Athletic Training

Certified Athletic Trainers (ATCs) are experts at recognizing, treating and preventing musculoskeletal injuries. Athletic Training is not the same profession as personal training. They are members of a health care profession recognized by the American Medical Association. ATCs have a unique and specialized medical background that is valuable for any organization that works with physically active people. Certified Athletic Trainers are eligible for jobs in a wide range of organizations like secondary schools, universities, sports-medicine facilities and professional sports teams.

Athletic Training students are required to have the following certifications, maintained through annual refresher coursework: Standard First Aid, Professional Level Cardiopulmonary Resuscitation (CPR), Automated External Defibrillator (AED), Blood Borne Pathogens.

Transferable Skills

- Risk management
- Injury prevention
- Conducting clinical examinations and diagnoses
- Providing acute care of injury and illness
- Using therapeutic modalities
- Using therapeutic and rehabilitative exercise
- Knowledge of pharmacology
- Knowledge of the nutritional aspects of injury
- Knowledge of general medical conditions
- Knowledge of health care admin
- Clinical experience and classroom experience
- Thinking critically

Career Communities to Consider

- Healthcare