Though the calendar may have flipped to autumn, the wonderful weather we have experienced all summer seems to be staying with us. Let’s hope it sticks around for a while.

Overall, the workshops have gotten off to a smooth start. Most of us have readjusted our internal clocks and are getting to those 8:30 a.m. workshops without a problem.

Though the Fall season has only just begun, the Curriculum Committee is already working on the Spring workshops. We hope to get the workshop leader applications online, which should make the process easier for everyone.

The hard work Wayne and his staff did to ensure every workshop has the best room possible shows. It wasn’t an easy task, but they did a wonderful job. In terms of staffing, we’ve started the process of replacing Jennifer. But in the meantime, we are grateful to have Richard Michelson as our new temporary staff member. Richard jumped right in and is easing some of the workload.

While overall the workshops are off to a great start this year, we are aware that there have been some issues. We know that many of the workshops are oversubscribed, and workshop leaders are attempting to accommodate as many wait listed members as space allows.

Transitions between workshops are a concern. Many people are gathering around classroom entrances before the previous workshop ends and attempting to enter the room before previous attendees exit. This make for a dangerous situation and cannot continue. Please be courteous to your fellow members by allowing earlier attendees to exit before entering yourself. Also, members should exit a room as quickly as possible when the workshop is finished.

In addition, members must not attend classes for which they are not enrolled or wait listed without asking the workshop leader if space is available. While we appreciate everyone’s enthusiasm to attend our terrific classes, this is the wrong way to go about getting into a class and creates a lot a confusion.

Parking spaces are becoming harder to come by, especially after 10 a.m. I’m not sure why this is the case this year as our membership and the university populations are about the same as in the past. If you are coming to campus after 10 a.m., you might find it convenient to park in the P lot and take the free bus to SAC. I would suggest that you leave enough time to secure a space so that you can get to your workshop on time.

Continued on next page
The Chronicles

President’s Message, continued

Our Fundraising Committee is moving along. The committee members will be meeting this month with the University Advancement people, and hopefully after that meeting, we will be off and running. You will be hearing more about fundraising, and I hope all will participate in our fundraising efforts.

Having a Strategic Plan is one of the most important elements in maintaining proper growth and management, and here at OLLI, this is no different. I have established a Strategic Planning Committee, comprised of a cross-section of members, some of whom have prior strategic planning experience, and SPD staff will also be on the committee. One of the first steps for the committee will be gathering information from our members, and this will be done via small focus groups. If you are asked to participate, please do. Your input is vital in developing a plan for OLLI’s future. As always, we are looking for members with prior experience in fundraising or strategic planning to join our efforts. Please let me know if you are interested.

I hope everyone is enjoying their OLLI journey. Who thought that we could have some much fun at this stage of our lives.

OLLI - WHO WE ARE

Wayne Holo

Biography by: Jaci Trigony

On April 12, 2014, we received an e-mail from then President Helen Emmerich announcing the results of the OLLI search for a new director. The committee reviewed 64 applications, invited 11 applicants for interviews, narrowing it down to 4 applicants for the second interview. But in the end, the entire search committee felt that Wayne was the ultimate choice to lead our growing organization. It seemed that divine guidance brought Wayne to OLLI as a temporary office staffer in September of 2013. It didn’t take long for everyone to recognize that Wayne had extensive knowledge and experience in computer technology. His calm and friendly nature soon endeared him to everyone he came in contact with.

Wayne was born in Hillsboro, North Dakota, a small agricultural town set along the interstate that ran North and South across the United States. The main commodity was sugar beets which were grown and processed into granulated sugar. The town had 2 banks, 3 car dealerships, 3 grocery stores and was between Grand Forks and Fargo, right on the Minnesota border. But it also was in what is known as the “Red River Valley.” The song of the same name was written for the valley Wayne called home.

His father James “Buck” Holo, taught high school and junior high music in Hillsboro for 32 years. James also was involved in the community and church music programs. “I credit my father for my best attributes,” Wayne stated, “specifically my work ethic.” Wayne’s mother Hazel worked as a secretary and devoted her life to making a loving home for Wayne, his sister and brother. Wayne spent his first 18 years in Hillsboro. Growing up in Small Town America gave Wayne many fond memories.

After graduation from high school, Wayne attended Mayville State College, 20 miles from Hillsboro, where he earned a degree in Music Education. After college, Wayne moved to Phoenix, Arizona and went to work at the Pointe Hilton Resorts. He started as a tennis pro and went on to a career with the company in sales and operations management.

Continued on next page
Wayne Holo biography, continued

When Wayne’s mother passed away, he decided to move back to Hillsboro, North Dakota, to be with his father. He re-enrolled at Mayville State College and received a degree in Computer Information Systems (IT). After graduation Wayne was offered a job in web development with Blue Cross, Blue Shield, N.D. where he worked for 12 years as a developer, analyst and project manager.

One night Wayne signed onto the internet to a site called Christian Mingle. A woman named Nancy, from Long Island, answered his inquiry. Thus began 18 months of online dating and traveling back and forth from New York to North Dakota. Nancy and Wayne were married on April 7, 2012. And Wayne became a New Yorker.

Wayne and Nancy have 2 grown children. Benny works as a Senior Legislator for Suffolk County. Lisa is a Para Legal Supervisor in a local law firm and is working toward her Master’s degree.

Nancy is a kindergarten teachers assistant in a special education program. She and Wayne love to spend time at the beach. Since Wayne received his undergraduate degree in Music Ed, music is a special part of his life.

It would be unfair to write about Wayne without mentioning his beloved dog, Daisy. A visit to the rescue shelter at North Shore Animal League in Port Washington by Wayne, Nancy, Lisa and Benny, resulted in many puppies being held and considered that day. But when they saw Daisy, it was love at first sight. “She truly is one of our greatest sources of joy and entertainment” said Wayne.

The definition of Direct is to “regulate the activities of something. There is no doubt that Wayne has the ability to direct and keep our organization on course for the coming years ahead.
The Chronicles

Why I Donated Money to OLLI’s Fundraising Campaign

By Lee Marc Stein

By now you know about the need for fundraising to sustain OLLI’s continuing vibrancy. I am asking you to respond to this need only after I answered it first.

If you are like my wife and myself, our heart strings and pocket books are tugged at by many worthwhile causes and organizations. Many of these causes are related to life-and-death situations – natural disasters domestically and abroad, hunger, and disease.

In truth, OLLI is not a life-and-death cause…but it definitely is a quality of life cause.

I am not giving because I am rich (I’m not); I am giving because I have been immeasurably ENRICHED. It has been that way since the first day I stepped on campus in February 2009. The enrichment has come in many forms: deeper knowledge of myself and the world, sharpening of skills as a poet and photographer, pleasure from sharing my love of great fiction with fellow members, and, perhaps most of all, getting to know so many wonderful people whose curiosity and generosity are unlimited. I want OLLI to go on for all the years I have left (hopefully 20) and for when my children (now in their mid-40s) retire.

Please make a donation – whatever you can. Even $10 would help. If you can give more, consider this. If you take four workshops a semester and attend ten sessions of each workshop, a $40 donation would amount to just 50₵ per session.

You can contribute easily by clicking on “Give to OLLI” on our website. That will lead you to a donation form you can download. You can help us with your check or use your credit card, or even bring your check to the OLLI office in SBS. Donations to OLLI are fully tax deductible.

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Spring Luncheon

By Jeff Hollander

On a beautiful afternoon in early May, nearly 125 OLLI members and their guests traveled to the picturesque harbor side setting of the Three Village Inn in Stony Brook. Our annual Spring Luncheon was a sold out success and offered all attending a relaxing afternoon to enjoy one another’s company before the summer break.

President Stephen Goldstein and past President Helen Emmerich offered greetings as did OLLI Director Wayne Holo and Acting Dean of SPD, Tom Sexton and Assistant Carolyn Jankowski. Each spoke glowingly of how we all worked as a team to overcome extraordinary obstacles during the academic year. They encouraged us to achieve even greater goals in 2014-15 as we seek more campus and community recognition and support.

Entertainment was provided by the Stony Brook University Pipettes who sang an unusual medley of songs spanning many years. Their performance was greatly appreciated.

Attendees lingered at the luncheon’s conclusion, enjoying the moment.

The food, company and warm atmosphere made the day memorable.

We look forward to seeing you again at December’s Holiday luncheon.
Another Magnificent Outpouring!
OLLI’s Writers Spout Elegant, Poignant and Funny
At the Spring 2014 Literary Tea

Reported by Lee Marc Stein

There was the panoply of poems – serious and belly-bursting funny. There were memoirs that sparked our own remembrances, mini-essays, and stories. And above all, a celebration of creativity directed and led by Rhoda Spinner who launched the semi-annual event nearly a generation ago.

This reporter was up first (which was motivation to volunteer to report the event) reading four poems, including one with groaner puns. Of course, I was no match for Len Farano whose three punny efforts included “Garb Age” and “e-merge.com.” Frane Helner’s poems touched on emotions resulting from a garage sale, from the snow-filled winter and from seders.

Barbara Golub shared her memoir about the pets in her life, and Rhoda had Sheila Blume follow her with two poems about pets. Sheila also regaled us with poems about an earthquake gown and samples of her voluminous limericks. Tobey Meistrich read a humorous poem (if colonoscopy preps can be funny) by Sheila Eisinger and then two of her own poems on tax season and changes in her world. Len Sciacchitano gave us two poems about his own works of art.

Food was a subject for a number of our poets. Ginger Williams read Rosie Wiesner’s “Peaches” and her own efforts including “Avocado,” “Garden Gate” and “Where Does the Quetzal Dwell?” Kathee Shaff Kelson’s three humorous poems all revolved around food.

Rita Edwards provided a moving memoir about relationships, Marilyn Goodman with one about being a Yankee in the Deep South, and Gilda Candela with a spiritual memoir.

Two of our literati took on multiple genres. John Williams took on multiple genres -- mini-essays on “The Search for Scratch” and “When Is Someday?” as well as a satiric poem on graduate seminars. Wallace Collier read a poem and memoir pointing out the difference between youth today and two generations ago.

If you want to be treated to some marvelous writing, be sure to attend the next Literary Tea later this fall.

Member Accomplishments

*If you have accomplished something noteworthy, share it with OLLI members.*

*send it by email us at ollichronicles@gmail.com*
Masthead Design Competition

Our Black and White Masthead (above and at top of Page 1) is a relic of a past age and needs to be revised.

We are asking our members to create a new masthead, so use your imagination, take ideas from other Stony Brook publications and send your entries by email to ollichronicles@gmail.com or place a hard copy in the Chronicles folder in the OLLI office, before October 30, 2014.

The design should contain the words “The Chronicles”, the date (month and year), volume and issue number. It should incorporate the OLLI logo and the words Stony Brook, and use the Stony Brook red color (RGB 167,38,47), and perhaps others, somewhere in the design.

The top five designs, as determined by the Chronicles Editorial Review Board will be presented to the OLLI Executive Board. The Board and the editors of The Chronicles will choose one design to be used in issues beginning in 2015.

The designer must be a member of OLLI, not on the Chronicles staff or review board, or the OLLI Executive Board.

The proud designer of the winning entry will walk the halls of OLLI to thunderous applause for the rest of his or her life and have his name imbedded in the masthead.

If you have questions about the contest contact Bill Hammer at hammers1@optonline.net.
The Medicare Annual Wellness Visit is a relatively new preventive visit that is now covered by Medicare on an annual basis. Previously, Medicare did not pay for a preventive visit other than the “Welcome to Medicare” visit which was covered only during your first year of eligibility for Medicare. The new Medicare Annual Wellness Visit is a very comprehensive assessment. The focus of the visit is to screen for conditions and diseases that are common in the aging population and hopefully improve health, reduce complications of treatable disease, and decrease the overall costs of care.

To obtain all required information, it is best for the patient to complete a questionnaire at home prior to coming in for the visit. Once at the doctor’s office, support staff will assist the physician in performing a number of different geriatric assessments. The physician will review the results of these evaluations as well as the completed questionnaire. Note that there are numerous components to this visit but a complete physical examination is NOT one of them. You will have your blood pressure, pulse, and temperature taken and you will have your height and weight measured. A body mass index will be calculated to determine if you are above, below or at your ideal body weight.

Medical histories will be obtained including your past medical history, your past surgical history, and your family history. Your medication list will be reviewed which should include both prescription medications as well as any vitamins or supplements taken. An updated list of your allergies will be obtained (not only to medications, but also to foods, bees, latex, etc.) Your use of alcohol is reviewed as well as your smoking history and, if you are a current smoker, it is determined whether you are ready to quit. We evaluate the amount and type of exercise you are participating in. In addition, information about your driving ability and accidents will be obtained. We also gather information on your activities of daily living (ADLs). These include bathing, dressing, use of the toilet, your control of bowel and bladder function, transferring from bed to chair, and your eating abilities. We also obtain information on what are called the instrumental activities of daily living (IADLs). These include housework and basic home maintenance, managing finances, taking medications as prescribed, preparing and cleaning up after meals, shopping for groceries or clothes, using the telephone or other communication devices, caring for pets, and responding to emergency alerts. Home safety is evaluated with a screening questionnaire as well.

As part of the visit, a comprehensive list of all medical providers is collected from you. This includes the names of your primary care physician and all specialist physicians that you may see (such as ophthalmologist, gynecologist, orthopedist, cardiologist, etc.) The list also includes the names of your dentist, your podiatrist, your optometrist, your physical therapist and your home care agency, if you have one. Your pharmacy and your provider of durable medical equipment such as a hospital bed is also part of this list.

One important component of the visit is to assess the patient’s preparedness for end of life issues. We find out whether patients have appointed a health care proxy. A health care proxy is someone you trust to make medical decisions for you in case you are unable to make those decisions yourself. This person usually is a relative but does not have to be.
The Medicare Annual Wellness Visit, continued

An important point here is to make sure that this person truly does understand your wishes. An advance directive is another item that is evaluated during this visit. The advance directives spell out what you would and would not want done in an urgent, end of life situation. For example, you might decide that should you develop shortness of breath from pneumonia (which can be treated and potentially cured with antibiotics) and you might agree to being placed on a respirator to support your breathing for a short while. However, you might also decide that if you had a terminal condition, such as untreatable cancer which has spread throughout the lungs, you would not want to be placed on a respirator to prolong your life. New York State has a detailed informational packet that reviews both appointing a health care proxy as well as putting together your advance directives.

Specific screenings are performed as part of this visit which include evaluations of vision, hearing, mobility, depression and memory. Vision screening is done using an eye chart. Hearing screening can be done using a questionnaire (hearing health inventory of the elderly) or can be done using a screening device such as an audiometer. Depression screening is done using a short questionnaire. If the initial screen is positive, we use a more comprehensive screening questionnaire for further evaluation. We determine if you have fallen and under what circumstances and review a home safety checklist to ascertain whether improvements need to be done in the home environment to lower the risk of falls in the future. A mobility assessment such as a “Get Up and Go” test is performed to also evaluate patients for any increased risk of falls. Memory is evaluated using specific screening tools such as the “Mini cog” or the Mini Mental Status Examination.

Finally, there is a review of preventive health screenings and health maintenance items. These include cancer screenings such as mammograms and colonoscopies. A review of your vaccination history is performed and if there are vaccinations required, they will be recommended to you. These vaccinations include influenza, pneumococcal, tetanus, diphtheria and pertussis, and a vaccination to prevent shingles called zostavax. Depending on your birth year, you may be screened for hepatitis C as well (currently recommended for all patients born between 1945 and 1965). Other health maintenance items such as bone density testing to evaluate for osteoporosis and aortic aneurysm screenings are recommended for specific populations of patients.

Upon completion of the visit, your physician will inform you about abnormalities noted in the screening tests and make recommendations for further evaluations as needed. In addition, you will be given a list of preventive items that need to be performed. As you must realize by noting the large amount of medical information just covered in this article, the Medicare Annual Wellness Visit is a very time consuming visit for both the physician and patient alike. However, it is important to perform these assessments on all Medicare patients in order to provide the best health care possible.

As noted earlier, although the Medicare Annual Wellness Visit is very comprehensive, it does NOT include a physical examination (other than vital signs as previously noted). If you have underlying chronic medical problems (such as heart disease, diabetes, hypertension, arthritis), the evaluation and management of these conditions is NOT included as part of the Medicare Annual Wellness Visit. Similarly, if you present with an urgent medical problem, the evaluation and treatment of this condition is also NOT included as part of the Wellness visit. This is important to understand because although there is no co-pay for the Medicare Annual Wellness Visit, if your physician also provides evaluation and management services for your chronic medical conditions or an urgent condition during this visit, you will be required to pay a co-pay for this separate part of the visit.

Finally, it is so important for you to assist your physician in the performance of this Medicare Annual Wellness Visit by keeping good medical records. This is necessary in order for you to complete the questionnaire and provide the needed information to your physician. Collecting your medical information (either on paper, stored on your computer, or by utilizing an on-line repository of information) is vital so that you can easily share this with your health care providers. Without a good knowledge of your past medical history, it is impossible for your provider to make recommendations for your future care. We all must work together as a team in order to provide the best care possible you and all of our Medicare patients.
A Hero - John D’Aquila
by Len Sciacchitano

He was not particularly big, yet fought in a war that needed him. He helped move tortured souls, broken bodies, from places of darkness, places that would haunt him his entire life. He embraced these victims, befriended them and moved them away from the horrid. Angered by what he saw, so moved by what he felt, that he spent years educating us, fearful we might forget, fearful we might think it could never happen again.

As a young man he lived in a time, a time of limited and narrow tolerance. Italian, Catholic, member of a family with strong traditional values, and confused, he tried to resolve these inner conflicts, conflicts he knew were ripping him apart. He had to fight past his upbringing, past the loving family, past the Church, and past its understanding of right and wrong. Finally, he decided to be who he was meant to be.

He met a young man; they talked, made love, then talked again. They lived together for years, surrounded by friends, music, books, conversation, and love. Together they invited us into their home, into their lives. Together they lived a life that mattered, a life that impacted others, a life lived as it should be lived.

As soon as they were able, as soon as we allowed them, they married.

At the end John, a man who lived his life fully and with passion, said to Myron “I’ve lived a good life, a long life, it’s time” and then this good man, this brave man left us.

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Senior Legal Matters Workshop
by Peter C. Walsh

This workshop focuses primarily on the legal controversies that come about as the result of estate planning. Basic estate planning involves the execution of advance directives.

Advance directives include a Power of Attorney, Health Care Proxy, Living Will and Last Will & Testament.

Last semester we focused on the health care proxy and living will. Discussion was focused on various legal decisions that initially called for the legislative creation of an advance directive, the decisional law establishing the living will and, the controversies that surrounded the health care proxy law. The semester concluded with a discussion of the 2010 Family Health Care Decisions Act.

In addition, guest speakers were invited in throughout the term to address the class on areas of particular interest of participants.

This semester the initial focus of the workshop is on a document called a Power of Attorney. In our first workshop we covered the legal distinctions between the document being used in the best interests of the principal and its abuse by agents.

The workshop provides an opportunity for participants to gain an understanding into the proper purpose of advance directives. Discussion is encouraged by both those that have experience with advance directives and those that want to know more about them.

Peter C. Walsh
Senior Legal Matters, Workshop Leader
The Chronicles

Report From the Curriculum Committee

Workshop Leaders Survival Kit
by Terri McCoy

This semester, for the very first time ever, OLLI at Stony Brook offered a Workshop Leaders Survival Kit to our volunteer leaders. A meeting was held before the semester started and over 50 workshop leaders signed up to attend. This was a Standing-Room-Only event and a second meeting was held in mid September.

Stephen Goldstein, OLLI president, welcomed everyone and explained that at this meeting, all resources and support currently available to leaders would be introduced.

The office staff was introduced: Laura West, Assistant Director; Stephen Hayes, Graduate Assistant; Wayne Holo, Director.

Bruce Stasiuk shared some of the methods he employs in his workshops. Claude Frank offered some teaching tips for the audience.

A rarely used piece of equipment was demonstrated by Carole Gambrell. ELMO, a very portable overhead 3-D projector has a document camera and projection system that is easy to use.

John Molfetta, who uses Power Point so effectively in his workshop, spoke to the gathering about what it can do. In the second meeting, John demonstrated many different features of Power Point.

Bob Ober explained his tried-and-true methodology for waitlist management to the group.

Wayne Holo showed many of the features of the OLLI Web site. He pointed out where a member or leader can find information about their workshops, view and change their profile, and how the priority registration system works. Wayne showed how to use the list of members in a workshop to send emails and encouraged the use of a Workshop Assistant to handle administrative tasks such as notifying the members if a workshop is cancelled. This last item will greatly reduce the office workload especially when there are weather issues.

A list of OLLI volunteers to help leaders was distributed. Names and contact information for members who will help leaders with Power Point or Keynote, teaching tips, email distribution lists and attachments, supplies and an education grant was provided.

It’s likely that this event will be offered again before a future semester.

Early Deadline – Don’t Miss It

That workshop you’ve been thinking about leading ... now’s the time to raise your hand, volunteer and give it a go!

The Spring 2015 Workshop Application is hot off the press and available on line. There is a link to the application on the OLLI website home page.

The applications are due in 3 short weeks ... on October 22, 2014.

Three weeks later, leaders of all new workshops are invited to lunch and to do a 3 minute presentation about their workshop.

* Need more convincing? Offer a mini workshop ... no need to go the whole 12 weeks if it doesn’t work for you.
* Don’t want to do this alone? The Curriculum Committee will find you a co-leader to share the responsibility.
* Never used any of the equipment? Training is provided.
* Never taught before? We can provide a mentor to help you get going.
* Can’t figure out how to do those Power Point presentations? We can show you.
* Need a hand in developing the course? We have someone to help.
* Want to go a bit more high tech? Just ask.

There is a newly formed network of support services that are available to you as a Workshop Leader.

Come and join the 14 % of OLLI members who are our Workshop Leaders.
A couple in their nineties are both having problems remembering things. During a checkup, the doctor tells them that they’re physically okay, but they might want to start writing things down to help them remember.

Later that night, while watching TV, the old man gets up. ‘Want anything while I’m in the kitchen?’ he asks.

‘Will you get me a bowl of ice cream?’

‘Sure.’

‘Don’t you think you should write it down so you can remember it?’ she asks.

‘No, I can remember it.’

‘Well, I’d like some strawberries on top, too. Maybe you should write it down, so as not to forget it?’

He says, ‘I can remember that. You want a bowl of ice cream with strawberries.’

‘I’d also like whipped cream. I’m certain you’ll forget that, write it down!’ she says.

Irritated, he says, ‘I don’t need to write it down, I can remember it! Ice cream with strawberries and whipped cream – I’ve got it, for goodness sake!’

Then he toddles into the kitchen. After about 20 minutes, the old man returns from the kitchen and hands his wife a plate of bacon and eggs. She stares at the plate for a moment.

‘Where’s my toast?’

Hospital regulations require a wheel chair for patients being discharged. However, while working as a student nurse, I found one elderly gentleman already dressed and sitting on the bed with a suitcase at his feet, who insisted he didn’t need my help to leave the hospital.

After a chat about rules being rules he reluctantly let me wheel him to the elevator.

On the way down I asked him if his wife was meeting him.

‘I don’t know,’ he said.

‘She’s still upstairs in the bathroom changing out of her hospital gown.’

An elderly couple had dinner at another couple’s house, and after eating, the wives left the table and went into the kitchen.

The two gentlemen were talking, and one said, ‘Last night we went out to a new restaurant and it was really great. I would recommend it very highly.’

The other man said, ‘What is the name of the restaurant?’

The first man thought and thought and finally said, ‘What is the name of that flower you give to someone you love? You know…. The one that’s red and has thorns.’

‘Do you mean a rose?’

‘Yes, that’s the one,’ replied the man.

He then turned towards the kitchen and yelled, ‘Rose, what’s the name of that restaurant we went to last night?’
A man was telling his neighbor, ‘I just bought a new hearing aid. It cost me four thousand dollars, but it’s state of the art. It’s perfect.’
‘Really,’ answered the neighbor. ‘What kind is it?’ ‘Twelve thirty..’

A senior citizen said to his eighty-year old buddy:
‘So I hear you’re getting married?’
‘Yep!’
‘Do I know her?’
‘Nope!’ ‘This woman, is she good looking?’
‘Not really.’
‘Is she a good cook?’
‘Naw, she can’t cook too well.’
‘Does she have lots of money?’
‘No! Poor as a church mouse.’
‘Well, then, is she good in bed?’
‘I don’t know.’
‘Why in the world do you want to marry her then?’
‘Because she can still drive!’

Morris, an 82 year-old man, went to the doctor to get a physical.
A few days later, the doctor saw Morris walking down the street with a gorgeous young woman on his arm.
Several days later, the doctor spoke to Morris and said, ‘You’re really doing great, aren’t you?’
Morris replied, ‘Just doing what you said, Doc: ‘Get a hot mamma, be cheerful.’
The doctor said, ‘I didn’t say that.. I said,
‘You’ve got a heart murmur; be careful!’

One more…!

A little old man shuffled slowly into an ice cream parlor and pulled himself slowly painfully, up onto a stool… After catching his breath, he ordered a banana split.
The waitress asked kindly, ‘Crushed nuts?’
‘No,’ he replied, ‘Arthritis.’

Conversation Partners

Sign-ups for the Conversation Partners Program are on-going. OLLI members wishing to meet and spend 30 minutes a week with an international graduate student may sign up outside Room 123 in the SBS building, just past the copy machine room. Past participants in this program, myself included, have been enriched by this experience of sharing our language and culture with these students. Just print your name and email address on the sign-up sheet, and then check it a couple of days later and a student’s name and email address will appear alongside yours. At that point simply make contact via email with the student and arrange to meet at any day, time or place that is convenient for both of you. Also, along with OLLI volunteers, I will be manning a table in the SBS lobby from Monday through Friday, Oct. 6-10, from 8 AM – 2 PM. We will be glad to answer any questions you may have about the Conversation Partners Program at that time. Meanwhile, any questions may be directed to me (Frank Tassielli)at cheech40@optonline.net.
In The Spotlight

Doing Good Around The World
by Lawrence Hohler

9/25/2014  Meru, Kenya

The day after our arrival in Kenya, we visited five of our young people at various universities. Moses Maingi has begun his studies at Nairobi Technical University; Kelvin Matuma Naari, Ken Muthuiya, and Edwin Muguna are freshmen at Mt. Kenya University; Caroline Kathuri is in her third year at Chuka University.

These young scholars once lived on the streets of Meru, Kenya until they were rescued by educator Joseph Kirima and his caregivers at Jerusha Mwiraria Hope Children’s Home. Since 2005, over 80 street children have been saved from lives of poverty.

In order to finance the Home, a maize milling operation has been launched, and a tailoring operation manufactures and sells school uniforms. A 10 acre farm provides much of the food that the children consume.

The funding generated by these activities does not begin to meet our growing needs. As our orphans grow older, they become more expensive, and we struggle to pay the bills. Secondary schools are not free in Kenya, and school fees have to be paid at the beginning of each of three semesters. University fees are even more costly.

Through fundraisers and a mentorship program, we continue to provide a path to self-sufficiency for the children in our care. For more information on Hope Children’s Home, access www.hopchildrensfund.org For more information about how you can help call: (631) 473-1662 or email: hohlerlj@aol.com

Larry Hohler is the Co-President USA, of the Hope Children’s Fund.
I can divide my athletic “career” into four parts: excellent, bad, very bad, disastrous. Let me explain.

Excellent: Growing up in the Bronx, I found many opportunities to play handball, since nearly every public school and every park had courts. I began to play such a game when I was about thirteen years old. By the age of sixteen I could hold my own with anybody. I was able to best men twice my age – and often, without any trouble. I would just go to the courts and play anybody waiting for an opponent. It was always great fun. Nobody ever got angry at losing. I continued to play handball into my forties when I foolishly took up golf. But that story comes later. Rating as a handball player: A.

Bad: I played basketball regularly for many years on Saturdays. A group of us would get together for a two-hour non-stop session. I rarely scored. Too slow, and not aggressive enough against the 200-pounders who regularly shoved me around. The rule was, if you got tired, you took a rest, but the game continued. At 19, I was never tired. Rating as a basketball player: C.

Bad: I was a member of the high school track team – 100-yard dasher. However, I never came in first, always about 3/4 back. The coach either needed runners or he was an extremely kind individual in keeping me on the team. I suspect it was the latter: C.

Bad: For about five years I played soccer, and scored one goal during that time. Actually, I was standing near the goal, and the ball bounced off my knee past the goal keeper. We won the game. I was a hero for the day. Once again, too slow, and not aggressive enough: C.

Very bad: I had many dreams as a young teenager. I would become a cowboy, wandering over the plains, singing “Oh, give a home where the buffalo roam.” Or, better still, a member of the Royal Canadian Mounted Police with my bright red uniform, and beautiful white horse. But, my greatest dream was to become a professional baseball pitcher and win every game. During the summer, when we played baseball in the Bronx parks, I begged my buddies to let me be the pitcher. I lasted one game. We lost about 10 to 0. My baseball career was over: D

Very bad: I would train to become a famous boxer, put on some weight, and become the greatest boxer in the world. Either that or be a quarterback, throwing touchdowns on a college team. During my first and only boxing practice my opponent hit me straight in the face. I really saw stars. My dream of being a boxer was shattered. So, I turned to football. During my one and only game I was tackled hard, lost the ball, saw stars. My career was over: D-

Very bad: I played tennis for about six years with a partner who always wanted to win when we played doubles. Sometimes, when I drove the ball into the net, he smashed the ground with his racquet, and uttered expressions unworthy of the tennis court. I continued to smash the ball into the net; he continued to smash the racquet on the ground, and utter expressions unworthy of the tennis court. So, I quit: D-

I even tried horse-back riding, but the horse was always coming up when I was going down. One lesson and I quit: D-

And now we come to the most disastrous of my endeavors – golf. A friend asked me to walk around the course with him. He was an excellent golfer. The game looked so easy, and on the Westchester County courses, not by any means, expensive. It seemed no problem at all to hit that little white ball straight down the fairway. “This is the game for me”, I said to my companion. I would not find any difficulty “You must make sure not to hit the ball too hard, or you may wind up in the trees, or in the tall grass alongside” said he.
I thought the man was ridiculous. The trees and the grass were so far way. He never even went near them.

“This is the game for me, I repeated”.

Something else he said to me. “Whenever you get into a sand trap, be sure to hit under the ball, otherwise, you will have trouble getting out”.

He never got into a sand trap. Neither would I. His score that day was in the low 80s. An excellent result. The pros are usually in the 60s. A very bad score is over 100.

I bought a set of clubs and was about to conquer the game of golf. My first day on the course was a total disaster. I lost about a half dozen of the little white demons in the woods and in the tall grass, landed in about five sand traps. It took about five strokes in each trap to get that little monster back on the green. I almost hit a golfer in the next fairway. I remember well my first score on the golf course: 116. A genuine athletic disaster.

“You need more practice”, said my friend kindly. So I practiced for ten years, getting more frustrated by the year. It seems that every ball I used had an affinity for either the sand traps, the water hazards, the tall grass, or the woods. I was buying almost a dozen balls after every game.

An understanding golf coach, who was my partner for several games, said to me one day: “Why don't you lay off for a while, and then quit for good.” I was too stubborn to take his advice. So I continued to suffer.

But one day the dénouement arrived. The tragedy was coming to a close. I was asked to take a young fellow with me for a round of golf. He was left-handed, I'm right-handed. I explained the game. He used my right-handed clubs. He shot 98. I shot 116. I was tempted to throw my clubs into the pond – as I have seen golfers do. But, I took them home, gave them to a friend. La tragedia è finita. I felt liberated, free, full of joy, jubilant, rapturous, delirious: A+

Several times a week I drive by St. George's Golf Course in Setauket where I live. I see golfers walking around with their heads down, looking for a lost ball. It would be wonderful to approach them, suggest that they quit golf, and play that glorious game which has no lost balls, no sand traps, no water hazards, no trees, no tall grass, no fees, and above all, no frustration: handball. I have a soft spot in my heart for frustrated and angry golfers.
Hi Bill and Steve,

I think this first edition of the Chronicles for the Fall semester, is really good.

I love reading about everyone. Thanks for bringing the membership “close-up and personal.”

So nice to read about how fantastic, diverse and so very interesting our staff, Board, and workshop leaders are. Truly enjoyed the portraits as well and the color comes across beautifully on my iPad.

Yes, we certainly are off to a good start.

Hugs from Lily (Klima)

Member Relations Committee

by Pat Breslauer – Chair

For the first time in OLLI history, the orientation for all new members was held on one date at the Wang Center. That date, August 13, was the day of the deluge. Despite the weather, 63 new members attended and were formally welcomed by Steve Goldstein and seven members of the Executive Board, Wayne Holo, Carolyn Jankowski, and Laura West.

Member Relations committee members Tina Alexander, Barbara Chadakoff, and Kathy Weitzel welcomed the new members, and distributed name tags. Additional committee members Gary Field, Diane Hollander, Lily Klima, Paul Knel, Joanne Noonan, Sue Parlatore, Patricia Statuch, Jaci Trigony and Jaynee Wall led discussion groups at tables during breakfast catered by Panera Bread, and then took all the attendees on a campus tour. Almost everyone had their campus ID photo taken and competed an application for a parking permit.

Further help for new OLLI members was provided during the first week of classes. An information table was staffed from Monday through Friday in SBS outside room S-102. Jaci Trigony coordinated the volunteers. Thanks to all who helped our newest members make a smooth transition.
The Chronicles

Member Achievements

(If you have accomplished something noteworthy, share it with OLLI Members.
Email us at ollichronicles@gmail.com)

Lee Marc Stein, Executive Board Member, has published Whispers in the Galleries, a book of poems inspired by famous paintings. Lee will be reading from the book and signing copies at Book Review in Huntington on Monday, October 6th at 6:45 pm. The book is also available online.

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