Recommender: Circle the number below that best represents this applicant’s qualifications.

<table>
<thead>
<tr>
<th></th>
<th>Too little info to rate</th>
<th>Below Average</th>
<th>Average</th>
<th>Above Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academic performance</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Leadership</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Sociability and interaction with others</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Maturity and respect for others</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
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<tr>
<td>Dependability</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Cooperativeness and ability to work on a team</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Punctuality</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Value of this program to this applicant</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>
SUNY Upstate Medical University, Division of Student Affairs presents:
“Try on a White Coat at Upstate: A Health Career Immersion Institute”
May 31st-June 5th, 2015
Cost is FREE!
(Includes Housing and Meals)

To apply for this program students should be:
✓ A current freshman or sophomore year student at a SUNY school
✓ On a pre-health track
✓ From an underrepresented or economically disadvantaged population
✓ At least 18 years of age

This program includes:
• Opportunities to explore different careers in the health field
• Opportunities to interact with current students and faculty at SUNY Upstate
• An overview on the Admissions process including tips on how to make you a competitive candidate when interviewing
• Service and community outreach initiatives in the Syracuse area
• Tips for academic success that include: study skills, test and note taking strategies, and time management skills
• Hands on activities and simulations
• Teambuilding and networking opportunities (including a trip to WonderWorks ropes course)

***Each applicant must submit an application and one recommendation form completed by a college administrator
Application/Recommendation Form Due:
April 1st, 2015
Acceptance Letters will be e-mailed by May 1st, 2015

For more information, please contact:
Lamees Galal
Coordinator for Cross Cultural Programming and Awareness
315.464.8855
galall@upstate.edu

Please include any comments you may have on this applicant: ________________________________
________________________________________________________________________________________
________________________________________________________________________________________
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________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________