*Important OLLI Information*

The OLLI Bulletin is created and published just once at the start of each term. Unlike our online course catalog and workshop schedule, the bulletin is not updated as changes are made to workshop offerings. For the most current information on our workshops, please visit the online course catalog and the two-page print schedule. Links to all 3 of these resources are provided on the home page of the OLLI website. Printed versions of the schedule are also available in the OLLI office.

Phone Number: 631-632-OLLI (6554) or 631-632-7063
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**Monday AM**

**How to Read Music**

Learn how to read music while having fun. No knowledge/ability necessary. We will learn notes, pitches, notation, rhythms and chords. Come and join us.

*Instructors: N. Bernstein*
*Dates: 2/20/2017 - 5/1/2017*
*Day: M Time: 8:30 - 9:45AM*
*11 Session(s) in Social and Behavioral Sciences SBS N119*

**Op-Ed Monday**

Here's the place to share that thought-provoking article, that insight-filled column you've found across from the Editorial Page. We take turns presenting opinion pieces and discussing the issues contained therein. We focus primarily on politics, social and economic policy and social trends--but if YOU think something is great, it fits!

*Instructors: S. Kirk*
*Dates: 2/20/2017 - 5/1/2017*
*Day: M Time: 8:30 - 9:45AM*
*11 Session(s) in Social and Behavioral Sciences SBS S104*

**Practical Mystic**

Discussion of why "practical mysticism" is less an oxymoron than a redundancy.

*Instructors: D. Bybee*
*Dates: 2/20/2017 - 5/1/2017*
*Day: M Time: 8:30 - 9:45AM*
*11 Session(s) in Social and Behavioral Sciences SBS S109*
Tai Chi for Arthritis & Fall Prevention Advanced 08:30am

Although especially great for arthritis, Tai Chi for Arthritis is an evidence-based falls prevention program that uses the principles and movements of Tai Chi in helping senior citizens improve their balance and increase their confidence in doing everyday activities. Tai Chi classes are led by a trained and certified instructor, the class meets twice a week on Monday and Thursday, 60 minute sessions, for 8 weeks. This session meets from 10:00 a.m. - 11:00 a.m. No prior Tai Chi experience is needed and it is great for beginners. Participants must be committed to attending at least 12 of the 16 class sessions, but attendance at all 16 classes is preferred. Attendance during week one is mandatory for participation due to safety reasons. This program is offered through Stony Brook Trauma Center on behalf of the NYS Department of Health Older Adult Fall Prevention Program.

Instructors: K. Lyn Ladowski, M. Chandick
Dates: 2/20/2017 - 4/13/2017
Day: M, Th  Time: 8:30 - 9:30AM
16 Session(s) in Social and Behavioral Sciences SBS S102

Virtual Investing Club

Members of the investing club will be required to report on their favorite investments, deciding how much virtual money to invest in them and when to sell. We will also have lessons in investing, study some investing resources and analyze stock market current events presented by our new members in lieu of a report. Caveat: Class discussions shall not be construed as investment or financial recommendations.

Instructors: C. Lemaire, B. Long, P. Pidgeon, S. Kelman
Dates: 2/20/2017 - 5/1/2017
Day: M  Time: 9:30 - 11:15AM
11 Session(s) in Social and Behavioral Sciences SBS N112

Tai Chi for Arthritis & Fall Prevention Beginner 10:00am

Although especially great for arthritis, Tai Chi for Arthritis is an evidence-based falls prevention program that uses the principles and movements of Tai Chi in helping senior citizens improve their balance and increase their confidence in doing everyday activities. Tai Chi classes are led by a trained and certified instructor, the class meets twice a week on Monday and Thursday, 60 minute sessions, for 8 weeks. This session meets from 10:00 a.m. - 11:00 a.m. No prior Tai Chi experience is needed and it is great for beginners. Participants must be committed to attending at least 12 of the 16 class sessions, but attendance at all 16 classes is preferred. Attendance during week one is mandatory for participation due to safety reasons. This program is offered through Stony Brook Trauma Center on behalf of the NYS Department of Health Older Adult Fall Prevention Program.

Instructors: K. Lyn Ladowski, M. Chandick
Dates: 2/20/2017 - 4/13/2017
Day: M, Th  Time: 10:00 - 11:00AM
16 Session(s) in Social and Behavioral Sciences SBS S102

Advanced Creative Photography

This workshop is for those who have a command of both digital cameras and photo editing software and are looking to express themselves creatively through photography. We will explore ways to enhance creativity "in camera" and in post processing, by sharing still images, original photography books, slideshows and videos. We will explore many forms of creative photographic expression including, blending images, photo merges, compositing, digital painting, light photography, time exposures and low light photography.

Instructors: A. Bari, V. Bushart, D. Diamond, W. Shakin
Dates: 2/20/2017 - 5/1/2017
Day: M  Time: 10:00 - 11:15AM
11 Session(s) in - TBA - TBA
Continuation of Spanish I
We will continue to study vocabulary, learning proper pronunciation, and reading. Emphasis will be on speaking simple sentences. REMARKS: The required text: "Learning Spanish the Fast and Fun Way", 3rd edition, by: Gene M. Hammitt and Heywood Wald. Limited 20 members.
Instructors: A. Bahr
Dates: 2/20/2017 - 5/1/2017
Day: M Time: 10:00 - 11:15AM
11 Session(s) in Social and Behavioral Sciences SBS N114B

Drawing from Life
We will draw from real objects and live people, not from photographs, and we will hone our powers of observation.
Instructors: P. Ballan
Dates: 2/20/2017 - 5/1/2017
Day: M Time: 10:00 - 11:15AM
11 Session(s) in Social and Behavioral Sciences SBS S104

Frank, Barbara, Elvis and Musical Guests
This workshop will highlight the lives, music and careers of "cultural icons": Frank Sinatra, Barbra Streisand and Elvis Presley. You-tubes, Dvd's, Cd's will be utilized. Biographical moments and career highlights will be discussed. The goal of my workshop is to provide an informative, nostalgic and enjoyable musical experience.
Instructors: G. Field, S. Field
Dates: 2/27/2017 - 5/1/2017
Day: M Time: 10:00 - 11:15AM
10 Session(s) in - TBA – TBA

From Jesus to Christ
This discussion is the second in our historical trilogy. Our conversation will include the earliest Christian community referred to as the Jerusalem church of which James, the brother of the crucified Jesus, was the leader. We look at the relationship with Paul and discuss the two watershed events in the early history of Christianity: the Apostolic Council and the incident at Antioch where Peter and Paul come to loggerheads. We then move on to a history of Paul and the two philosophies: Jesus the historical man and Paul's Christ.
Instructors: J. Molfetta
Dates: 2/20/2017 - 5/1/2017
Day: M Time: 10:00 - 11:15AM
11 Session(s) in - TBA – TBA

History through Literature
History has always been a good source of novels that illustrate the eternal aspects of the human condition. This workshop will focus on six works including "The Underground Railroad" by Colson Whitehead; "The Last Days of Night" by Graham Moore; "Strawberry Fields" by Mariana Lewycka. The rest of the semester's books will be chosen by workshop participants.
Instructors: R. Adler, P. Wortman
Dates: 2/20/2017 - 5/1/2017
Day: M Time: 10:00 - 11:15AM
11 Session(s) in - TBA – TBA
iPhone & iPad: The Information That Should Have Been in the Box
In just the past few years, the iPhone and iPad have changed the way we communicate and retrieve information. In this workshop you will learn how to get the most out of these devices, including going over the latest upgrade to the operating system iOS 10 which includes many wonderful new features. We will cover the use of the phone, emailing, texting, browsing the internet, music and maps. We will go over the many camera features including editing and sharing photos. We will go over the many apps available and try to find the best suited for you. I will demonstrate how easy it is to use Siri to do so many of these functions. I will explain how to get your devices to integrate with each other, with iCloud and your wireless network. To get the most out of this workshop you should have an iPhone and/or iPad and plan to bring them to each class.

Instructors: S. Goldstein
Dates: 2/20/2017 - 5/1/2017
Day: M Time: 10:00 - 11:15AM
11 Session(s) in - TBA – TBA

Italian for Fun 3
Italian for Fun 3 is a continuation of Italian for Fun 1 and 2. As it is an intermediate level class, some previous knowledge of Italian is helpful. We will continue to learn and practice the Italian language and to explore and discuss the different aspects of the Italian culture.

Instructors: J. D’Onofrio
Dates: 2/27/2017 - 5/1/2017
Day: M Time: 10:00 - 11:15AM
10 Session(s) in Social and Behavioral Sciences SBS N119

La France D’Aujourd’hui
Geared to the intermediate level, this workshop will offer French language students another opportunity to expand & practice their skills. We will feature French language movies plus current French publications & use these as the basis for discussion.

Instructors: B. Liebermann, T. Greenberg
Dates: 2/20/2017 - 5/1/2017
Day: M Time: 10:00 - 11:15AM
11 Session(s) in - TBA – TBA

Latin One Part 2
In the second semester of the introductory Latin course, we will continue to learn both the basics of Latin structure and to look at uses of Latin in its original context. The class is open to anyone who has had any background in Latin, even if it was a number of years past. The text is available to be downloaded without charge on line.

Instructors: T. Hayes
Dates: 2/20/2017 - 5/1/2017
Day: M Time: 10:00 - 11:15AM
11 Session(s) in - TBA – TBA
The Science of Mindfulness (with Meditation)
This will be a continuation of a series on the "science of mindfulness, a research-based path to well-being". I will continue to use the Great Courses DVDs. Each class will start with a short guided relaxing meditation, followed by the viewing of a 30 minute DVD, and then by another guided meditation and discussion. Everyone is welcome, even if you have never meditated before or attended the first semester. Learn techniques that can transform your mind joining ancient wisdom practices and scientific methodology
Instructors: M. Ruhe
Dates: 2/20/2017 - 5/1/2017
Day: M Time: 10:00 - 11:15AM
11 Session(s) in - TBA – TBA

Willa Cather
We will be concerned with two short novels "A Lost Lady" & "My Mortal Enemy" as bookends to a modest collection, "Great Short Works of Willa Cather" introduced by Robert K. Miller, First session will deal with the start of "A Lost Lady".
Instructors: D. Daly, G. Madden-Koch
Dates: 2/20/2017 - 5/1/2017
Day: M Time: 10:00 - 11:15AM
11 Session(s) in - TBA – TBA

Cosmology
This is a continuation of the workshop offered in the fall. We will discuss such topics as the big bang, the expanding universe, dark matter, dark energy, black holes and the cosmic wave background. We will show how we come to know the various features of the universe recently added to our understanding. The DVD series by Mark Whittle will be used.
Instructors: A. Forman
Dates: 3/6/2017 - 5/1/2017
Day: M Time: 11:30AM - 12:45PM
9 Session(s) in - TBA – TBA

English History: The 20th Century
This workshop offers a survey of English history since World War 2. Through the use of video and discussion, we will look at the major events and leaders of the recent past in England from the accession of Elizabeth I through the Brexit issue.
Instructors: D. Gable
Dates: 2/27/2017 - 5/1/2017
Day: M Time: 11:30AM - 12:45PM
10 Session(s) in - TBA – TBA

Give Us Your Best Shot
This is a participatory photography workshop. Each week members send in an original, unedited image and the same image, edited. Class members then suggest ideas for further revision or additional techniques to try. Those suggestions are immediately applied using lightroom and further discussion ensues. It’s fun, helps you see your images as others see them, and ultimately helps bring your photography to the next level.
Instructors: P. Breslauer, B. Chadakoff, D. Crinnian, D. Diamond
Dates: 2/20/2017 - 5/1/2017
Day: M Time: 11:30AM - 12:45PM
11 Session(s) in - TBA - TBA
Short Story Masters
We will continue with the work of Tobias Wolff ("Back in the World") and Eudora Welty ("The Collected Stories"). Our first meeting will concern "The Hitch-Hikers" and "Old Mr.Marble Hall", both by Welty.
Instructors: D. Daly, G. Madden-Koch
Dates: 2/20/2017 - 5/1/2017
Day: M Time: 11:30AM - 12:45PM
11 Session(s) in - TBA – TBA

Tai Chi for Arthritis & Fall Prevention Beginner 11:30am
Although especially great for arthritis, Tai Chi for Arthritis is an evidence-based falls prevention program that uses the principles and movements of Tai Chi in helping senior citizens improve their balance and increase their confidence in doing everyday activities. Tai Chi classes are led by a trained and certified instructor, the class meets twice a week on Monday and Thursday, 60 minute sessions, for 8 weeks. This session meets from 11:30 a.m. - 12:30 a.m. No prior Tai Chi experience is needed and it is great for beginners. Participants must be committed to attending at least 12 of the 16 class sessions, but attendance at all 16 classes is preferred. Attendance during week one is mandatory for participation due to safety reasons. This program is offered through Stony Brook Trauma Center on behalf of the NYS Department of Health Older Adult Fall Prevention Program.
Instructors: K. Lyn Ladowski, M. Chandick
Dates: 2/20/2017 - 4/13/2017
Day: M, Th Time: 11:30AM - 12:30PM
16 Session(s) in Social and Behavioral Sciences SBS S102

Monday PM
Advanced Competitive Bridge
This workshop encourages participants to play with the knowledge of the following conventions: 2/1, 1NT Forcing, Jacoby 2NT, Splinters, Michael's Cue Bid, Unusual 2NT, Stayman, Jacoby Transfers, Weak Two Bids, 2C Opener, Doubles, Inverted Minors, Weak Jump Bids, Limit Raises, and RKC Blackwood. Lessons are designed to review and refresh our knowledge of these conventions. The workshop meets at the Neighborhood House in Setauket.
Instructors: L. Kopp, M. Miller
Dates: 2/20/2017 - 5/1/2017
Day: M Time: 12:15 - 4:00PM
11 Session(s) in Setauket Neighborhood House Neighborhood House RM 1

Tai Chi for Arthritis & Fall Prevention Advanced 1:00pm
Although especially great for arthritis, Tai Chi for Arthritis is an evidence-based falls prevention program that uses the principles and movements of Tai Chi in helping senior citizens improve their balance and increase their confidence in doing everyday activities. Tai Chi classes are led by a trained and certified instructor, the class meets twice a week on Monday and Thursday, 60 minute sessions, for 8 weeks. This session meets from 1:00pm - 2:00pm. No prior Tai Chi experience is needed and it is great for beginners. Participants must be committed to attending at least 12 of the 16 class sessions, but attendance at all 16 classes is preferred. Attendance during week one is mandatory for participation due to safety reasons. This program is offered through Stony Brook Trauma Center on behalf of the NYS Department of Health Older Adult Fall Prevention Program.
Instructors: K. Lyn Ladowski, M. Chandick
Dates: 2/20/2017 - 4/13/2017
Day: M, Th Time: 1:00 - 2:00PM
16 Session(s) in Social and Behavioral Sciences SBS S102
Exploring the Metropolitan Museum of Art
The MMA is possibly the most encyclopedic museum in the world. In this workshop, we continue to explore the history and holdings of the museum from the ancient to the modern, from sculpture to costume design, from Old Masters to Contemporary Art. We will also discuss special exhibits and related works at other museums, including the Frick Collection, the Whitney, the Museum of Modern Art, and others.
Instructors: A. Bari
Dates: 2/27/2017 - 5/1/2017
Day: M  Time: 1:00 - 2:15PM
10 Session(s) in - TBA - TBA

On1 Photo Editing Part 2
This workshop will continue to explore the ON1 Photo Editing Suite. Participants must have a strong working knowledge of the Enhance and Layers modules covered in Fall 2016. In each session we will demonstrate the various tools in the Effects and Portrait modules followed by hands on student participation showing how one can improve the image feel and make the picture "pop" using ON1. This tool can be used as a plug-in from Lightroom or Photoshop but can also be a standalone image processing system.
Instructors: D. Darvin, R. Oliva
Dates: 2/20/2017 - 5/1/2017
Day: M  Time: 1:00 - 2:15PM
11 Session(s) in Social and Behavioral Sciences SBS N123

Photography Before Photoshop, Part 2
This is a continuation of a basic course on the fundamentals of photography using all types of digital cameras from smart phones to single lens reflex cameras. Part 2 will cover applying the techniques of photography, how to use natural and artificial lighting, and in camera special effects. The course will also review current photography software, introduction to color management systems and printing, scanning, and archival mounting, framing and storage practices. It is recommended that you either took Part 1 of this course or have an understanding of the controls of your camera.
Instructors: F. De Rubeis
Dates: 2/20/2017 - 5/1/2017
Day: M  Time: 1:00 - 2:15PM
11 Session(s) in Social and Behavioral Sciences SBS S104

Things Italian
Continuing our journey throughout Italy through the magic of video, we will visit additional cities and regions of this fascinating peninsula country. The emphasis will be on food and art, but music and other aspects of the Italian culture will also be examined. You might learn a few Italian words and expressions as well. Venite al paese il più bello del mondo.
Instructors: D. Gable
Dates: 2/27/2017 - 5/1/2017
Day: M  Time: 1:00 - 2:15PM
10 Session(s) in - TBA - TBA
World War 2
I will continue to present episodes dealing with secrets of the war, little known military operations, intelligence operations, battle of the Atlantic, major campaigns in the Pacific, Europe and Asia and other stories that clarify the war. At all sessions, a presentation will be given and a DVD will be shown that will enhance the presentation.

Instructors: D. Hensen
Dates: 2/20/2017 - 5/1/2017
Day: M Time: 1:00 - 2:15PM
11 Session(s) in Social and Behavioral Sciences SBS S102

Watercolor for Beginners
This workshop offers instruction in the basic techniques of watercolor and information on the selection of paints, paper, brushes and other tools. We will explore the basics of color theory and composition by studying the work of accomplished watercolor painters and watching video tutorials. Techniques such as glazing, applying washes and masking will be demonstrated. The goal is to realize the artistic potential in each participant. Participants should have basic drawing skills equivalent to those learned in OLLI drawing workshops.

Instructors: A. Lesser, P. Pelletier
Dates: 2/20/2017 - 5/1/2017
Day: M Time: 2:30 - 4:30PM
11 Session(s) in Social and Behavioral Sciences SBS S109

Tuesday AM
Current Affairs in Israel
Israel is a small country with only about 8 M people yet, it seems to be constantly in the news. It is the only true Democracy in the Middle East surrounded by Arab countries who at one time or another were in a state of war with the only Jewish State on the face of the globe. Despite this hostile neighborhood Israel has flourished economically. It is a world center of Hi-Tech, Science, Medicine and Learning. Participants choose their articles from any news source and bring the info to the attention of the class. Class members follow with discussions in depth and diverse opinions. If Israel is of interest to you, this is where you may find more info than is offered in the media. This is where you can ask your questions and offer your personal views.

Instructors: D. Weisman, R. Weiss
Dates: 2/21/2017 - 5/2/2017
Day: Tu Time: 8:30 - 9:45AM
11 Session(s) in Social and Behavioral Sciences SBS S102

Hidden Treasures - Hiking, Kayaking and Nature Photography
Long Island has so many opportunities for nature photography, but they are often hidden treasures unknown to most. This course will give locations and examples of wonderful nature captures. My focus will be on photographing birds, plants and other wildlife.

Instructors: S. Steinmann
Dates: 2/21/2017 - 5/2/2017
Day: Tu Time: 8:30 - 9:45AM
11 Session(s) in Social and Behavioral Sciences SBS N119
Business of Sports
If you love New York sports teams and their history, this workshop is for you! Join us analyzing the games, trades, salaries and performances of our beloved Mets, Yankees, Giants, Jets, Islanders, Rangers, Knicks, Nets and SBU's Seawolves. We'll have a lot of fun again second guessing our team's owners, managers and players. Exciting DVD's and special guest speakers will help us follow the economics of Spring Training, March Madness, plus the NBA and NHL playoffs.
Instructors: J. Hollander
Dates: 2/21/2017 - 5/2/2017
Day: Tu Time: 10:00 - 11:15AM
11 Session(s) in - TBA - TBA

Elements of Composition in Photography
In this mini workshop we will consider some major approaches to creating great images: simplicity, concept of thirds, expressing three dimensions on a two dimensional surface, leading lines, framing and cropping. Emphasis will be on discussing your images, emailed to me in response to weekly assignments. Use of any imaging equipment, from cellphones to the latest digital cameras is acceptable. New and returning students are welcome.
Instructors: W. Hammer
Dates: 4/4/2017 - 5/2/2017
Day: Tu Time: 10:00 - 11:15AM
5 Session(s) in Social and Behavioral Sciences SBS S102

Law and Politics
We will discuss political events of topical interest, have guest speakers who are politicians, lawyers, academics, and other individuals who are of interest.
Instructors: L. Farano, P. Knel, R. Ober
Dates: 2/21/2017 - 5/2/2017
Day: Tu Time: 10:00 - 11:15AM
11 Session(s) in - TBA – TBA

Poetry Out Loud
We will continue to explore the beauty and power of poetry through the discussion of poems presented by members of the workshop. This collaborative effort encourages participants to introduce their favorite poets, poems and any poetry related material to the group.
Instructors: F. Mondry
Dates: 2/21/2017 - 5/2/2017
Day: Tu Time: 10:00 - 11:15AM
11 Session(s) in Social and Behavioral Sciences SBS N112
War on Science—Why it Matters and what we can do about it
This lecture/discussion workshop will focus on how ideology and rhetoric have captured policy discussions with a brazen and willful denial of the facts of science. We will discuss the critical role of science in understanding human-induced climate disruption, evolution, environmental pollution, ocean health, clean energy, GMO’s, eugenics, stem cells, and new technology. We will discuss the role of the media, organized religion and politics in distorting the truth about science and what must be done to combat it.

Instructors: A. Tobin
Dates: 2/21/2017 - 5/2/2017
Day: Tu  Time: 10:00 - 11:15AM
11 Session(s) in - TBA – TBA

Wellness and Aging
The overall objective of this workshop is to present strategies to achieve and maintain optimum health and well-being. Decisions we make regarding nutrition, physical fitness, mental activity, and socialization impact our quality of life, regardless of our current age. This workshop will utilize the Great Courses “Lifelong Health: Achieving Optimum Well Being at Any Age” lectures. I will supplement it with material from Universal Courses “Lifetime Wellness” course, which I am presently taking.

Instructors: L. Donofrio
Dates: 2/21/2017 - 4/25/2017
Day: Tu  Time: 10:00 - 11:15AM
10 Session(s) in - TBA – TBA

DNA, Genes, and their Societal Applications
This is a continuation of the Workshop held in the Fall 2016 semester. We will first review: 1. the beautiful double-helical structure of DNA that reveals how this molecule can serve, for practically all organisms, its central role as the genetic material; 2. how the genetic information in DNA is expressed to yield the characteristics (phenotype) of an organism; 3. the development in the 1970s of recombinant DNA technology, that has provided the basis for all of modern-day biotechnology.

We will then consider uses of this "genetic engineering" technology for various purposes; e.g., isolation and expression of genes for clinically important human proteins that are in short supply, molecular medicine, production of genetically modified organisms (GMOs), etc. The workshop is aimed at non-scientists. It will continue to be based upon both a series of DVD lectures, and the 30+ years of experience of the workshop leader in directing research in the field of molecular biology.

Instructors: C. Bancroft
Dates: 2/21/2017 - 5/2/2017
Day: Tu  Time: 11:30AM - 12:45PM
11 Session(s) in - TBA - TBA

History of the Future
For years people have been writing histories of the past. That's easy. They simply took note of things that happened and tried to make sense of it all.

Writing about the future was unthinkable. That is until now. This workshop will "write" the history of the future. Although not recommended for investors, gamblers, or astrologists, this workshop is particularly suitable.

Instructors: B. Stasiuk
Dates: 2/21/2017 - 5/2/2017
Day: Tu  Time: 11:30AM - 12:45PM
11 Session(s) in - TBA - TBA
Poetry Workshop
Participants bring in their poetry writing to share and explore how to work on writing poetry.
*Instructors: G. Kaplan*  
*Dates: 2/21/2017 - 5/2/2017*  
*Day: Tu Time: 11:30AM - 12:45PM*  
11 Session(s) in Social and Behavioral Sciences SBS S104

So, You Think You Can't Draw? Yes, You Can! - Beginners
Drawing is a form of creative expression. Using pencil and sketch pad, you will learn many ways to draw, modeling, line, sketching and contouring. Drawing is a function of eye/hand coordination, a skill that can be learned. Beginning with one object, and progressing through the workshop, to a composition, you will develop your own style of expression.
*Instructors: A. Goldstein, D. Sterrett*  
*Dates: 2/21/2017 - 5/2/2017*  
*Day: Tu Time: 11:30AM - 12:45PM*  
11 Session(s) in Social and Behavioral Sciences SBS N112

Think Jung! Finding Your Light in the Darkness
We will focus on important issues confronting us in what Jung might have called the last or “the third-half of life.” We will discuss topics such as: What should be on your psychological bucket list (for example, increased social interaction and support)? Are there items in your psychological basement you need to discard in order to move into the light (for example, reducing contact with toxic people)? Do you need to find your own inner spirituality, or is it OK that “God is dead”? What are your goals for the remaining years of your life that you consider finding the light? How should we handle our diminished mental and physical capacity? We will read short blogs and book excerpts and view scenes from movies that illustrate these issues and promote discussion.
*Instructors: P. Wortman*  
*Dates: 2/21/2017 - 5/2/2017*  
*Day: Tu Time: 11:30AM - 12:45PM*  
11 Session(s) in TBA - TBA

Tuesday PM
Art of the Short Story
Short stories are a challenging and provocative literary form. Join our friendly supportive group as we consider context and craft in discussions led by group members. For the first meeting, a short-short story will be provided for reading and discussion. Thereafter, each week the group will consider two stories from a short story anthology available for purchase in class.
*Instructors: I. Kelly*  
*Dates: 2/21/2017 - 5/2/2017*  
*Day: Tu Time: 1:00 - 2:15PM*  
11 Session(s) in Social and Behavioral Sciences SBS S104
How the Universe Works
We will explore key concepts in physics that explain the world. This workshop for non-physicists delves into the nature of motion, space time, matter and gravity from a cultural and historical perspective.
_instructors: A. Bari
_Dates: 2/28/2017 - 5/2/2017
Day: Tu  Time: 1:00 - 2:15PM
10 Session(s) in - TBA – TBA

Famous People & Great Interviews
A study of famous people and/or events viewed with in-depth interviews and documentaries. Each week we will get up-close and personal with famous politicians, actors, writers, comedians, etc. Following the interviews, we will share our thoughts and opinions on the person or persons of the day. A very common reaction heard at the end of the class is: "I did not think I was going to enjoy this week’s subject, but he/she was fascinating. I came away with a totally different opinion.”
_instructors: D. Leader
_Dates: 2/21/2017 - 5/2/2017
Day: Tu  Time: 1:00 - 2:15PM
11 Session(s) in - TBA - TBA

Seinfeld the Catskills and Beyond
If you’d like to share fond memories of the Catskills Era, join us for a nostalgic trip revisiting the Borscht Belt’s hotels and steady stream of “Mr. Saturday Nights”. Weekly humor will be provided by legends such as Jerry Seinfeld, Alan King, Freddie Roman, Mal Z. Lawrence, Don Rickles, Billy Crystal, Robert Klein, Rodney Dangerfield and Jackie Mason. We’ll reminisce about the way we were and share cherished memories of those resort night clubs which launched many careers before Vegas. Our semester will be filled with nonstop laughter from those hilarious Kings of Comedy.
_instructors: J. Hollander, D. Hollander
_Dates: 2/21/2017 - 5/2/2017
Day: Tu  Time: 1:00 - 2:15PM
10 Session(s) in - TBA – TBA

So, You Think You Can't Draw? Yes, You Can! - Advanced
This is an advanced workshop in drawing. Using black and white contrast, modeling will be achieved with pencil and charcoal, in composition drawings. A prerequisite is drawing experience or enrollment in "So, You Think You Can’t Draw? Yes, You Can! Beginners"
_instructors: A. Goldstein, D. Sterrett
_Dates: 2/21/2017 - 5/2/2017
Day: Tu  Time: 1:00 - 2:15PM
11 Session(s) in Social and Behavioral Sciences SBS N119
Beginning Bridge - Conventions Continued
Last semester we learned slam bidding (Gerber, blackwood, cue bidding controls, Jacoby 2NT over a major, Michaels cue bids, the unusual 2NT, reverses and jump shifts, splinter bids and 4 kinds of doubles. This semester we will complete those conventions necessary for the graduates to fit into the Intermediate class in the fall. These will be: I NT/ forcing, 2 over 1, New Minor forcing, 4th suit forcing, cue bid raises, preempts and weak 2’s including features, and Roman Key card. THIS CLASS IS NOT APPROPRIATE FOR ABSOLUTE BEGINNERS. Beginning bridge will start from the beginning in the fall of 2017
Instructors: L. Good, J. Harvey
Dates:  2/21/2017 - 5/2/2017
Day: Tu   Time:  1:15 - 3:45PM
11 Session(s) in Atria Atria Lower Level

Duplicate Bridge
This workshop will be devoted to reviewing basic concepts of bidding as well as common conventions. Everyone is expected to play the 2/1 system (including 1NT forcing or semi-forcing) along with the various conventions that have been covered in previous semesters. This workshop will provide you with an opportunity to enhance your bidding, play, and defense in a duplicate bridge environment. Participants are expected to know and utilize common conventions and concepts covered in previous OLLI bridge workshops. Additional instruction will be provided to reinforce your skills. Contact one of the instructors if you are unsure of your level or placement.
Instructors: A. Fox, S. Shore
Dates:  2/21/2017 - 5/2/2017
Day: Tu   Time:  1:15 - 4:00PM
11 Session(s) in Setauket Neighborhood House Neighborhood House RM 1

Intermediate Watercolor
In this workshop we will explore more advanced techniques /concepts in watercolor painting. This includes, but is not limited to, portrait painting, figure studies in landscapes, and abstract painting. We will continue studying the work of accomplished watercolor artists, following video tutorials to create our own paintings. Since we will use the techniques learned in the Watercolor Basics workshop participants should be familiar with these skills or have experience in watercolor, along with basic drawing. Our goal is to grow together as watercolor artists.
Instructors: R. Stone, H. Goldberg
Dates:  2/21/2017 - 5/2/2017
Day: Tu   Time:  2:30 - 4:30PM
11 Session(s) in Social and Behavioral Sciences SBS S109

Watercolor Studio
This workshop is for people who have had previous experience with water based painting and can work independently. We begin each session with a positive critique of any work members choose. We typically continue to exchange ideas during the painting session. Member demonstrations are encouraged.
Instructors: D. Sterrett, J. Stone
Dates:  2/21/2017 - 5/2/2017
Day: Tu   Time:  2:30 - 4:30PM
11 Session(s) in Social and Behavioral Sciences SBS S104
**Wednesday AM**

**Photoshop 101 - 102**  
(This is the second part of a 2 part workshop. Participation in part 1 is not required, although we will be moving ahead with skills previously taught.) Photoshop is a powerful program for photographers who strive to create truly artistic images. Learn to make both global and selective changes through the magic of layers. From the basics of cloning, healing and artistic cropping, to replacing skies, combining elements of different photos, collaging, creating black and white images, and printing your masterpieces, this full-year course will systematically show members how to navigate this wonderful program called "Photoshop". Requirements: working knowledge of computers, and a current version of Photoshop. (We use Photoshop CS5)  
*Instructors: C. Ciarelli, J. Golden, C. Goldstein, R. Oliva*  
*Dates: 2/22/2017 - 5/3/2017*  
*Day: W Time: 8:30 - 10:45AM*  
11 Session(s) in Social and Behavioral Sciences SBS S104

**Food: A History Part III**  
Ever wonder why we eat what we eat? It has been said that civilization began with our quest for food and it is this quest that has influenced the course of human development. In Part III we will continue with the Great Courses DVD series on food history starting with colonial cooking and ending with the present day controversy over GMOs. Each video lesson is 30 minutes long which leaves plenty of time for class discussion. This is not a cooking class but foods may be brought in that relate to the topic.  
*Instructors: P. Akras*  
*Dates: 2/22/2017 - 5/3/2017*  
*Day: W Time: 8:30 - 9:45AM*  
11 Session(s) in Social and Behavioral Sciences SBS S102

**Spy versus Spy: Espionage in Fact and Fiction**  
We will explore the shadowy world of spies, using classic authors of the spy genre such as Joseph Conrad, John Buchan, Ian Fleming, John Le Carré, and Alan Furst, supplemented with non-fiction works by contemporary British and American writers. The time period covered will be from the early twentieth century to the present. This workshop will feature Powerpoint presentations, supplemented with films and BBC productions, and discussion based on our readings.  
*Instructors: T. Greenberg*  
*Dates: 2/22/2017 - 5/3/2017*  
*Day: W Time: 8:30 - 9:45AM*  
11 Session(s) in Social and Behavioral Sciences SBS N112

**Poets at Work**  
A collaborative workshop for those who enjoy reading and writing contemporary poetry, and who want to gain depth and control of their work. Participants will read their own poems, as time permits, and offer thoughtful, respectful feedback to their colleagues. Writing skills will be strengthened in an atmosphere of support and encouragement.  
*Instructors: C. Schmidt*  
*Dates: 2/22/2017 - 5/3/2017*  
*Day: W Time: 9:30 - 11:15AM*  
11 Session(s) in Social and Behavioral Sciences SBS N114B
Am I My Father's Son? - Wednesday
The objective of this group is to share experiences and feelings about topics that generally affect men. Members will take turns as moderator. The topics are chosen by the workshop members. Participants are expected to be supportive and non-judgmental. Each will be considered an equal participant in a non-threatening environment. This workshop is designed explicitly for men but, as with all workshops of the Osher Lifelong Learning Institute (OLLI) at Stony Brook University, it is open to all members.
Instructors: J. Roth
Dates: 2/22/2017 - 5/3/2017
Day: W Time: 10:00 - 11:15AM
11 Session(s) in Social and Behavioral Sciences SBS S109

Battle History of the American Civil War 1863-1865
A look at the bloodiest war in American History. We'll trace the war in a chronological manner with emphasis on the principal battles.
Instructors: R. Meyer
Dates: 2/22/2017 - 5/3/2017
Day: W Time: 10:00 - 11:15AM
11 Session(s) in - TBA – TBA

Digesting a Good Book
Read a book. Have a lively discussion with other OLLI members in a friendly atmosphere. Debate the style and quality of the writing, the characters, the plot, and the themes explored in the book. Members select the works of fiction or non-fiction to be "digested."
We meet once a month on Wednesdays:
*Please read "Life After Life" By Kate Atkinson for the first session. This workshop meets on February 22, March 22 and April 26
Instructors: D. Geils, J. Sadoff
Dates: 3/8/2017 - 5/3/2017
Day: W Time: 10:00 - 11:15AM
3 Session(s) in - TBA – TBA

Medical Lecture Series
This workshop will consist of a series of 8 lectures, 7 given by doctors, 1 given by a dietitian. The speakers will combine discussions with power point presentations, and question & answer periods. Topics to be covered: Epilepsy, Parkinson’s disease, Breast Cancer, Colon Cancer, The Aging Eye, Healthy Eating, Prostate Cancer, Osteoporosis, Healthy Heart.
Instructors: D. Weisman
Dates: 3/1/2017 - 4/26/2017
Day: W Time: 10:00 - 11:15AM
8 Session(s) in - TBA – TBA
Sex, Lies, and Makeovers: Ovid's Metamorphoses, Pt. 2
In this second semester, we will read the second half of Ovid's Metamorphoses. The course is based on a close reading of one of the most important works of Latin literature--one that has had a profound effect on the development of the literature of Europe and which continues to resonant today in works by poets and visual artists, as well as from the opera house to Broadway. The course is open to all, but there will be some reference to how Ovid fashioned the work, with examples from Latin.

Instructors: T. Hayes
Dates: 2/22/2017 - 5/3/2017
Day: W Time: 10:00 - 11:15AM
11 Session(s) in Social and Behavioral Sciences SBS N119

Spanish for Intermediates
We will continue to study vocabulary, phrases and expressions and culture of the Spanish-speaking world. Emphasis will be on speaking and conversations, learning proper pronunciation and reading, together with essential grammar. The required text is, Practice Makes Perfect: Complete Spanish Grammar 2ed. By Gilda Nissenberg, Ph.D. and Spanish Reader Intermediate 1 by Iris Acevedo A.; ISBN 9781491233054
Instructors: C. Sachs
Dates: 3/8/2017 - 5/3/2017
Day: W Time: 10:00 - 11:15AM
9 Session(s) in Social and Behavioral Sciences SBS N112

Ten Great Composers: Their Lives and Music
This workshop will focus in more detail on ten of the composers whose music we began to explore in “Classical Music: Themes and Variations” (Fall 2016). The talented and colorful characters who created such a remarkable legacy of classical music from the late eighteenth to the early twentieth centuries lived in dramatic times, and often led unconventional lives. We will learn more about them through lectures, documentary films and by listening to examples of their best music. Beginning with Haydn and Mozart, we follow the history of classical music through Beethoven and Tchaikovsky to twentieth-century composers like Copeland and Stravinsky. The purpose of the workshop is to make the classical tradition more accessible and more meaningful for everyone, with or without musical training, and of course to share and enjoy the music and the stories

Instructors: D. Bouchier
Dates: 2/22/2017 - 5/3/2017
Day: W Time: 10:00 - 11:15AM
11 Session(s) in - TBA - TBA

Chess Makes Life Better
Chess, the Royal Game, is over 1400 years old, so come on in and learn to play. We can teach you the moves in 30 minutes and you can spend the rest of your life improving your game. Join our tournament. All Skill levels are welcome.

Instructors: I. Ross, F. Strakosch, S. Kelman
Dates: 2/22/2017 - 5/3/2017
Day: W Time: 10:00AM - 1:00PM
11 Session(s) in Social and Behavioral Sciences SBS S102
Line Dancing
Line dance for fitness and fun / Learn country-western and international line dances. All levels are welcome, no partner needed. This course will improve your mental and physical abilities, including balance and agility.

Instructors: E. Karmen, M. Karmen
Dates: 2/22/2017 - 5/3/2017
Day: W Time: 11:30AM - 12:45PM
11 Session(s) in - TBA – TBA

Opera, Opera, Opera!
This workshop features video presentations of live performances from the major opera houses of the world. Standard repertory operas are featured, but occasionally a rare or more recent opera may be viewed. Standard operatic language and terms are also explained from time to time.

Instructors: D. Gable
Dates: 2/22/2017 - 5/3/2017
Day: W Time: 11:30AM - 12:45PM
11 Session(s) in - TBA – TBA

Victorian Novels
The age was marked by contending forces and ideas, scientific discovery, evangelical ardor and morality, social injustice, rampant industrial laissez-faire abuses, and idiosyncratic vestiges of Romanticism. The novelists we shall read reveal, through their conflicted characters, the hypocrisy and turbulence of the time. "Sense & Sensibility" "Emma" and "Mansfield Park" are the texts for the semester all written by Jane Austen.

Instructors: C. Siegel
Dates: 2/22/2017 - 4/12/2017
Day: W Time: 11:30AM - 12:45PM
8 Session(s) in Social and Behavioral Sciences SBS N119

Historic Theater
The Tragic Theater Workshop has been temporarily renamed this semester “Historic Theater” to accommodate the subject matter. We’ll read the first three plays of Shakespeare’s historical tetralogy that records the rise and reign of King Henry IV and the emergence of King Henry V: Richard II, Henry IV Part 1 and Henry IV Part 2. To liven up the action Shakespeare invented the character Falstaff, generally acknowledged to be one of his two or three finest creations. We’ll discuss the plays and view video recordings of their productions.

Instructors: A. Bernstein
Dates: 2/22/2017 - 5/3/2017
Day: W Time: 11:30AM - 1:45PM
11 Session(s) in Social and Behavioral Sciences SBS S109
Wednesday PM

7 Habits of Well Rounded Investors
Great investors are proficient in many disciplines. History, Psychology, Literature, Math, Media, Science, and Economics are at the top of the list. Learn how to apply this multi-disciplinary approach to investing. Open your mind to a new way to think about investing and become a more interesting person while you are at it. Curriculum will have a multi-media approach and include guest speakers. This is a purely educational course on the big picture of finance and economics. No investment products will be offered nor will any business be solicited.

Instructors: A. Isola
Dates: 2/22/2017 - 5/3/2017
Day: W
Time: 1:00 - 2:15PM
11 Session(s) in Social and Behavioral Sciences SBS N112

Celebration of Early "Rock" Music
This course takes us on a musical journey through the birth and growth of "Rock" Music. We will celebrate the artistry and personality of many artists. We will listen to the groundbreaking groups of "Rock" Music. Some of the artists include The Beatles, The Rolling Stones, The Who, The Band, Janis Joplin, Jimi Hendrix and Jim Morrison. We will see how the music will "Come Together"
In order to make the course more enjoyable and interactive, we will enjoy "Rock" DVDs. Audience participation will be appreciated. I will be glad to have you join us on our "Magical Mystery Tour."

Instructors: R. Hayes
Dates: 2/22/2017 - 5/3/2017
Day: W
Time: 1:00 - 2:15PM
11 Session(s) in Social and Behavioral Sciences SBS S102

Topics in Philosophy
This workshop covers philosophers and philosophical topics from the ancient Greeks to contemporary thinkers. Last fall we looked at theories about the mind/brain; the previous semester covered theories of ethics. In the Spring of 2017 we focus on various philosophers from ancient to contemporary ones, examining influences upon them from their contemporary social and political contexts and from other philosophers. We will touch upon some topics from the previous workshops

Instructors: N. Newton
Dates: 2/22/2017 - 5/3/2017
Day: W
Time: 1:00 - 2:15PM
11 Session(s) in Social and Behavioral Sciences SBS N119

Who Am I?
The focus of this workshop is to continue the journey of finding answers to that illusive question, "Who Am I." Are we a product of the "nature versus nurture" theory? Or is there more complex and deeper reasons driving the dynamics of how we think, act, and feel the way we do? Together we'll explore not only theoretical theories but also develop some of our own theories based on personal experience and self-reflection.

Instructors: S. Jacquin
Dates: 2/22/2017 - 5/3/2017
Day: W
Time: 1:00 - 2:15PM
11 Session(s) in Social and Behavioral Sciences SBS S104
Aspects of Ancient Egypt
Each session of this workshop will explore a specific area of ancient Egyptian culture, illustrated mainly with slides, occasionally with DVD’s. Included will be topics such as History, Art, Religion, Death & the Afterlife, the Role of Women, and others.
Instructors: G. Rystar
Dates: 2/22/2017 - 5/3/2017
Day: W  Time: 2:30 - 4:00PM
11 Session(s) in Social and Behavioral Sciences SBS S102

Thursday AM
Tai Chi for Arthritis & Fall Prevention Advanced 08:30am
Although especially great for arthritis, Tai Chi for Arthritis is an evidence-based falls prevention program that uses the principles and movements of Tai Chi in helping senior citizens improve their balance and increase their confidence in doing everyday activities. Tai Chi classes are led by a trained and certified instructor, the class meets twice a week on Monday and Thursday, 60 minute sessions, for 8 weeks. This session meets from 10:00 a.m. - 11:00 a.m. No prior Tai Chi experience is needed and it is great for beginners. Participants must be committed to attending at least 12 of the 16 class sessions, but attendance at all 16 classes is preferred. Attendance during week one is mandatory for participation due to safety reasons. This program is offered through Stony Brook Trauma Center on behalf of the NYS Department of Health Older Adult Fall Prevention Program.
Instructors: K. Lyn Ladowski, M. Chandick
Dates: 2/20/2017 - 4/13/2017
Day: M, Th  Time: 8:30 - 9:30AM
16 Session(s) in Social and Behavioral Sciences SBS S102

Ici on parle français
This course is intended for those who have some basic knowledge of the language. We will continue our study of basic vocabulary, structures and grammar as we develop our language skills, especially listening and speaking. Topics to be explored (in a cultural context) are: sports, health, daily routine, and past activities. The use of CDs, videos, handouts and crossword puzzles will aid in the learning process and contribute to the fun. You will sing French songs, participate in short skits, and engage in dialogues. Venez, apprenez et amusez-vous bien!
Instructors: C. McDonnell, C. McDonnell
Dates: 2/23/2017 - 5/4/2017
Day: Th  Time: 8:30 - 9:45AM
11 Session(s) in Social and Behavioral Sciences SBS N112

Sketching Faces and Caricatures
Non-competitive drawing - Fun for all. Come enjoy.
Instructors: D. Finnerty
Dates: 2/23/2017 - 5/4/2017
Day: Th  Time: 9:00 - 11:00AM
11 Session(s) in Social and Behavioral Sciences SBS N119
Am I My Father's Son? - Thursday
The objective of "Am I My Father's Son?" is to share feelings about experiences and topics that affect men. Members will take turns as moderator. The topics are chosen by the workshop members. Participants are expected to be supportive and non-judgmental. Each member will be considered an equal participant in a non-threatening environment. This workshop is designed explicitly for men but, as with all workshops of the Osher Lifelong Learning Institute (OLLI) at Stony Brook University, it is open to all members.
Instructors: K. Buxbaum, S. Flansbaum
Dates: 2/23/2017 - 5/4/2017
Day: Th Time: 9:30 - 11:15AM
11 Session(s) in - TBA - TBA

Tai Chi for Arthritis & Fall Prevention Beginner 10:00am
Although especially great for arthritis, Tai Chi for Arthritis is an evidence-based falls prevention program that uses the principles and movements of Tai Chi in helping senior citizens improve their balance and increase their confidence in doing everyday activities. Tai Chi classes are led by a trained and certified instructor, the class meets twice a week on Monday and Thursday, 60 minute sessions, for 8 weeks. This session meets from 10:00 a.m. - 11:00 a.m. No prior Tai Chi experience is needed and it is great for beginners. Participants must be committed to attending at least 12 of the 16 class sessions, but attendance at all 16 classes is preferred. Attendance during week one is mandatory for participation due to safety reasons. This program is offered through Stony Brook Trauma Center on behalf of the NYS Department of Health Older Adult Fall Prevention Program
Instructors: K. Lyn Ladowski, M. Chandick
Dates: 2/20/2017 - 4/13/2017
Day: M, Th Time: 10:00 - 11:00AM
16 Session(s) in Social and Behavioral Sciences SBS S102

Christology: Understanding Jesus
Who is Jesus? Weekly 25 minute lectures by theologian Fr. Robin Ryan, offer answers from New Testament times, the early Church, Medieval Church including Anselm and Augustine, then Luther and Calvin. Modern theologians include Rahner, Schillebeecks, Guitierrez (liberation Christology), and Elizabeth Johnson (feminist Christology). Final lectures address Christ and the Cosmos and Jesus as Universal Savior.
Instructors: M. Mione
Dates: 2/23/2017 - 5/4/2017
Day: Th Time: 10:00 - 11:15AM
11 Session(s) in - TBA – TBA

Conversational French
This course is conducted entirely in French. Participants are expected to know how to express themselves orally with a certain facility. We begin each class by practicing sophisticated forms of the language. Then, each student, with a partner, presents a dialogue in front of the class. Finally, we will read a short story by a classic French author.
Instructors: C. McDonnell, C. McDonnell
Dates: 2/23/2017 - 5/4/2017
Day: Th Time: 10:00 - 11:15AM
11 Session(s) in Social and Behavioral Sciences SBS N112
History of Western Art
We shall continue to examine milestones in the development and evolution of Western Art. Included are noteworthy achievements in painting, sculpture, photography and architecture. Discussed are the impact of historic events upon the lives and contributions of the artists.

Instructors: M. Heit
Dates: 2/23/2017 - 5/4/2017
Day: Th Time: 10:00 - 11:15AM
11 Session(s) in - TBA – TBA

Tai Chi for Arthritis & Fall Prevention Beginner 11:30am
Although especially great for arthritis, Tai Chi for Arthritis is an evidence-based falls prevention program that uses the principles and movements of Tai Chi in helping senior citizens improve their balance and increase their confidence in doing everyday activities. Tai Chi classes are led by a trained and certified instructor, the class meets twice a week on Monday and Thursday, 60 minute sessions, for 8 weeks. This session meets from 11:30 a.m. - 12:30 a.m. No prior Tai Chi experience is needed and it is great for beginners. Participants must be committed to attending at least 12 of the 16 class sessions, but attendance at all 16 classes is preferred. Attendance during week one is mandatory for participation due to safety reasons. This program is offered through Stony Brook Trauma Center on behalf of the NYS Department of Health Older Adult Fall Prevention Program.

Instructors: K. Lyn Ladowski, M. Chandick
Dates: 2/20/2017 - 4/13/2017
Day: M, Th Time: 11:30AM - 12:30PM
16 Session(s) in Social and Behavioral Sciences SBS S102

American Plays
We will read and discuss great plays by American playwrights, and when available, watch videos, scenes and interviews. The plays are selected by popular vote of the class.

Instructors: I. Gurman, S. Gurman
Dates: 2/23/2017 - 5/4/2017
Day: Th Time: 11:30AM - 12:45PM
11 Session(s) in - TBA – TBA

History of Filmmaking
We shall continue to examine significant events and achievements in the History of Filmmaking. Discussed are the lives, times and contributions of important Movie Studios, Producers, Directors, Writers, Actors, Cinematographers, Inventors, etc.

Instructors: M. Heit
Dates: 2/23/2017 - 5/4/2017
Day: Th Time: 11:30AM - 12:45PM
11 Session(s) in - TBA - TBA
Op-Ed Thursday
Op-Ed Thursday provides the opportunity for you to join in discussions of the political, social and economic issues currently affecting our lives. Each week three different volunteers bring in newspaper, internet or magazine opinion articles that would make for lively discussions by members with differing points of view. While every volunteer has the opportunity to comment first or last on their own article, they may just want to sit and listen as everyone gets a chance, face-to-face, to voice his or her own opinion on the subject.
Instructors: K. Buxbaum, S. Flansbaum
Dates: 2/23/2017 - 5/4/2017
Day: Th Time: 11:30AM - 12:45PM
11 Session(s) in - TBA - TBA

Thursday PM
Stained Glass Workshop
This workshop is recommended for those who already have experience with the basic skills of cutting, grinding and soldering. It is a co-operative learning environment where members help one another to improve their techniques, sharing ideas and suggestions.
Instructors: D. Streuli, T. Szniitken, S. Vlahakis
Dates: 2/23/2017 - 5/4/2017
Day: Th Time: 12:30 - 3:00PM
11 Session(s) in Social and Behavioral Sciences SBS S104

Tai Chi for Arthritis & Fall Prevention Advanced 1:00pm
Although especially great for arthritis, Tai Chi for Arthritis is an evidence-based falls prevention program that uses the principles and movements of Tai Chi in helping senior citizens improve their balance and increase their confidence in doing everyday activities. Tai Chi classes are led by a trained and certified instructor, the class meets twice a week on Monday and Thursday, 60 minute sessions, for 8 weeks. This session meets from 1:00pm - 2:00pm. No prior Tai Chi experience is needed and it is great for beginners. Participants must be committed to attending at least 12 of the 16 class sessions, but attendance at all 16 classes is preferred. Attendance during week one is mandatory for participation due to safety reasons. This program is offered through Stony Brook Trauma Center on behalf of the NYS Department of Health Older Adult Fall Prevention Program.
Instructors: K. Lyn Ladowski, M. Chandick
Dates: 2/20/2017 - 4/13/2017
Day: M, Th Time: 1:00 - 2:00PM
16 Session(s) in Social and Behavioral Sciences SBS S102

Joy of Writing
Members present short prose pieces for discussion and critique.
Enrollment is limited to 22.
Instructors: J. Williams
Dates: 2/23/2017 - 5/4/2017
Day: Th Time: 1:00 - 2:15PM
11 Session(s) in Social and Behavioral Sciences SBS N119
New York Times Science Seminar
This is a collaborative workshop where members take turns each week leading the discussions. Staying abreast of the latest scientific advancements and understanding how they might affect us is a considerable challenge. Our guide is “The New York Times Science” section, published every Tuesday. Volunteers introduce an article of their choosing by reading a few paragraphs and telling why the article is important. We will also share and discuss significant articles from other sources.
Instructors: B. Marks, W. Schmidt
Dates: 2/23/2017 - 5/4/2017
Day: Th Time: 1:00 - 2:15PM
11 Session(s) in - TBA – TBA

Science of Natural Healing
Explore holistic approaches to health care and discover many natural-based treatments and methods that are both clinically proven and readily available to you. The Great Course DVD by Professor Mimi Guarneri, M.D. FACC Scripps Center for Integrative Medicine will be integrated into this class. (Activities applying the Lectures of natural healing, such as Breathing, Chair exercise, Stretching, and stress reduction will be included in each class.)
Instructors: W. Snell
Dates: 2/23/2017 - 5/4/2017
Day: Th Time: 1:00 - 2:15PM
11 Session(s) in - TBA - TBA

Movie Musicals
With the coming of sound, American film studios abandoned the silent movie and entered the era of the "talkies." The earliest experiments were musicals: at first, short vaudeville acts, which led to full-length narratives with music. This workshop will explore the early development of the musical film, from its beginning to its flowering in the films of Fred Astaire and Busby Berkeley who, in contrasting ways, laid the foundations of the modern American movie musical.
Instructors: G. Rystar
Dates: 2/23/2017 - 5/4/2017
Day: Th Time: 2:30 - 4:00PM
11 Session(s) in Social and Behavioral Sciences SBS S102

Friday AM
Adventures in Photography and Art
Class members will submit images each week for critique from the entire class. From these critiques the maker will learn if the intended reaction from the viewers was the expected reaction of the maker. From this experience the maker will learn what might help transmit the mood, feelings or beauty for the next time.
Instructors: W. Hammer, M. Kesselman
Dates: 2/24/2017 - 5/5/2017
Day: F Time: 10:00 - 11:15AM
11 Session(s) in Social and Behavioral Sciences SBS S102
How Chance Distorts Understanding: Facts or Fallacies?

How to interpret the abundance of often misleading data and dubious claims one finds in the media, such as in polls, finance, sports, medicine and public health, criminal trials, and the like, and the role of chance and uncertainty in undermining our understanding. Based on current events and newspaper articles. Examples of workshop topics:

- Does Cancer Cause Smoking? Was OJ Simpson Guilty? A Coincidence, Really?
- Random May Not Be What You Think. The Wrong Picture.
- Hot Hands. Too Little Data, Too Much Data.
- False Positives. What Does Margin of Error Really Mean?
- Are You Certain That Treatment A is better than Treatment B?

Instructors: N. Beltrami
Dates: 3/3/2017 - 5/5/2017
Day: F  Time: 10:00 - 11:15AM
10 Session(s) in Social and Behavioral Sciences SBS N112

Medical Marijuana: A Closer Look

Medical Marijuana is now legal in at least forty states. An unbiased look at the legal, medical, and social ramifications through video, literature, and guest speakers.

Instructors: K. Shaff Kelson
Dates: 3/31/2017 - 5/5/2017
Day: F  Time: 10:00 - 11:15AM
6 Session(s) in - TBA - TBA

Microsoft Word

A beginner course that covers topics such as fonts, lettering, paragraphs, changing margins, cover letters and designs. The last two weeks are topics that the members choose.

Instructors: K. Santoro
Dates: 2/24/2017 - 5/5/2017
Day: F  Time: 10:00 - 11:15AM
11 Session(s) in Social and Behavioral Sciences SBS N123

Lightroom

This class is designed for those who wish to learn how to use Lightroom to import, store, organize, and label their photos. Participants will also learn techniques for editing, enhancing their photos, creating unique effects, and showcasing their photos. Each class will include a lesson and demonstration of specific techniques, annotated notes based on the lesson, and individual computer time to practice. We will be using Lightroom 5 and all class members must have a version of the software on their home computers.

Instructors: L. Steffens
Dates: 2/24/2017 - 5/5/2017
Day: F  Time: 10:00 - 11:30AM
11 Session(s) in Social and Behavioral Sciences SBS S104
**Memoir Writing**
You are the repository of the stories of your time. We will be both storytellers and historians. Memoir Writing is a group effort in which we support and critique one another's work, in an effort to produce memoirs worthy of preservation.

*Instructors: S. Bieber, D. Shannon*
*Dates: 2/24/2017 - 5/5/2017*
*Day: F  Time: 10:00AM - 12:00PM*
*11 Session(s) in - TBA - TBA*

**Learning to See the Figure**
Drawing from a live model, we will interpret the figure in gesture drawings and long poses. Critiques are most helpful and useful in achieving our goals. Supplies include spiral edge drawing pad, Bristol Board pad, a variety of pencils, blending stumps, and a kneaded eraser. Optional are watercolor pencils and magic markers.

*Instructors: A. Goldstein, D. Sterrett*
*Dates: 2/24/2017 - 5/5/2017*
*Day: F  Time: 11:00AM - 1:00PM*
*11 Session(s) in - TBA – TBA*

**Hello SLR**
This is a continuation of the course which began in the fall. It is not for beginners. We build on our knowledge of exposure to learn how to handle special situations: back-lighting, macro, flash, etc. And we continue our study of the digital SLR's capabilities.

*Instructors: S. Kirk*
*Dates: 2/24/2017 - 5/5/2017*
*Day: F  Time: 11:30AM - 12:45PM*
*11 Session(s) in Social and Behavioral Sciences SBS S102*

**Russia Resurrected**
We're nearing the end of this 15 year journey, but first we'll begin with the Russian soldiers tramping across The Bridge at Termez - a defeated, demoralized army leaving Afghanistan. And, we'll end the semester with The Berlin Wall coming down. Hopefully, Putin will keep his shirt on and his soldiers out of Eastern Ukraine.

*Instructors: L. Helner, K. Geils*
*Dates: 3/10/2017 - 5/5/2017*
*Day: F  Time: 11:30AM - 12:45PM*
*9 Session(s) in - TBA – TBA*

**Shakespeare: History, Tragedy, Comedy**
Explore three of Shakespeare's most popular plays: Henry V, Macbeth, and A Midsummer Night's Dream. Examine their themes, characters and imagery. Enjoy the language of the Bard, for whom iambic pentameter was an orchestra, expressing every nuance of human emotion. Discussion of each play will be followed by a DVD version of a production.

*Instructors: A. Edwards*
*Dates: 2/24/2017 - 5/5/2017*
*Day: F  Time: 11:30AM - 12:45PM*
*11 Session(s) in Social and Behavioral Sciences SBS N112*
Turn, Turn, Turn: What Retirees Can Learn from the Book of Ecclesiastes

Known as the text for a song by Pete Seeger, the Book of Ecclesiastes is much more than that. Written by the "retiring" King Solomon or another author, it deals with life and death, legacy and futility, materialism and the afterlife, God and human nature. We will discuss how the lessons of the book apply to our own lives, and the instructor will also provide insights from the original Hebrew.

_Instructors: S. Karol_
_Date: 2/24/2017 - 4/28/2017_
_Day: F  Time: 11:30AM - 12:45PM_
_10 Session(s) in - TBA – TBA_

Friday PM
Israeli / Mideast Cinema

This 2 hour workshop will show a variety of provocative and timely films that will portray the culture/politics of various Middle East countries. Most sessions will offer a few minutes of orientation, film showing, and 15 minute follow-up discussion.

_Instructors: R. Rubin_
_Date: 2/24/2017 - 5/5/2017_
_Day: F  Time: 1:00 - 3:00PM_
_11 Session(s) in - TBA – TBA_