"The History and Vision of Somatics" A dialogue with Martha Myers and Martha Eddy

Join Martha Myers and Martha Eddy as they discuss the past, present and potential future of somatic education and its relationship to dance and performance. Ms. Myers, as Dean of the American Dance Festival (ADF) was the first major promoter of somatic education within the dance domain. Learn about what motivated her to bring "the body therapies" to Duke ADF and how she is using these concepts today. Hear a dialogue between “the Martha’s” as they discuss: What is the status of somatic dance today? What were the beginnings of how the dance world used somatic principles and has this changed? What is important about somatic education worldwide and in our communities?