Social Work

Social workers focus on providing basic support systems for vulnerable individuals and groups. They help people at every stage of life cope with challenges such as depression, abuse, anxiety, and more. Some services provided by social workers include counseling, interventions, child and family welfare programs, and employment services.

At Stony Brook University, the major in social work prepares students with a foundation of skills, knowledge, and experience for a wide range of positions in the professional practice of health, counseling, and social welfare.

Social workers work a variety of industries including hospitals, primary care settings, clinics, nursing homes, mental health clinics, private practices, state and local governments, schools, colleges and universities, military bases, correctional facilities, child welfare agencies, and much more.

Transferable Skills
- The ability to empathize and the desire to help others
- Careful judgment and decision making
- Effective listening skills
- Research skills
- Communication and interpersonal skills
- Leadership and teamwork skills
- Assessing, evaluating, and understanding
- Conceptualization of medical issues

Career Communities to Consider
- Healthcare
- Research
- Education & Helping Professions