Astonished Harvest: The Poetry of Medicine

Astonished Harvest is a community of poets sponsored by the Center for Medical Humanities, Compassionate Care & Bioethics. It focuses on the art of medicine and the professional development of physicians through the lens of poetry. In its core program of monthly community workshops, Astonished Harvest brings together health care students, medical professionals, and local poets to write and reflect upon the poetry of illness, suffering, and healing. In its educational programs, Astonished Harvest creates awareness of the value of poetry in promoting the skills of observation, reflection, and communication that are essential to compassionate medical care by offering interactive lectures for 1st year medical students and electives in poetry & medicine for 2nd and 4th year students. Astonished Harvest encourages participants to discover their own path to mindfulness and reflective practice through the experience of poetry. Three physician-poets and their students offer the provocative view that, to quote the journal of a former medical student, “The practice of medicine is simply poetry in motion.”

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Dr. Richard Bronson, Professor of Obstetrics & Gynecology and Pathology, is one of the founders of the Astonished Harvest Program at Stony Brook and a faculty member of the Center for Medical Humanities, Compassionate Care, and Bioethics. His poetry has appeared widely in journals and anthologies. Bronson is the recipient of the Poetry Prize of the American College of Physicians. His third collection of poems "Passage" was published in 2014.

Dr. Maria Basile is a colorectal surgeon who recently left private practice to pursue interests in Healthcare Policy and Administration. She is on the Core Faculty at Stony Brook University School of Medicine’s Center for Medical Humanities, Compassionate Care and Bioethics, where she teaches medical school and graduate-level courses in Literature and Medicine. She is author of Minimally Invasive: poems from a life in surgery.

Dr. Jack Coulehan is a Senior Fellow of the Center for Medical Humanities, Compassionate Care, and Bioethics. His poems appear frequently in medical and literary journals and are widely anthologized. The Wound Dresser, his sixth collection of poems, will be published this summer by J. B. Stillwater.