Physical Listening (Workshop)

The workshop will explore the responsive conversation between our thinking and sensing self. A physical warm-up leads into improvisational exercises that explore touch, weight and spatial relationships. Designed for movers of all levels.

Håstdans på Hovdala (Film Screening)

In July 2013, the American Dance Company, The Equus Projects spent three weeks in a Swedish forest creating an evening length theatre work that brought together four dances, four horses and a cast of Swedish performers with autism. Filmmaker David Fishel follows the progression of the creation process, the equine training, and the deepening connection that develops between the human and equine performers.

Biography: A choreographer and dance educator whose work reaches beyond the boundaries of dance, JoAnna Mendl Shaw has created performance works in collaboration with ice skaters, visual artists, equestrians and their horses. Her company, The Equus Projects tours throughout the States and Europe, creating large-scale works for dancers and horses with commissioned works created for Bates Dance Festival, the Myrna Loy and Flynn Centers for the Performing Arts, Virginia Commonwealth University, Saratoga Arts Festival, Heifetz International Music Institute, NYC River-to-River Festival and Klinten Kultur, Sweden. A documentary about The Equus Projects, Håstdans på Hovdala, premiered at Lincoln Center in 2014. Shaw teaches at Ailey/Fordham and Marymount Manhattan. She is certified in Laban Movement Analysis.