MEAL EXCHANGE
For residential students in Tabler and Roth Quads on the “unlimited meal plan.”

**Subway Lunch**
6” sub + chips or fruit + 20oz fountain beverage

**Subway Dinner**
6” sub + chips or fruit + cup of soup + 20oz fountain beverage

**Smash n’ Shake Lunch**
#1, 2, 3 or 6 + fries or whole fruit + 20oz fountain beverage
OR
Shaker salad + whole fruit + 20oz fountain beverage

**Smash n’ Shake Dinner**
#1, 2, 3, or 6 + fries + whole fruit + 20oz fountain beverage
OR
Shaker salad + whole fruit + 20oz fountain beverage

**Pan Asian Lunch**
Any 2 entrees + whole fruit or chips + 20oz fountain beverage

**Pan Asian Dinner**
Any 3 entrees + whole fruit or chips + 20oz fountain beverage

**Ramen Lunch**
Ramen bowl + 20oz fountain beverage

**Ramen Dinner**
Ramen bowl + whole fruit or chips + 20oz fountain beverage

**Tuscan Bistro Lunch**
Flatbread + whole fruit + 20oz fountain beverage
OR
Hero sandwich + whole fruit + 20oz fountain beverage