on the book through the written word or a visual medium. Winners will have a private lunch with the author. A full schedule of Commons Day events will be given to you shortly after you arrive on campus.

2016 BATTLE OF UGCs AND THE WINNER IS...

...the UGC of Leadership and Service!

The Battle of the Undergraduate Colleges (UGCs) was created in 2010 to promote and encourage spirit and UGC pride. During the year, there are a series of events in which each UGC will have the opportunity to earn points. This year’s Battle began at your Orientation, when you were asked to wear your UGC’s color for the day. The UGC that had the most students wearing their UGC color will win this first event. The winning UGC will be announced at Convocation.

To continue to earn points for your UGC, additional events this year will include: Wolfe’s Walk, RecycleMania, College Bowl, Volleyball Tournament and more! For more info, visit ucolleges.stonybrook.edu/battle.

ALESSANDRA RICCIO ’18

BIOCHEMISTRY MAJOR

Activities: University Scholar, Red Watch Band CARE Team, Resident Assistant

How can new students thrive?

It is important to realize that SBU is a new experience for everyone just entering and that you are not alone. It is completely normal to feel intimidated by this large, diverse campus, but the sooner you step outside of your comfort zone and try one new thing or talk to one new person, this university becomes your home. It is okay to ask for help and to take a risk, who knows where it may lead?

Where do you study?

My favorite place to study is the North Reading Room in the library. Going to the cubicles in the study room is a great, quiet place to focus. It is a change in scenery from your residence hall or home. So many unexpected memories are made in those late-night study sessions.

What is one thing students should do at least once?

All students should attend a Midnight Breakfast prior to finals week. All of the stress of finals melts away as you eat with your friends.

STONYBROOK.EDU/STUDENTS | AUGUST 2016 WELCOME
Caring for Commuters

The Office of Commuter Student Services and Off-Campus Living (CSS/OCL) is dedicated to assisting students who live off campus. The office is a comprehensive, centralized location for all things related to commuter life. Located in SAC 225, “the staff in CSS/OCL is dedicated to helping our students connect to resources, both on and off campus, and to be successful here at Stony Brook,” said Emily Snyder, assistant director.

As a companion tool to the office, CSS/OCL maintains a robust website with easy-to-access information about campus life and issues of concern specific to commuters, found at stonybrook.edu/community.

Through CSS/OCL, new commuter students can also request to be paired with student leaders (Commuter Assistants), who offer one-on-one peer mentorship, campus knowledge and advice. The program helps incoming students to acclimate smoothly to Stony Brook, giving them a resource on which to rely if they have any questions. To learn more about the program, visit studentaffairs.stonybrook.edu/css/cap_ca_program.shtml.

For students seeking support with off-campus housing matters, the office offers a full range of resources and tools to educate and prepare students to live off campus safely and responsibly. These can be found at stonybrook.edu/offcampusliving. Students can also review legal housing/apartment rentals and roommate listings through this site. CSS/OCL anticipates a great upcoming semester full of successful events. The first event of the semester will be a Commuter Connection on Tuesday, September 13, from 9 am to 10:30 am in 144 SAC, at which time information will be provided about resources on campus, along with free breakfast! Typically, this event is held on the first Tuesday of each month. Other fall events include the Drive-In Movie; Commuter Welcome Reception; Leases, Landlords and You, Commuter Fall Fest; Non-Traditional Student Week; and more! Connect with us on social media to stay in the loop: facebook.com/ducss or @sbcommuters on Twitter and Instagram.

For more information about campus life and issues specific to commuters, visit stonybrook.edu/commuters.

LANDLORD AND LOCATION REVIEWS

Thinking of living off campus? Visit studentaffairs.stonybrook.edu/ocliving and click on the “Review My Landlord” link for feedback from other students.

And if you’ve lived off campus, help out a fellow Seawolf and post your comments today. A valid Stony Brook ID is required to access the site. Questions? Visit the CSS/OCL Office.

CONNECTED COMMUTERS ARE HAPPIER COMMUTERS.

We’re all in. Diversity AT STONY BROOK

The Office of Diversity and Affirmative Action has changed its name to the Office of Institutional Diversity and Equity

Its new website is stonybrook.edu/oide

The office is charged with ensuring that the SBU experience provides equal opportunity and is safe, welcoming and free from discrimination.

Stony Brook University’s revised Plan for Equity, Inclusion and Diversity is now final and available online for review at stonybrook.edu/diversityplan

We encourage you to visit the site to learn more about our initiative to enhance our diversity and build a more inclusive campus community.

NEW LOCATIONS FOR STUDENT UNION OFFICES

The Stony Brook Union has housed student organizations, administration offices and departments since 1969, and its age is showing. This fall, a major renovation of the building will begin, and when you return to campus for the semester, you will find that most student clubs, organizations and offices have moved out of the Union to make room for this overhaul. Refer to this list to know where to find these groups in their new locations.

Please note that when East Side Dining opens later this semester, all dining facilities in the Union — including Starbucks — will close. A new Starbucks will open in Shop Red West in the Melville Library (see FSA story on page 9).

ORGANIZATION AND NEW LOCATION

Asian American E-Zine: Student Activities Center (SAC) 307
Animated Perspectives: SAC 018B
Blackworld: SAC 307
Club Alley: SAC 010
Center for Prevention and Outreach (CPO): SAC 310
Inter Fraternity Sorority Council (IFSC): SAC 010
Interfaith Center: Melville Library N-5580
LGBTQ*: SAC 309
WUSB Radio Station: West Side Dining (moving sometime this fall)
SBU TV: SAC 307
Science Fiction Forum: SAC 018C
Stony Brook Independent: SAC 307
The Statesman: SAC 307
The Stony Brook Press: SAC 307
UNITE Cultural Center: SAC 169

We’re all in.

Diversity AT STONY BROOK

RYAN NAUGHTON ’17

My favorite tradition has to be Brookfest. For those of us on the Student Activities Board, it is one of our responsibilities to plan and execute this huge tradition at Stony Brook. And it is honestly one of the best times on campus. You have to go to Brookfest every year, even if the artist isn’t your cup of tea, it’s still just an absolutely awesome time.
F ALL 2016
WOLFIE MASCOT
TEAM TRYOUTS
Do you have what it takes to fill Wolfie’s big shoes? Join us and show us your best moves and you could be the king of the campus!

WEDNESDAY, SEPTEMBER 28
Info Session, Athletics Conference Room, Sports Complex, 1 pm

WEDNESDAY, OCTOBER 5
Wolfie Tryouts, Dance Studio, Sports Complex, 1 pm
For details and to apply, visit stonybrookathletics.com/wolfie

FANS CELEBRATE THE MEN’S BASKETBALL TEAM’S EPIC WIN TO BECOME AMERICA EAST CHAMPIONS.

SEAWOLVES CELEBRATE FIRST NCAA TOURNEY

2016 was a momentous year for our men’s basketball team and for all Seawolves fans as our team battled their way to become America East Champions and make their first trip to the NCAA basketball tournament this past March.

For six long years, the team had been in reach of March Madness, but it took an 80-74 comeback win over a tough Vermont squad to finally net the invite to the Big Dance and to reach the tournament. Although the team ultimately lost to the Kentucky Wildcats in the first round, its accomplishments will be celebrated for years to come.

Led by seniors Jameel Warney — SBU’s all-time leading scorer — and Carson Puriefoy, the team possessed a rare chemistry that some say made it the best SBU squad in school history. Keep an eye out on the NBA for Jameel and Carson. We can’t wait to see what they do next!

NEW YEAR, NEW COACH
Following the team’s epic trip to the Dance, it faced some major changes, with three of its top players graduating and its head coach moving on. This year’s team has big shoes to fill but it is up to the challenge. The players will be guided by new head coach Jeff Boals, who spent the past seven seasons as an assistant coach at Ohio State. Boals helped guide Ohio State to seven postseason appearances, including six NCAA Tournaments. The Buckeyes, who won or claimed a share of three Big Ten titles, advanced to the Final Four in 2012. Ohio State went 193-62 during Boals’ time in Columbus.

Boals has spent the summer beefing up his staff with the hiring of assistant coaches Geno Ford, former head coach at Bradley University and Kent State, and Bryan Weber, formerly with Hoop Group. Boals enlisted Andrew Goldstein, also from Ohio State, as director of basketball operations. Rounding out the coaching roster is assistant coach Lamar Chapman, now in his eighth season at Stony Brook.

The Seawolves begin their season in November. Follow Men’s basketball on twitter (@StonyBrookMBB) for all the latest news. And remember, all students get in FREE to all home basketball games with their SBU ID.

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Get Ahead, Go Abroad With A Choice of New Programs

With hundreds of locations, short- or long-term stays and low-cost tuition, studying abroad offers students the opportunity to advance their education while enhancing their lives with new friends and experiences. And new programs — including a trip to Cuba and options for internships — are providing more ways to earn credits and get ahead with your degree. Check out stonybrook.edu/studyabroad for details about upcoming programs, or visit the Study Abroad office, located on the first floor of the Melville Library, right near the top of the Staller Steps.

Be sure to stop by the Study Abroad fair on Wednesday, September 21, from 11 a.m. to 2 p.m. in the SAC Lobby, where all program directors will be available to answer questions. October 1, 2016, is the deadline to apply for Winter 2017/Spring 2017 study abroad and international exchange programs. Don’t miss out!

STUDY SUSTAINABILITY IN CUBA

New for 2017: Students will be able to study sustainability in Cuba with Professor David Taylor. The program will run from January 3 to January 18 and is open to all majors. The program will also run in 2019. The deadline to apply for this winter’s program is October 1.

What makes Cuba a good choice for sustainability studies? “Cuba is at a very important time in terms of its choices about sustainability,” explains Taylor. “In 2006, the World Wildlife Fund considered Cuba one of the most forward-thinking countries in the Americas because of its innovative choices in agriculture, public transportation and restoration of former cane fields. With the opening up of relations with the U.S., increasing tourism is putting increased pressure on infrastructure and the use of natural resources. How will Cuba respond? Will Cuba try to continue to adopt sustainable practices? Also, as an island nation, climate change is affecting Cuba immediately in terms of rising sea levels, loss of landmass, and increased damage to coral reefs,” Taylor continues. “Cuba is a highly important place to see the realities of concepts of sustainability — beautiful, gritty, old, new, and in a time of dramatic change.”

In Cuba, students from Stony Brook will meet and discuss issues with faculty and students from the Geography Department at the University of Havana (UH). SBU students will attend lectures by the faculty at UH, but will also have time to discuss and collaborate with UH students in an exchange of ideas.

There will be field trips within Havana to organic farms, the Rio Almendares (Havana’s primary water source) and significant sites within Havana, but also trips to two UNESCO World Heritage sites in Cuba: the Cienaga de Zapata and the Bay of Pigs, as well as Vinales and Pinar del Rio, where the geologic formations are unique.

INTERNSHIPS NOW AVAILABLE

In 2016, Study Abroad began offering internships in Madagascar and Florence, Italy. During the winter program for Madagascar, students can intern under the direction of Distinguished Professor Patricia Wright for hands-on experience. In Florence, students have the choice of interning in the city (if they speak Italian) or on the campus of Florence University of the Arts and can earn three or six credits. Internships in Florence are available each semester. If you are interested, learn more at stonybrook.edu/studyabroad.
CPO: New Programs, People and More Resources to Help Keep You Healthy and Safe

The Center for Prevention and Outreach (CPO) provides resources and education about alcohol and other drugs, sexual and relationship violence. Stony Brook University is committed to your health and safety and has added more programs, such as the Green Dot Training, and new specially trained staff, a Complainant Navigator, to ensure that all students have the support they need.

MEET SAMANTHA WINTER, COMPLAINANT NAVIGATOR

Samantha Winter joined the CPO staff earlier this year. As Complainant Navigator, Samantha provides confidential advocacy and support to students, faculty and staff who experience any kind of sexual or interpersonal violence, including domestic and dating violence, and stalking.

At Stony Brook, we refer to these individuals as complainants, or survivors.

The Complainant Navigator is available 24 hours a day, seven days a week to provide crisis support and emergency response immediately following an incident, and can assist survivors with obtaining medical care and reporting an incident.

REPORTING AN INCIDENT

Reporting an incident to Stony Brook authorities or the University Police Department (UPD) is your choice. You are welcome to meet with the Complainant Navigator confidentially to discuss support resources and reporting options, but you will never be forced to report an incident.

If you choose to report an incident, the Complainant Navigator can accompany you to interviews with UPD, meetings with the Office of University Community Standards and the Title IX Coordinator, and any institutional review hearings.

Samantha can be reached at (631) 457-9981 or via email at samantha.j.winter@stonybrook.edu. Her office is located in the Student Activities Center, Room 310.

GREEN DOT BYSTANDER INTERVENTION

Green Dot is a bystander intervention training strategy that prepares people to recognize and respond to real-life violence. Through training, students connect with other students and practice skills and strategies to use in a variety of common situations.

Join the hundreds of Seawolves who have already been Green Dot trained – including students and staff from Evening and Weekend Life, Campus Recreation, Stony Brook Athletics, Clubs and Organizations, Undergraduate Student Government, LGBTQ+ Services, Dean of Students, Campus Residents, Student Health Services and the School of Social Welfare – in making a difference. Learn more or register for a training with the Center for Prevention and Outreach by visiting stonybrook.edu/cpo.

RED WATCH BAND

Stony Brook’s Red Watch Band (RWB) program, now in its seventh year, provides campus community members with the knowledge and skills to prevent student toxic drinking deaths and to promote a student culture of kindness, responsibility, compassion and respect.

This past academic year, more than 1,500 students were trained and are now ready to help their friends. The Red Watch Band program at SB is stronger than ever with more students signing up for training every semester. Look forward to 12 new training sessions this fall. The first three are scheduled for Monday, September 12 (with CPR), Friday, September 16 (without CPR), and Friday, September 23 (with CPR). Locations to be announced.

For more information or to register for a training, visit redwatchband.org.

CAPS Recruits Puppies to the Rescue: New Initiative Adds Therapy Dogs

Feeling stressed by a tough class? Not getting along with your girlfriend or boyfriend? Overwhelmed by your studies? Talking about your concerns or petting a therapy dog may help. At Stony Brook, there are many people who are here to listen.

If you need a friendly ear, Counseling and Psychological Services (CAPS) offers students help for personal, emotional, psychological and family problems. CAPS provides free counseling to any student taking six or more credits per semester. Services include individual or group therapy. In particular, group therapy can be an easy way to feel more connected and get support not only from professionals, but also from other students dealing with similar stresses in a safe, welcoming place.

You can visit CAPS on the second floor of Student Health Services, Monday through Friday, from 9 am to 5 pm, for confidential counseling, crisis intervention or even stress-reducing meditation workshops.

CAPS AFTER HOURS

Sometimes you’d like to talk to someone who will listen to your concerns... but it is 3 am. Who can you call? You can call CAPS After Hours at (631) 632-6720 to speak with one of the counselors for support, problem solving or just to talk, 24/7, 365 days a year.

LET’S TALK

The ‘Let’s Talk’ program sends counselors out into the SBU community — residence halls and academic buildings — to answer questions about counseling and CAPS services, provide giveaways and have confidential, private conversations to discuss anything bothering you. A schedule of upcoming visits can be found on the stonybrook.edu/caps website under ‘CAPS in Your Community.’

PET AWAY LIFE STRESS (PALS)

CAPS recently initiated the PALS Program: Pet Away Life Stress! Through animal-assisted interactions, the PALS program offers an opportunity for stress reduction for our student community. Animal-assisted interactions are consistently known to decrease anxiety and feelings of self-reported loneliness. They have also been known to reduce blood pressure, lower heart rate, and reduce stress hormones in their human friends. Friendly pups are usually on campus during midterms and finals. Times for when the certified-therapy dogs will be on campus will be posted on the CAPS website.

To find out more about how CAPS can help you, visit stonybrook.edu/caps or call (631) 632-6720.

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To find out more about how CAPS can help you, visit stonybrook.edu/caps or call (631) 632-6720.
Earlier this year, University Libraries embarked on an exciting renovation of the North and Central Reading Rooms to create spaces that would better serve students. The update focused on redesigning spaces to create a “knowledge commons,” a place where technology improvements, new furniture and space management would make our library a more welcoming place, where students can study together or work individually in a more conducive environment. Improvements included new desktop computers and more power outlets to charge electronic devices.

The North Reading Room was renovated in the spring and reopened at the end of May. The area will be open from noon on Sunday through midnight on Thursday. Friday hours remain 8:30 am to 8 pm; Saturday hours are 10 am to 10 pm.

NOW OPEN 24 HOURS

During the fall and spring semesters, Stony Brook students will have 24-hour access to the Melville Library Central Reading Room, once it reopens. The area will be open from noon on Sunday through midnight on Thursday. Friday hours remain 8:30 am to 8 pm; Saturday hours are 10 am to 10 pm.

The North Reading Room was renovated in the spring and reopened at the end of May. Once North was open, the renovation of the Central Reading Room began. It is expected to be completed by the start of the fall semester. For updates on the renovation, visit library.stonybrook.edu/about-us/library-renovation.

IZZY BOUKLAS ’19

ENGLISH/PSYCHOLOGY DOUBLE MAJOR
Activities: Commuter Assistant, Campus Involvement Project, Getting Your Foot in the Door (GYFTD) Consultant

How can students get involved?
Being involved on campus is just as crucial as academic drive to your success. If you are a resident, make sure you go to your building’s Hall Council. Hall Council is such a wonderful way to have a presence in a small community. It equips you with the platform to then pursue other activities on campus. I am a commuter and I love to accompany my residential friends to Hall Council.

If you are a commuter, I highly recommend the Commuter Student Association. Again, this is a great way to join a tight community of people who share at least one aspect of your college experience. It is easy to feel lost at such a populous school, but these organizations are microcosms of the larger campus and make your college experience seem more personal.

What is one thing every SB student should know?
As with life at any university, the perspective is yours. As Hannah Montana so eloquently stated in a much simpler stage of her career, “Life is what you make it, so let’s make it rock.” The moment you step onto campus, you are immediately inducted into a community of humanity and innovation; you are part of something grander than yourself. It is all too easy to let four years go by without making your mark, but I implore you to transcend those nets and create something wonderful in your time here.

And it is important that all students know how this school is rooting for us and providing us with the tools we need to build better selves and to build a better world.
Later in the fall, an Amazon pickup

Order new, used, rental and digital used textbooks when you purchase 25% on new textbooks and 27% on course materials and SBU gear. We Changes are happening this fall in the student book-buying experience.

You’ll also see a transformation at our campus stores: The Seawolves MarketPlace, in the SAC; Shop Red West, located in the lower level of the Melville Library; and Shop Red East, between the Health Sciences towers, will be operated by Barnes and Noble, and will continue to offer official SBU-licensed apparel and school supplies. Later in the semester, the campus store in the Melville Library will also include a full-service Starbucks.

For more information, visit stonybrook.edu/bookstore.

COOKING UP VALUE IN MEAL PLANS

Campus Dining is offering new meal plans that offer great value, flexibility and quality meals throughout campus:

- Swing your ID card and enjoy meals every week of the semester with “unlimited” and “meals per week” options.
- Enjoy diverse menu options at the all-you-can-eat for one price Dine-In locations such as Roth Food Court, West Side Dining and the Union Commons.
- Use Dining Dollars at retail locations such as the SAC, Jasmine Asian Food Court, Starbucks, Dunkin’ Donuts and the new Jamba Juice/Sandelia’s Flatbread Cafe at the GLS/HDV Center. Retail locations only accept Dining Dollars, cash, credit or Wallet. 

TAKE-OUT TIME

You asked for it! Take-out meals will be offered at all three resident dine-in locations for students who prefer the value and choices of the dine-in experience but occasionally do not have the time to eat there.

- As you enter the dine-in locations, there will be a refrigerated display case of take-out meals consisting of a rotating menu of entrées/salads (including vegetarian), a side, fruit and a fountain beverage.
- Students on a meals-per-week plan can use a meal swipe for each take-out meal purchase; students on unlimited meal plans may only use one meal swipe per day for a take-out option in addition to their unlimited access to the dine-in locations.

THINGS TO REMEMBER

- If you need help deciding which plan works best for you, the Meal Plan Professor tool is here to help: stonybrook.edu/fsa/mealplanprofessor.
- If you do not select a meal plan, you will be placed on a default meal plan, so that when you arrive you can begin dining.
- If you would like to change your plan, you may do so during the first three weeks of the fall semester.
- Please contact the Meal Plan office at (631) 632-6517 if you have any questions or visit our Frequently Asked Questions page at stonybrook.edu/dining.

NEW FACILITY TO OPEN THIS FALL

Later this semester, the new East Side Dining will open at the Toll Drive Residence Hall Complex. The new facility will have all the food you loved from the Union and even more options. For updates on East Side Dining, visit stonybrook.edu/dining.

START YOUR FUTURE WITH A JOB IN CAMPUS DINING

A FEW OF THE BENEFITS OF WORKING FOR CAMPUS DINING

- Flexible work schedules and convenient campus locations.
- Work as few as six hours per week.
- Develop practical, real-world work skills for your resume.
- Six opportunities to earn more money throughout the year.
- Numerous opportunities for promotion, training and mentoring.
- Make new friends and work in a team environment.
- Qualify for scholarships and other awards.
- Work on-campus for Sodexo, one of the largest, multinational corporations, and make connections for your future.

MANY JOB CHOICES AVAILABLE

- Barista
- Delivery Driver
- Marketing Assistant
- Concierge/Counter Worker
- Quality Assurance and Compliance Manager
- Cashier
- Commissary Food Prep Worker
- Marketing Assistant
- Social Media Brand Ambassador
- Web Content Editor
- Concession Student Manager
- Catering
- Sustainability
- Freight/Stores
- Program Assistant
- And more...

Additional positions and internship opportunities may be available through other FSA operations listed on Handshake.

For details on how to apply through Handshake go to stonybrook.edu/fsa/ssr
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Extended Branch Hours
August 22nd-28th

SIMPLY FREE CHECKING

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• FREE mobile banking & app
• Send or receive money using Popmoney®
• Mobile check deposit
• UChoose Rewards®
• No surcharges at 55,000 Allpoint® ATMs

Catch the Wave to Better Banking℠

OPEN AN ACCOUNT in minutes at
Student Activities Center Branch (Lower Level)

SPECIAL ORIENTATION HOURS
Monday, Aug. 22-Thursday, Aug. 25  8:30am-5:00pm
Friday, Aug. 26  9:00am-7:00pm
Saturday, Aug. 27  9:00am-3:00pm
Sunday, Aug. 28  9:00am-2:00pm

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Required events for students have a ** THURSDAY, AUGUST 25 **

** Out-of-Area/Out-of-State New Student & Family Reception. Student Activities Center (SAC) Ballroom B, 8:30 am to 3 pm. **

** FRIDAY, AUGUST 26 **

Indo Desk. Student Activities Center (SAC) Lobby, 8 am to 6 pm (through Sunday). Move-In Day for New Students, 9 am to 3 pm. Vendor Expo, SAC Plaza, 10 am to 3 pm. Family Farewell Barbecue, Staller Terrace, 12 pm to 3 pm. Pre-purchase tickets required. stonybrook.edu/orientation

Hillel New Student and Parent Brunch
Delancy Street, Stony Brook (SB) Union, 12:30 pm to 2 pm.

** Honors College Reception, Tabler, 2 pm to 4 pm. ** Required for all Honors College students.

** University Scholars Reception, SAC A, 2 pm. ** Required for all University Scholars students.

** WISE Welcome Reception, Engineering Building Lobby, 2 pm to 4 pm. ** Required for WISE students.

** SBU Eats, Roth/West Side Union/3, 9:30 am to 11:30 am (schedule your building for your specific time). ** Required for all new resident students.

** Building Map Reception, Hillel, 4:30 pm to 6:30 pm. ** Check your building for your specific time. Required for all new resident students.

** Men's Soccer Game vs. Hofstra University, LaValle Stadium, 7 pm. **

** First Night Out, SAC Plaza, 7 pm to 11 pm **

** REC Night Out, Campus Recreation Center (CREC), 10 pm to 1 am **

** SATURDAY, AUGUST 27 **

Breakfast, Roth/ West Side/SB Union, 8:30 am to 11:30 am.

** Transfer Lunch and Workshops, Wang/ SAC/ Staller, 9:30 am to 4:45 pm. Check Transfer Schedule for times for your group. (you will receive the schedule at Sign-In). Required for all transfer students. **

** First-Year Orientation Programs, 10:30 am to 5 pm. ** Check your undergraduate college (UGC) schedule for locations for your college (you will receive the schedule at Sign-In). Required for all new resident students.

** Find Your Class Building Tours, departs SAC Plaza, 10 am to 1 pm **

Hillel New Student Shabbat Dinner, SB Union’s Delancy Street, 12:30 pm.

** Non-Traditional Student Program, Wang Center Lecture Hall 2, 2:15 pm to 4:45 pm. ** By invitation only.

** Convocation Check-in and Pep Rally, LaValle Stadium, 4:15 pm to 7 pm. ** Required for all new students.

** New Student Sunset Convocation, LaValle Stadium, 7 pm. ** Required for all new students.

** Second Night Out, Staller Main Stage, 7:45 pm to 12 am. **

** SUNDAY, AUGUST 28 **

Breakfast, Roth/ West Side/SB Union, 8 am to 10 am.

** First-Year Programs, First-year students will attend programming by Undergraduate College affiliation from 9 am to 4:30 pm. See your schedule for specific times and locations. Required for all new first-year students. **

** Taking Care of Business/Admin. Building Service Hours, various locations, 9 am to 2 pm **

Open Advising, Melville Library, 9 am to 2 pm.

** Find Your Class Building Tours, departs SAC Plaza, 10 am to 2 pm **

Returning Student Residence Hall Move-In, 10 am to 2 pm

** National Student Exchange (NSE) Orientation, NSE100 Melville Library, 11 am to 2 pm. ** Required for all NSE students.

Catholic Campus Ministry’s First Sunday Mass, Tabler Arts Center, 5 pm.

** Third Night Out: ISA Welcome Block Party, SAC Plaza, 4 pm to 8 pm **

** MONDAY, AUGUST 29 **

** FIRST DAY OF CLASSES **

** TUESDAY, AUGUST 30 **

Scoping Out Success, SAC Ballroom A, 5 pm

** WEDNESDAY, AUGUST 31 **

On-Campus Student Employment Fair, SAC Ballroom A, 11 am to 2 pm.

Mindfulness Meditation, CAPS, 2nd Floor of Student Health, 1 pm to 2 pm.

Hillel’s Welcome Back Pizza Party, Melville Library, N-5560, 1:30 pm to 2:30 pm.

Bingo for Books, SAC Ballroom B, 6:30 pm to 10 pm.

** THURSDAY, SEPTEMBER 1 **

Fall into Fitness, Campus Rec Center, 5 pm.

** Football Game: Stony Brook vs. North Dakota, LaValle Stadium, 7 pm. **

** FRIDAY, SEPTEMBER 2 **

Seawolves Soak City, SAC Plaza, 3 pm to 7 pm.

Club Kellaneen, GLS/HDV Center, 8 pm to 10 pm.

** Labor Day Shabbat Dinner, Delancy Street Restaurant, SB Union, 8 pm. **

** SATURDAY, SEPTEMBER 3 **

** Labor Day Shabbat Lunch, Delancy Street Restaurant, 12:30 pm. **

Seawolves Soak City RAIN DATE, SAC Plaza, 3 pm to 7 pm.

Whitewater Rafting Trip, SAC, Jim Thome, PA. Transportation provided, 9:30 am to 6 pm.

** SUNDAY, SEPTEMBER 4 **

** LABOR DAY NO CLASSES. **

** RHA Ice Cream Social, SAC Lounge, 8 pm to 10:30 pm. **

** WEDNESDAY, SEPTEMBER 7 **

** Fitness Classes Begin, CREC. **

** Involvement Fair, SAC Plaza (Rain Location: SAC Ballrooms), 12 pm to 2:30 pm. **

Mindfulness Meditation, CAPS, Student Health Services, 1 pm to 2 pm.

** FRIDAY, SEPTEMBER 9 **

** Cirque du Brook, SAC Plaza (Rain Location: SAC Ballrooms A & B), 4 pm to 8 pm. **

Welcome Back Shabbat Dinner, Delancy Street Restaurant, SB Union, 6 pm.

** SATURDAY, SEPTEMBER 10 **

Welcome Back Shabbat Lunch, Delancy Street Restaurant, SB Union, 12:30 pm.

** MONDAY, SEPTEMBER 12 **

Red Watch Band Training, TBA.

** Handball Tournaments, CREC Handball Courts, 6 pm. **

Presidential Lecture with Phumzile Mlambo-Ngcuka, executive director, UN Women, Staller Center, 4 pm

** TUESDAY, SEPTEMBER 13 **

Commuter Connection, SAC Commuter Commons (SAC144), 9 am to 3:30 pm.

** The Guerrilla Girls in the Artworld and Beyond; exhibition opening, Staller Center, 7 pm. **

** Draft Night, SAC Ballroom A, 3:30 pm to 9 pm. **

** WEDNESDAY, SEPTEMBER 14 **

Involvement Fair, SAC Plaza (Rain Location: SAC Ballrooms A & B), 11 am to 2:30 pm.

Depression Screenings, SAC Kiosk, 1 pm

** National Student Exchange Info. Session, Melville Library, Room N-5500, 1 pm to 2 pm. **

Mindfulness Meditation, CAPS, Student Health Services, 1 pm to 2 pm.

** FRIDAY, SEPTEMBER 16 **

Computer Science Dept. Fall Information Tech Job & Internship Fair, SAC Ballrooms A and B, Time TBD

** Red Watch Band Training, Location TBD, 1 pm. **

** SATURDAY, SEPTEMBER 17 **

** Port Jefferson Dragon Boat Festival, Port Jefferson Harbor, 8 am to 3 pm. **

** Wolfe’s Walk, Athletic Field/Student Parking Lot, 10 pm to 6 pm. **

** Football Game: Stony Brook vs. Richmond, LaValle Stadium, TBA. **

** TUESDAY, SEPTEMBER 20 **

** Craft Night, SAC Ballroom A, 5:30 pm to 8 pm. **

** WEDNESDAY, SEPTEMBER 21 **

** Tunnel of Oppression, Tabler Center, TBA. **

** SATURDAY, SEPTEMBER 23 **

** Engineering Job & Internship Fair, SAC Ballrooms A B & B, 11 am to 2 pm. **

** Healing Arts: Spa Night, CREC Multipurpose Room, 4 pm to 6 pm. **

** Hypnotherapy, SAC College Auditorium, 7 pm. **

** Israeli Shabbat Dinner, Delancy Street 7:30, 11:30 pm. **

Family Weekend begins. Visit stonybrook.edu/familyweekend for details.

** SATURDAY, SEPTEMBER 24 **

** Family Weekend 2016 Kick-Off at Win Center Football Game: Stony Brook vs. Sacred Heart, LaValle Stadium, TBA. **

** SUNDAY, SEPTEMBER 25 **

Family Weekend concludes.

** TUESDAY, SEPTEMBER 27 **

** Craft Night, SAC Ballroom A, 5:30 pm to 8 pm. **

** WEDNESDAY, SEPTEMBER 28 **

** Wolfe Team Tryouts: Information Session, Athletics Convene Room, Sports Complex, 1 pm to 2 pm. **

** Mindfulness Meditation, CAPS, Student Health Services, 1 pm to 2 pm. **

** Depression Screenings, SAC Kiosk, 1 pm. **

** President’s State of the University Address, Staller Center, 1 pm. **

** FRIDAY, SEPTEMBER 30 **

** Business & Political Affairs Job & Internship Fair, SAC 306, 6:30 pm to 9 pm. **

** England Job & Internship Fair, SAC 306, 6:30 pm to 9 pm. **

** Information Session, CREC Multipurpose Room, 4:30 pm to 8 pm. **

** Movie, SAC College Auditorium, 7 pm. **

** SATURDAY, OCTOBER 1 **

** Business & Political Affairs Job & Internship Fair, SAC Ballroom B, 7 pm to 10 pm. **

** ROTC FOR YOU **

What services does the Division of Information Technology (DoIT) provide for students? As part of the Student Technology Services portfolio, DoIT provides:

- Technology to support formal and informal learning environments, such as Blackboard, Distiscap (ePostoils) and Adobe Connect (Online Hours);
- 15 public computing sites (SINC Sites), staffed by student technology professionals;
- Printing services from anywhere with an Internet connection from any device (email or Web);
- Distribution of Office 365 and Symantec Antivirus;
- Walk in troubleshooting center for students who are experiencing connectivity or performance issues with their personal devices. Visit it.stonybrook.edu for more information.
WHAT'S COOKING? SBU MEAL PLANS

RESIDENT MEAL PLANS*
UNLIMITED MEAL PLANS provide access to Dine-In locations. Come and go as many times as you want all day. Add Dining Dollars for flexibility in dining options.

WEEKLY MEAL PLANS provide access to Dine-In locations up to 10 times per week. Each weekly meal plan also includes Dining Dollars for flexibility in dining options.

COMMUTER MEAL PLANS*
The BLOCK MEAL PLAN provides students access to Dine-In up to 50 times per semester. The plan also includes 300 Dining Dollars for flexibility in dining options.

Smaller plans are also available for students who are not on campus as often, but would still like the option to grab something on-the-go without having to carry cash.

WHERE TO EAT
DINE-IN LOCATIONS

ROTH FOOD COURT • UNION COMMONS • WEST SIDE DINING
Continuous service from morning to night. Swipe your ID card, stay as long as you’d like at any Dine-In location.

TYPICAL FOOD OPTIONS
Made to Order Deli
Made to Order Pasta
Daily Soups
Mexican Pasta
Salad Bar
Grill
Café
Allergen Free Dining
Hot Entrees
Chef Specialties

RETAIL LOCATIONS
Use the flexible Dining Dollars on your ID card to dine on the go at Jasmine Asian Food Court, Student Activities Center (SAC) Food Court, Tabler Café, plus Starbucks, Jamba Juice/Sandelia's Flatbread Café, Kosher, Halal NY and pizza delivery!

*Unlimited” and “Meals per week” options cannot be used at retail locations, only Dining Dollars, cash, credit or Wolfe Wallet.

LEARN MORE & SELECT A PLAN AT bit.ly/NEWmealplan

*New York state sales tax exempt

1Declining balance plans, similar to the Fall 2015 and Spring 2016 meal plans, are still being offered to returning students

QUESTIONS?
Call the meal plan office at 631.632.6517 or email mealplan@stonybrook.edu

STAY CONNECTED

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