The Intersection of Dance and Somatics: A 40 Year Perspective

Martha Eddy

Biography: Martha Eddy, CMA, RSMT, EdD is Founder and Director of Dynamic Embodiment Somatic Movement Therapy Training (www.DynamicEmbodiment.org). She is a dance educator and Registered Somatic Movement Therapist in private practice. Martha created Body Mind Dancing© in the mid-80s and MOVING FOR LIFE Dance Exercise for Health®/Moving for Life Dance Exercise for Cancer Recovery (www.MovingforLife.org) in 1999. She co-created Global Water Dances.org with a team of five Laban Movement Analysts coordinating performances in 60 countries in 2011 and 2013. Dr. Eddy has taught in the Dance Therapy programs of NYU and Antioch from 1984-1991, the Dance & Dance Education program of Teachers College, Columbia University for the next 10 years; and is currently affiliated with SUNY-Empire State College Graduate Center. She has taught workshops throughout the world.