Wild Play: Fresh Strategies for Dancers and Choreographers. For dancers and choreographers interested in deepening and expanding their dance making practice. The workshop includes: taking improvisation into form; building a score; expanding movement and spatial dynamics; finding and developing personal imagery; translating concept and image into movement; developing clear intention and motivation; creating an electric group dynamic with listening strategies; playing with sound and text.

My goal is to help movers feel and understand that being in the body means experiencing it in a bloodful, breathing, transformative way that is rooted in a vibrant improvisational practice. In discovering their own delicious experience of embodiment, students learn to connect the inner landscape of the body with outer expression and form.

Biography: Paula Josa-Jones, MA, CMA, RSMT is a dancer, choreographer, writer, visual artist and movement educator known for her visually rich, emotionally charged dance theater. Her work includes choreography for humans, inter-species work with horses, dancers and riders, film and video. Josa-Jones has been called “one of the country’s leading choreographic conceptualists” by the Boston Globe and the Village Voice describes her work as “powerful, eccentric, and surreal”. Her dances have been produced in Russia, Europe, Mexico and throughout the United States. She has taught in the dance programs at Tufts University, Boston University and at universities, colleges and dance festivals nationally and internationally.