An informative and entertaining six-week course
designed to familiarize participants with medical
terminology, enhance knowledge of medicine and
provide new insights into medical research

Thursdays
October 8 to November 12, 2009
7 pm to 9 pm
Tuition: $25 per person
$15 for paid Mini-Med Alumni Association Member
Includes course materials, parking.
In an effort to reduce the tuition costs, refreshments will be
limited to beverages (coffee/tea)

MINI-MED SCHOOL
Program Coordinator
Peter C. Williams, JD, PhD
Presented by the:
STONY BROOK UNIVERSITY SCHOOL OF MEDICINE
An AA/EEO Institution

This program is supported by the
The Times Beacon Record Newspapers

MINI-MED SCHOOL
Discovering Medical Sciences

Stony Brook University's Medical Center
is dedicated to improving the health of the public by
advancing knowledge of the biomedical sciences.
We continually seek ways to invite our patients and
the community to join in the fascinating exploration
and application of the biosciences. Our most
exciting community outreach program is the Mini-
Medical School.

This series is designed
to teach participants
about medical science,
patient care and
cutting-edge research
under way at Stony
Brook. You will learn
firsthand about health-
care issues important
to you and your fami-
lies.

Top professionals in the respective fields will pre-
sent engaging lectures and intriguing demonstra-
tions. We hope to share some unique, and possibly
challenging, medical perspectives and to leave par-
ticipants better informed, not only for the benefit of
their own health, but also with greater insight into
Stony Brook’s leadership in health care.

The Mini-Medical school is a six week series of-
fered to the community at a nominal charge of $25
for all of the sessions, or $15 for paid members
of the Mini-Med Alumni Association. Students are
expected to attend all of the lectures. Classes are
held on Thursday evenings from 7 to 9 pm, begin-
ning October 8 continuing to November 12, 2009.
The lecture series will be limited to 200 participants.
Preference will be given to new applicants and paid
alumni association members.

For information, call 631.444.3423
MINI-MED SCHOOL APPLICATION

Mail in pre-registration with payment is required by Sept 14.
The program will be limited to 200 registrants.
New applicants and paid alumni association members will be given preference.
Your admission will be confirmed by mail.

Tuition: $25 per person for the entire series
$15 per person for paid members of the Mini-Med Alumni Association

Please return mail to:

Address: School of Medicine - Mini-Medical School
Health Sciences Center
Level 4 -176
Stony Brook, NY 11794-8430

Name: _______________________________________
Address: _____________________________________
City: _________________________ Zip: ____________
Phone: ____________ Email: _____________________

Please make your check payable to:
SOM Mini Med School

Check One Please:
☐ Community Member
☐ Stony Brook Employee
☐ Student ☐ High School ☐ College
☐ Post Grad ☐ Other

If you cannot attend this year's program, do you want to remain on the mailing list for next year?
☐ Yes ☐ No

The Curriculum

Thursdays, October 8 to November 12, 2009 (7 pm - 9 pm)
Course materials and parking. In an effort to reduce the tuition costs, refreshments will be limited to beverages (coffee / tea).

October 8
Welcome and Introduction to Academic Medicine
Peter C. Williams, JD, PhD, Vice Dean & Course Director

Influenza: An Important Health Issue, Distinguishing Fact from Fear
Roy Steigbigel, MD
Professor of Medicine
Division of Infectious Diseases
This presentation on influenza will include definitions and nomenclature, the history and nature of epidemics and pandemics, and a discussion of clinical aspects - prevention and therapy. Individual and public health concerns will be explored.

October 15
Dean's Welcome
Richard N. Fine, MD, Dean, School of Medicine

How do patients and providers make "informed" decisions?
Jolyon Jesty, PhD
Professor of Medicine
Division of Hematology
Good health depends on having good information. This is as true for patients as it is for health care providers. Patients have a myriad of new sources of information on the Internet, in the media, direct-to-consumer ads, et al. How do we determine the accuracy of the sources of information on which we rely? Or even the reliability of the physician, dentist, therapist or nutritionist to whom we turn? What sorts of biases about science and about procedures do providers commonly bring to the provider-patient relationship?

optional activity 5:30-6:45 pm
Consumer Health Information Table
Susan E. Werner • Colleen M. Kenefick
Informatics Librarians
Come early and visit the Consumer Health Information Table. Librarians will provide educational materials and web resources information to all attendees

October 22
Falls in the Elderly
Catherine Nicastri, MD
Assistant Professor of Internal Medicine
Division of Geriatrics
Falls are the fifth leading cause of death in the elderly population after cancer, cardiovascular and pulmonary diseases, and stroke. A fall can be very costly to an elderly person, not only monetarily but to one's independence and quality of life. During this semester, Dr. Nicastri will discuss factors that predispose one to falls and effective strategies to prevent falls and injuries.

October 29
The Science of Medical Acupuncture
Carole W. Agin, MD, MP
Clinical Associate Professor
Department of Anesthesiology
In this presentation we will review the current science behind acupuncture. We will also discuss uses for acupuncture in current medical practice and provide a demonstration of current acupuncture techniques. The audience will be educated on how to choose an acupuncture provider.

November 5
Heartburn & Ulcers, the Colon and the Pancreas
Jonathan Buscalgia, MD
Assistant Professor of Medicine
Division of Gastroenterology
This presentation will cover common "GI" (gastrointestinal) conditions: gastroesophageal reflux disease (GERD), peptic ulcer disease, colon and pancreatic disease. We will discuss symptoms, diagnoses, prevention strategies and treatment methods.

November 12
The Impact of Compassionate Care on Clinical Outcomes
Stephen G. Post, PhD
Professor of Preventive Medicine
Maria A. Basile, MD
Assistant Professor of Preventive Medicine
Center for Medical Humanities, Compassionate Care and Bioethics
This presentation focuses on the ways in which compassionate care, a central virtue in the healthcare professions, impacts patients. In 1927, Dr. Francis Peabody of Harvard University said the famous words, "the secret of the care of the patient is in caring for the patient." How does such care influence patient satisfaction, treatment adherence, well-being, and even physical processes? Our approach will include the latest clinical research, professional ethics, medical humanities, and several especially poignant cases from clinical practice.

Mini-Medical School Graduation will be held on November 12th
All participants who attend 5 of 6 sessions will receive a certificate.